

# LIONS PRIDE

A PUBLICATION OF LIONS HEAD SOUTH ASSOCIATION, BRICK NJ



VOLUME 10 NO. 2

FEBRUARY 2024

## ♥ Happy Valentine's Day



**The Lions Pride** is published monthly, and is distributed gratis to homes in Lions Head South.

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## PRESIDENT'S MESSAGE

*John Cinosky*

To our friends and family at Lions Head South: First and foremost I would like to once again thank everyone who has helped so tremendously to make 2023 so bright and I hope and pray the new year is off to a healthy start, and as best we can, to keep those resolutions.\* I am also thankful for our tremendous staff who have catered to our residents and, as far as I know, they are happy to be here as well.

As usual, we will keep you informed of any topics that may affect this community.

The pool is on schedule and those who carefully inspect it are complimentary as the quality of the work being done.

We can never have too many volunteers so come and join our teams if you're not involved as yet.

God bless you all.

\*As plagiarism seems to be in fashion, I must confess lifting the first sentence of the message from Father Brian of St. Dominic's Church. He is a very dynamic speaker.



## EDITORIAL

*Carol Powell*

February: I know the first thing I think of when I turn the calendar to February is weather. The second thing is Valentines Day. In prepping this issue for the Publisher, I learned something new from Sue Auer, (Recipes), February is also chocolate month! Who knew, certainly not me who alleges to be a chocolate alcoholic. So, I decided to explore what else happens in February:

February is Black History Month. You probably knew that one. It is also American Heart Month and National Cancer Prevention Month. President's Day happens in February. When I was a kid, we had Lincoln's Birthday and Washington's Birthday, separate holidays that were celebrated on specific dates rather than on a Monday or Friday to extend the weekend for M-F workers. I tend to agree that all Presidents deserve to be celebrated, after all it really must be the world's most difficult job.

According to Google there are days in February devoted to Women in Sports and Love Your Pet Day. However, I think my favorite is February 17th which is Random Acts of Kindness Day. Too bad we need a "day" to encourage something that should just be a way of life but whatever it takes to encourage kindness is okay with me!

As always, stay safe and most importantly, stay well.



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# Polar Bear Shootout 2023



**LIONS HEAD SOUTH ASSOCIATION, INC.**

**Income & Expense Statement  
to Date as of 12/31/23**

**Income:**

401.0 Maintenance Fees	\$	1,027,283.25
402.0 Maintenance Late Fees	\$	980.00
403.0 Rental Security Deposits	\$	-
406.0 Interest Operations	\$	6,897.64
408.0 Miscellaneous	\$	772.60
410.0 Participation Fees	\$	52,200.00
411.0 Room Rental	\$	1,005.89
412.0 Arch.Violations/Fine	\$	3,500.00
450.0 LHCC Revenues	\$	67,307.92
<b>Total Income:</b>	<b>\$</b>	<b>1,159,947.30</b>

**LHCC Sales Tax:**

209.0 LHCC Sales Tax	\$	2,214.44
<b>Total Sales Tax:</b>		

**Expenses:**

500.0 Administration	\$	519,261.69
520.0 Residences	\$	543,131.91
540.0 Common Facilities	\$	209,009.54
<b>Total Expenses:</b>		<b>1,271,403.14</b>

**Total Income Over Expenses: \$ (111,455.84)**

**Balance at Month End: \$ (111,455.84)**

**LIONS HEAD SOUTH  
New Residents - 2024**

Scrofine, Richard & Diana..... 11 Lions Head Blvd.  
R/S Coughlin Estate  
Sullivan, Theresa.....9 Eric Ct.  
R/S Ungamah  
Bei, Jr. Joseph &  
Jones, Valerie.....135 Lions Head Blvd. S.  
Title change: Bei Estate

**Deletions - 2024**

Coughlin Estate..... 11 Lions Head Blvd.  
R/S Scrofine  
Ungamah, George.....9 Eric Ct.  
R/S Sullivan

