

LIONS PRIDE

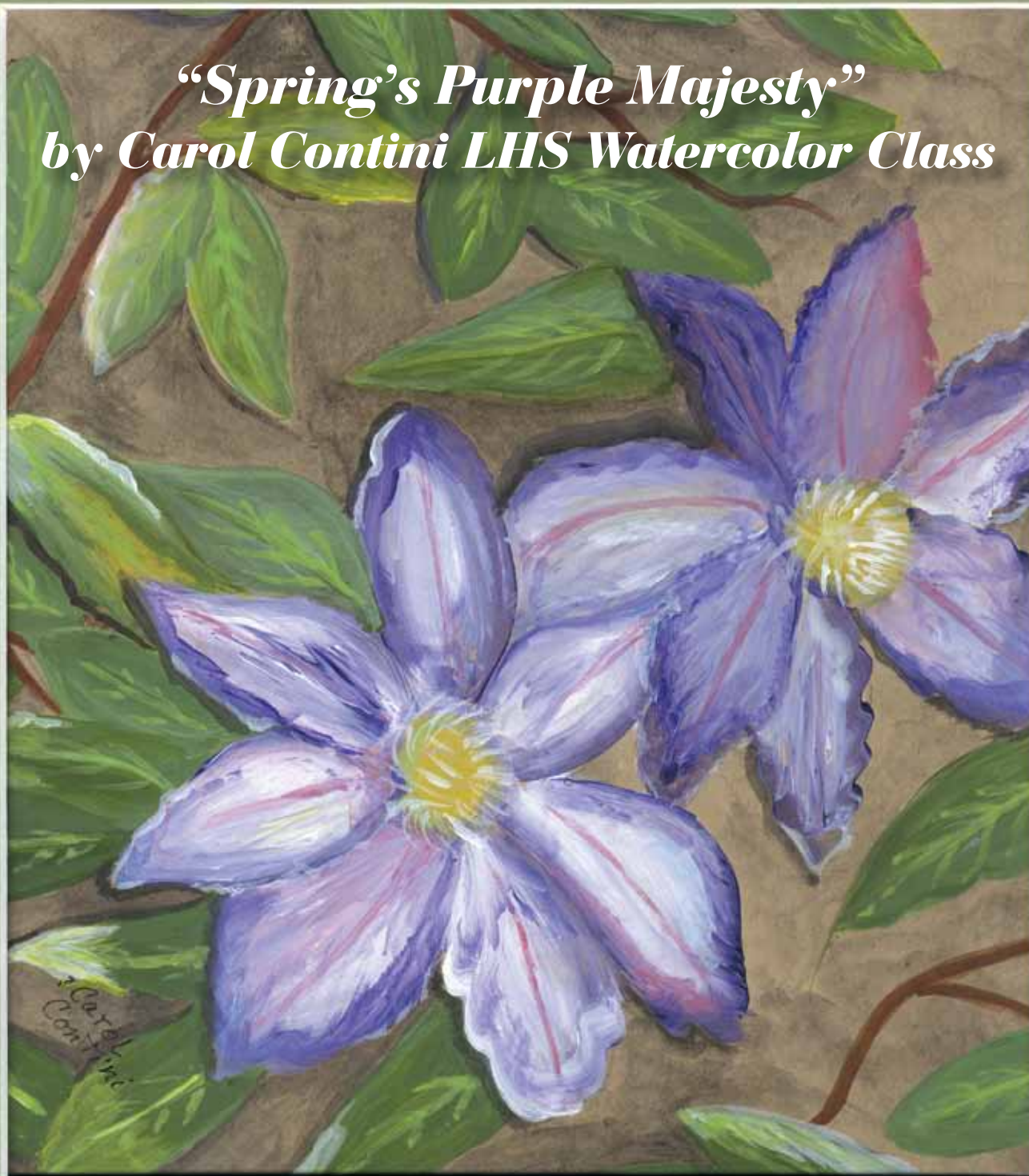
A PUBLICATION OF LIONS HEAD SOUTH ASSOCIATION, BRICK NJ



VOLUME 6 NO. 4

APRIL 2020

“Spring’s Purple Majesty”
by Carol Contini LHS Watercolor Class



The Lions Pride is published monthly, and is distributed gratis to homes in Lions Head South.

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EDITORIAL

Susan Mills

Umbrellas up? This is supposed to be our rainy season. Rain, maybe. However, I would rather focus on the longer hours of daylight, hopefully filled with sunshine. I am so ready to venture out and expand my horizons. Spring is in full swing. Look around. Enjoy the many miracles of nature starting to appear.

April is also a very spiritual month. Our Jewish friends acknowledge and remember receiving their religious freedom. They joyously celebrate Passover with family and friends. Our Christian residents reflect on the festivities of Easter, the holiday that depicts the foundation of their beliefs. With both thankful and humble hearts, they too share food and socialize with family