**Deceased Resident - 2024**

Wells, Bette N.....23 Abbey Rd.  
10/22/2023  
Knoeller, Thomas.....16 Garland Dr.  
11/15/2023  
Millard, Sara.....77 Yorkwood Dr.  
12/14/2023  
Pereira, Maria.....4 Lions Head Blvd. S.  
12/13/2023  
Mount, Sandra.....21 Abbey Rd.  
12/22/2023  
Fernandes, David.....9 Floral Dr.  
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**GARDEN CLUB**

*Submitted by Clare Mathiasen*

It's that time of year again — the doldrums of February. Even though it's cold outside right now, there are signs that spring will soon be here — the days are getting longer, songbirds are beginning to migrate, and the earliest bulbs will poke up out of the ground before you know it.

At our November meeting we thanked Clare Mathiasen for 7 years leading the Garden Club. Clare was instrumental in bringing us into the computer world with minutes and notices. She was responsible for the updating of several of our gardens and was always available to assist where needed. We welcomed our new chairperson, Diane Chapin, who is already very busy with plans for replacing the shrubs at the back wall of the Clubhouse and continuing the planning of our butterfly garden. Congratulations Diane, we look forward to working with you. Looks like 2024 will be an exciting year for us.

**Continued on page 7**

## GARDEN CLUB continued from page 6

Did you know that February 3rd is “Feed the Birds Day”? By late winter many natural food sources for local birds will begin to thin out. It’s important to keep your bird feeders fully stocked until spring. Offer a variety of foods to attract the widest selection of bird species. Black oil sunflower seeds, for example, draw cardinals, blue jays, juncos, and a host of other species. Beef suet is ideal for woodpeckers, mockingbirds, and nuthatches, and Nyjer seed is a finch favorite. Also, include a diverse selection of feeders such as tube, hopper, and platform to accommodate the feeding habits of different bird species. During winter you can often attract more songbirds to fresh water than you can to food. Add fresh water every few days.

Another favorite holiday on February 14th is Valentine’s Day. It’s not only about love. . . it’s about the beautiful rose. Rose cultivation dates back 5,000 years. Beginning in eastern Asia, it was used as perfume, party décor, and medicine. Most roses we see today can be traced back to the late 1700s. The flower’s connection to Valentine’s Day goes back to the 19th century when Victorians used floral bouquets to deliver a message to love interests. Red roses have stood the test of time across cultures, representing ideals of beauty, love, romance, and even politics.

While this flower is an expression of love all on its own, its color can convey different messages. The traditional red rose represents passion. The pink rose stands for appreciation and grace while the yellow conveys friendship and happiness. The white one implies innocence. Whatever you’re trying to say to your loved one on Valentine’s Day, the rose remains an ideal choice. It is estimated that 80 million roses are purchased for Valentine’s Day.

It’s never too early to be reminded of the dilemma of the Monarch butterfly. Remember that milkweed plants are the only source of food for the Monarch caterpillar. But these plants are rapidly disappearing due to the loss of habitat stemming from land development and the widespread spraying of weed killer on the fields where they live. When planning your garden, remember to include the milkweed plant. If your seeds did not do well, several nurseries in the area have the plants for sale. We want to promote the recovery of the Monarch population now--one milkweed at a time. Also remember to plant colorful flowers to attract all pollinators to your garden.

### February hints—worthy of repeating:

- Be careful using chemicals for icy pathways. Sand is a better replacement.
- Continue to inspect indoor plants for insects
- Start to fertilize houseplants on a regular basis with a water-soluble fertilizer
- Remove diseased or damaged limbs from trees and shrubs
- Bring Spring into your home a little early with branches of forsythia and pussy willow
- Most of all, be careful of icy walkways while walking outdoors

The Garden Club meets on the second Wednesday of each month, March through November. Our first meeting of the new year will be Wednesday, March 13, at 10:30 AM, in the Lion’s Den. Hope to see you there.

*2023 Garden Club members before leaving for their holiday luncheon. A nice way to kick off the holiday season. Missing from photo: Ann Cinosky, Annette DiGirolamo, Susan D’Onofrio, Cindy Eicher, Jeanine Hogan, Caren McCauslin, Judy Murray.*



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## CLUBHOUSE COMMITTEE

Michael Voto

Can't wait to enjoy our new pool. We have a few improvements planned this year for the Clubhouse. First, getting the hallways painted, also having all the carpeting cleaned and the floors in the restrooms and kitchen steamed.

As always, remember, this is our Clubhouse. And we need to respect it so we can keep enjoying it. As you know there are many activities available indoors, so I hope everyone is enjoying themselves. As always, if you see anything that needs attention, please let me know.

## SOCIAL COMMITTEE

Lee Bruzaitis

Thank you to everyone who joined us for our New Year's Eve Party. We had a great time and most of us stayed up past midnight to ring in the New Year with the Times Square ball drop on the big screen. See photos elsewhere in this issue. I want to especially thank my wonderful social committee for all their hard work coordinating ticket sales and shopping for this event while I was away for most of the month of December. I truly appreciate having a committee that I can count on to go the extra mile.

This month, we have our International Potluck Dinner on Saturday, February 24 from 6-10PM. This event was very successful last year and we're bringing it back by popular demand. Attendees will be asked to sign up to bring their favorite ethnic dish (appetizer, soup/salad, entree, or dessert) to share with everyone. It can be any ethnicity you like, not necessarily your own - and you don't have to make it yourself, you can buy something premade. More details will be posted on the social committee website and bulletin board. Tickets (\$5) will be sold on Mondays from 9:30-11:00 on 1/29, 2/5, 2/12, and 2/19. In addition, we will have an evening sale on Monday 2/12, from 6:30-7PM, before the Residents Meeting. If you have questions or can't make the ticket sales, please contact me at leebruzaitis@gmail.com.

We have a lot planned for the coming year, including a murder mystery event and a trivia night, which were two of the top events requested in our recent survey. Stay tuned for more details!

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## SECURITY COMMITTEE

Maryellen Klotz

Happy February - hopefully it will be mild and spring is around the corner. Just two items to remind our residents:

### ***Pedestrian Safety***

More than 7,500 people were struck and killed by vehicles in 2022, according to state data. Safety can be greatly improved through common sense measures:

1. Walk against traffic
2. Walk on sidewalks
3. Cross at crosswalks
4. If walking at dark, wear reflective clothing

### ***Dryer Safety***

There are over 15,600 dryer fires annually due to lint buildup in dryer vents. Over 200 people have lost their lives with over \$200 million dollars in property damage. For usually less than \$100 you can have a professional come in and clean your vents. Not only will it reduce your fire hazard, it will save you energy costs!

Remember to be mindful of your surroundings and if you see something - call the non-emergency #732-262-1100.



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# LIONS HEAD SOUTH ASSOCIATION, INC.

2024 Fines & Fees Schedule – Approved November 6, 2023

REVISED – APPROVED JANUARY 8, 2024

<b>Maintenance Fee</b>	<b>\$165.00</b>
<b>Participation Fee</b>	<b>\$1,485.00</b>
<b>Delinquent Maintenance Fee</b>	<b>\$10.00</b>
<b>Returned Check Fee</b>	<b>\$20.00</b>
<b>Entrance Clubhouse Fob</b>	<b>\$25.00</b>
<b>Pool Badges</b>	<b>\$10.00 Per Badge</b>
<b>Recreation Key</b>	<b>\$3.00</b>
<b>Replacement By-Laws</b>	<b>\$25.00</b>
<b>Architectural Violation Fines</b>	<b>\$10.00 Per Day Until Compliance Is Met</b>
<b>Repetitive Offenders Architectural Violations</b>	<b>\$100.00 – Per Offense</b>
<b>Failure to submit an Architectural Application</b>	<b>\$250.00</b>
<b>Architectural Application Denied Work Completed</b>	<b>\$500.00</b>
<b>Removal of Tree (s) without Architectural Approval</b>	<b>\$100.00</b>
<b>Failure to replace removed tree (s) within one (1) year of notification</b>	<b>\$100.00</b>
<b>Failure to submit RV renewal certification</b>	<b>\$25.00 Per Day Until Compliance is Met</b>
<b>Removal of Common Ground Stake Replacement Fee</b>	<b>\$100.00</b>

**WGA**  
*Marcene Talty*



On December 4, 2023, the Women’s Golf Association of Lions Head Country Club presented Mary’s Place By The Sea with a check in the amount of \$3,800.00 together with 25 beautiful lap blankets that were handmade by the ladies of the Knitting Group in Lions Head South spearheaded by Lucy Hubert. The monies presented to Mary’s Place was obtained through WGA by various fund raising events and a walk for Mary’s Place held in October. This event was co-chaired by Iris Mahoney, Treasurer of the WGA, and Pat Gail member of the WGA. Pictured are Marcene Talty, VP; Susan Wiss, President; Pat Gail of the WGA; and Michele Gannon, CEO of Mary’s Place By the Sea. Thank you to all who participated in this very worthwhile cause. We look forward to next year’s events.

**WGA COOKIE DONATIONS**

These are pix from December donation by WGA of 900 cookies to the residents and staff of Shorrock Gardens as a gift in appreciation of all that Shorrock does for WGA and LHCC.

Phil DeCarlo, Ken Winne LHCC, and Shalom Ephratai, and Robin Rivera, Shorrock Administrators.



## TRAVEL COMITTEE

*Dee Kropiewnicki (Written by Deb Rodgers)*

Hello Happy Travelers. With the start of the new year, we are working on bringing enjoyable trips to our wonderful community. The next big trip for 2024 is Hawaii. If you are still interested in going, please contact Dee Kropiewnicki.

Some trips we are looking into are: Niagara Falls in the spring and possibly a trip to Salem, MA for the fall. Additional information to follow. If anyone has any suggestions for same day trips or overnights, let one of our committee people know and we'll bring it to our meeting for discussion. Until next month, may all your travels be memorable!!

## MEN'S CLUB

*Michael Voto*

Hello, everyone. Can't believe it's February already! Some of our 2024 plans include a Super Bowl party with details to follow. An Elvis dinner night, a game show, an ice cream event at the pool this summer, a trip to Monmouth Park Racetrack and, hopefully, a group picnic with the recreation committee. Also, an Italian entertainment night with dinner and, of course, our famous beef steak and night at the races, as well as our Christmas Party in December.

I am so happy to be the President of the club and I have a great staff. My Vice President is Rich Szymanski. I have Tim Martin as Treasurer and Paul Kraus as Secretary. Ken Winne is arranging our guest speakers. George Bazaz is on Ways and Means and Paul Minniti, our cook, keeps us well fed. Thanks to all the above as well as everyone else who lends a hand volunteering. Wishing everyone a great year.

## WOMEN'S CLUB

*Deb Rodgers*

To all who don't know me, I'm Deb Rodgers and I'm the new President of the Women's Club. We hope you will join us on the third Wednesday of each month for lunch, games, and socialization. You can make new friends, meet prior acquaintances, and have some fun.

Since I am new to the board, any suggestions you have are welcome. This is your club and we all can make it fun and enjoyable. The other new people on the board are Barbara Mortensen, our Vice President and Cindi Nowatnick, our Secretary. So come out for lunch on February 21st and make some new friends. If this is your first meeting with us, it will be free. If you decide to join our group, dues are \$30 for the year. Until next month, happy socializing!!

## RECREATION

*Lynn Adams*

The Recreation Committee is currently on break until March but is always thinking about ways to keep our residents active, especially during the cold months. February is not the time to be a Couch Potato! Instead, consider going to our indoor gym, joining one of the many activities in our club house, or just bundling up and going for a walk. Please be aware that the American Heart Association recommends at least 150 minutes per week of moderate-intensity aerobic activity or 75 minutes per week of vigorous aerobic activity, or a combination of both, preferably spread throughout the week.

## COMMUNITY AWARENESS

*Deb Rodgers*

Hello Lions Head South Residents. This committee brings you all the things that are going on outside our great community.

Don't forget to check the township website and/or our community's website for links of things to do around town. We hope to have some interesting speakers for our Resident's Meetings this year. Any suggestions for speakers are welcome. Just speak to one of our committee members and we will discuss it at our next meeting. That's all for now. May the new year bring you all health, peace, happiness, and love.

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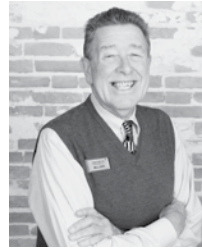
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## LIBRARY

*Janet Pedersen*

Warm greetings to all here at Lions Head South.

The cold months are definitely upon us so please take advantage of our well-stocked Lions Head South Complimentary Library to put those idle hours to good use reading an interesting book or magazine, assembling a colorful jigsaw puzzle, cooking a new recipe from our selection of cookbooks, or watching a movie DVD.

Do you enjoy reading a good book but often don't have the time to devote to an entire volume? Or perhaps get bored or lose interest in the author's over-detailed writing and just want to get on to the facts of the story? Well, if this happens to you, our Lions Head Library has a possible solution.

On the far-right side of the fireplace, near the bottom shelves, you will find a wide selection of hardcover Reader's Digest condensed books. Each of these volumes contains four or five condensed (shortened) versions of stories by quality authors most certain to hold your interest and they can be completed in usually half the time it would have taken to complete the regular full version.

Of course, with all the books out there it would be impossible to please every reader with every story, but these condensed versions offer the option that if you begin reading one story within a book and it's not holding your interest, you can simply move on to the next choice in that same book and start a new adventure.

As with all our other LHS Library offerings, these volumes are available for the taking, no need to sign anything out, and can be kept as long as necessary to complete. Simply bring them back to our "return area" section when finished for our very dedicated volunteer staff to place back on the appropriate shelves.

Happy reading!

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## FEBRUARY 2024 CALENDAR EACH WEEK DAY OF THE MONTH AS LISTED

<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u>
				9:00 Bowling
9:30-11:00 Ticket Sales		9:30-11:30 Acrylic Paint Class	11:00 Chair/Mat Yoga	
	9:30-11:30 Watercolor class	1 & 7 cards/Mah jongg	1:00 Men's Indoor Shuffleboard	1:00 Women's Indoor Shuffleboard
1:00 Mah jongg	1:00 Crochet, Knitting & Needlework		1 & 7 cards/Mah jongg	1:00 Crochet, Knitting & Needlework
	1:00 cards/Mah jongg			
		7:00 Rummy Cube		
	<b>GARBAGE</b>	<b>RECYCLE</b> 2/14 & 2/28		

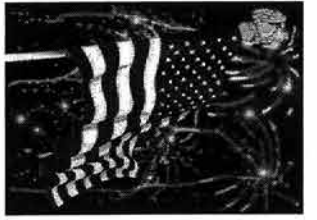
**SNOW COMPLAINTS: Call TURFMASTERS  
AT: 732-349-0444 Leave a MSG on the machine.  
EMERGENCY SNOW COMPLAINTS PLEASE  
CALL: Tom Behrens 718-757-4429**

**RESIDENT'S ASSOCIATION MEETING –  
Feb. 12<sup>th</sup> at 7 pm. Refreshments served.**

**ADMINISTRATION OFFICE:  
Hours: 8:00 – 1:30 p.m.  
Administration Office Phone: 732-920-9099**

<p>5:30 PM Men's Club Super Bowl Party</p>	<p>9:00 AM Bd of Trustees Mtg 7:00 PM Resident's Assoc Mtg</p>	<p>10:00 AM Women's Club Exec Bd</p>	<p>10:00 AM Community Awareness</p> 	<p>10:00 AM Lions Pride Review</p>		
<p>18</p>	<p>10:00 AM Website</p>	<p>9:00 AM Finance &amp; Ins 11:00 AM Welcoming</p>	<p>12:00 PM Women's Club 5:30 PM Security</p>	<p>22</p>	<p>23</p>	<p>24 6:00 PM Social-Pot Luck Dinner</p>
<p>25 2:00 PM MOVIE MATINEE</p>	<p>26 9:00 AM Bd of Trustees-Std Comm</p>	<p>27 6:30 PM Book-a-holics</p>	<p>28 9:00 AM Men's Club Exec Bd 1:00 PM Book Discussion</p>	<p>29</p>		
<p>PRESIDENT'S DAY</p>	<p>GARBAGE</p>	<p>RECYCLE</p>				





# February 2024

## Monthly Planner



Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Jan 2024

S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

Mar 2024

S	M	T	W	T	F	S
	1	2				
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

4	5	6	7	8	9	10
2:00 PM MOVIE MATINEE	10:30 AM Buildings & Grnds	9:00 AM Architectural	11:30 AM Men's Club	9:30 AM Travel 10:15 AM Combined Activities		
11	12	13	14	15	16	17
		GARBAGE				

**PHOTOCOPIER: FOR RESIDENT USE IN THE BILLIARD ROOM.** The machine is available anytime to use. Copies are five cents each. Please be sure to have EXACT change.

The office maintains a list of contractors that have been recommended by residents for various types of work. Your comments and recommendations are helpful for future use by other residents. The Association accepts no responsibility for contractors hired.

**SUNSHINE COMMITTEE:** To report a DEATH call Rose Szpara – 732-920-7898 or to report an ILLNESS/HOSPITALIZATION call: Joyce Speziale – 732-701-3260. Please do not call the office.

**BRICK SENIOR SHUTTLE:** Provides no cost transportation Mon-Fri, 8 am-3 pm. Rides are first come, first served basis. A brief registration is required prior to using service. To schedule transportation call: 732-920-8686 between 9am & 11 am.

# LIONS HEAD SOUTH ASSOCIATION, INC.

## MEETINGS SCHEDULE FOR 2024 – APPROVED OCTOBER 23, 2023

### January

- 3 9:00 AM Ratify December Straw Poll of Officers for 2024 and  
Standing Committee Chairpersons and Members
- 8 9:00 AM Board of Trustees Meeting
- TDB Activities Coordinating Council Meeting
- 22 9:00 AM Board of Trustees Meeting - Standing Committee Reports

### February

- 12 9:00 AM Board of Trustees Meeting
- 12 7:00 PM Residents Association Meeting
- 26 9:00 AM Board of Trustees Meeting - Standing Committee Reports

### March

- 11 9:00 AM Board of Trustees Meeting
- TBD Activities Coordinating Council Meeting
- 25 9:00 AM Board of Trustees Meeting - Standing Committee Reports

### April

- 8 9:00 AM Board of Trustees Meeting
- 8 7:00 PM Residents Association Meeting
- 22 9:00 AM Board of Trustees Meeting - Standing Committee Reports
- 22 7:00 PM Meeting with New Members – Since October 2023

### May

- 6 9:00 AM Board of Trustees Meeting
- TBD Activities Coordinating Council Meeting
- 20 9:00 AM Board of Trustees Meeting - Standing Committee Reports

### June

- 10 9:00 AM Board of Trustees Meeting
- 10 7:00 PM Residents Association Meeting
- 24 9:00 AM Board of Trustees Meeting - Standing Committee Reports

# LIONS HEAD SOUTH ASSOCIATION, INC.

## MEETINGS SCHEDULE FOR 2024 – Approved OCTOBER 23, 2023

### July

- 8 9:00 AM Board of Trustees Meeting  
TBD Activities Coordinating Council Meeting  
22 9:00 AM Board of Trustees Meeting - Standing Committee Reports

### August

- 12 9:00 AM Board of Trustees Meeting  
12 7:00 PM Residents Association Meeting  
26 9:00 AM Board of Trustees Meeting - Standing Committee Reports

### September

- 9 9:00 AM Board of Trustees Meeting  
TBD Activities Coordinating Council Meeting  
23 9:00 AM Board of Trustees Meeting - Standing Committee Reports

### October

- 7 9:00 AM Board of Trustees Meeting  
7 7:00 PM Residents Association Meeting - Trustee Candidates' Night  
21 9:00 AM Board of Trustees Meeting - Standing Committee Reports  
21 7:00 PM Meeting with New Members (since April 2024)

### November

- 4 9:00 AM Board of Trustees – Finance Approval of 2025 Budget  
11 9:00 AM Board of Trustees Meeting  
TBD Activities Coordinating Council Meeting – Residents Meeting  
18 9:00 AM Board of Trustees Meeting - Standing Committee Reports

### December

- 2 9:00 AM Board of Trustees Meeting  
2 7:00 PM Residents Association Meeting – 2025 Budget Presentation  
3 9:00 AM Straw Poll of 2024 Trustees for 2025 LHSA Trustees, LHCC Directors  
& Committee Chairpersons  
16 9:00 AM Board of Trustees Meeting - Standing Committee Reports

Approved – October 23, 2023

# THE RECIPE BOX

Sue Auer

## FEBRUARY - the MONTH that celebrates CHOCOLATE!

**FRIENDS** - An attachment with personal feelings. The word "FRIEND" (English) means to love!

**LOVE** - So many forms of: could be > unconditional, platonic, romantic, self, guest or friendly!

**CHOCOLATE** - Some old friends love chocolate, and have shared some of their AMAZING and SPECIAL chocolate recipes!

### THE PERFECT CHOCOLATINI -

It's NOT classic, but it's sophisticated! When friends gather it's time to share this very smooth, delicious & irresistible cocktail of the "MONTH"!

#### Ingredients:

- 3 OZ. BAILEY'S IRISH CREME
- 1 OZ. GREY GOOSE VODKA
- 2 OZ. GODIVA LIQUEUR
- 1 OZ. SHAVED CHOCOLATE

#### Directions:

1. Prepare a cocktail shaker (with strainer) 1/2 full of ice cubes
2. Add all ingredients & stir lightly to combined
3. Pour into CHILLED Martini glass & top with shaved chocolate

**RIBEYE STEAK w/CHOCOLATE SAUCE** - SURELY NOT CLASSIC, but for the "LOVE OF STEAK" a surprisingly YUMMY savory sauce either "over" or "on the side" just a step to.. DRESS IT UP...!

#### Ingredients:

- 2 - Steaks of your choice
- 1 tbsp canola oil
- kosher salt & ground black pepper
- 1 shallot finely chopped
- 7 oz of beef broth
- 1/2 tbsp of Worcestershire sauce
- 1/2 tbsp of flour (add water)
- 2 oz grated Semi sweet chocolate
- 1 tbsp COLD butter
- 1 tbsp of fresh chopped parsley (for garnish)

#### Directions:

1. Heat canola oil in a skillet large enough to stir the steak of your choice (med to high heat). Rib-eye works well with the recipe. Salt & pepper the steak sear each side for 3 minutes. Remove from pan & cover with foil.
2. In the same skillet, reduce heat to medium - add shallots & cook to soften, add broth, Worcestershire sauce & simmer.
3. Whisk flour with water, add to broth mixture, whisk until thickened.

4. Stir in chocolate & cold butter, adjust the salt & pepper to a personal taste.

5. Slice steak, place on serving plate. Pour sauce over top (or on the side). Garnish with sauteed mushrooms (if desired) & chopped parsley.

**HOT CHOCOLATE COOKIES** - Nothing better than to end a warm February evening! "LOVE of Hot Chocolate."

#### Ingredients:

- 12 tbsp. unsalted butter softened
- 1 1/2 cups granulated sugar
- 1/2 cup light brown sugar
- 4 large eggs
- 2 tsp vanilla extract
- 2 1/2 all-purpose flour
- 1 cup cocoa powder
- 1 tsp salt
- 1/2 cup granulated sugar (for rolling)
- 1/4 cup marshmallows (cut in half)

**CHOCOLATE GANACHE TOPPING** - (after cookies are cooled)! Heat in microwave safe bowl for 25 seconds, stir and heat again for 25 seconds.

#### Ingredients:

- 1 cup chocolate chips
- 1/4 cup heavy cream

#### Directions:

1. Beat until fluffy > butter, granulated sugar & brown sugar.
2. Add eggs, vanilla extract & combine completely.
3. In a separate bowl, mix dry ingredients. Then gradually add to the wet ingredients & combine completely. Cover with plastic wrap & refrigerate 4 hours or chill overnight.
4. Preheat oven to 350° line several baking sheets with parchment paper.
5. Scoop 1 1/2 tbsp. of dough into balls & roll into (2nd) granulated sugar; bake for 10-12 minutes.
6. Remove from oven & immediately & carefully place 1/2 marshmallow into center, sticky side down. Cool for 25 mins. Drizzle Ganache over cooled cookies & allow to set.

WISHING EVERYONE @ LHS "LOT'S OF CREATIVITY IN THE KITCHEN" WITH GOOD HEALTH AND A HAPPY FEBRUARY!

PLEASE SEND RECIPES TO: [sauer1948@hotmail.com](mailto:sauer1948@hotmail.com). I LOOK FORWARD TO EVERYONE'S BEST RECIPES & IDEAS FOR THE RECIPE BOX...

THANK YOU!





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Questions? Contact [leebruzaitis@gmail.com](mailto:leebruzaitis@gmail.com)





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Services are available to any senior, ages 60 or older, and/or their caregivers. The agency prioritizes the work based on those most in need.

Clients are responsible for the cost of materials, but there is no charge for the labor of our volunteers. If so inclined, the clients are encouraged to donate to the program to support our efforts in providing this service to the community.

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- Install grab bars and safety handrails.
- Repair minor electrical problems (such as faulty light switches)
- Do minor carpentry repairs.
- Do minor plumbing (such as leaky faucets and running toilets)
- Change storm windows and doors.
- Weather stripping and caulking
- Replace batteries in smoke detectors and carbon monoxide detectors.
- Change light bulbs.
- Change furnace filters and air conditioner filters.
- Install curtain and drapery hardware.
- Fix small appliances.
- Perform seasonal outside jobs (based upon volunteer availability)

*The Fix It Program is made possible through grants  
from the Ocean County Office of Senior Services*

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## PRIORITY FOR DRIVEWAY SNOW REMOVAL

As we approach another winter season, we again find it necessary to clarify who qualifies for the Priority Snow Removal list for 2023-2024 winter season. A new request is required every season.

For those who qualify, please submit your request to assure that you will be placed on the priority list. To qualify, a resident must require regular life-sustaining medical treatment, such as chemotherapy, radiation or dialysis in or outside the home.

A “heart condition” does not qualify. Your request must be accompanied by a **physician script/note** which specifies that life-sustaining treatment for any of the conditions outlined above is necessary. Hand written notes are unacceptable. All information will be kept by the administrator and will be confidential.

For convenience purposes, your doctor may fax this information to our office. Our fax number is 732-920-2650. Please be assured this information will be kept strictly confidential. Placement on the Priority Snow List cannot be accomplished until we receive the necessary documentation from your physician.

Your need to go to work does not qualify for priority snow removal. For this purpose, we suggest you make advance arrangements with a private contractor for snow removal.

The township will cooperate by plowing our roads so that our contractor can begin work. Of course, the town will continue to respond to any serious problems during storms.

### ALWAYS CALL

### 911 FOR ANY MEDICAL EMERGENCY

Please be sure to keep on hand extra supplies of medications and food so that you do not need to leave the house during or immediately after a snowstorm. The weather predications generally provide ample warning time for making preparations.

For convenience purposes, your doctor may fax this information to our office. Our fax number is 732-920-2650. Please be assured this information will be kept strictly confidential. Placement on the Priority Snow List cannot be accomplished until we receive the necessary documentation from your physician.

Please respond as soon as possible as the winter season will be here soon.



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**More Directories on pages 30-31**

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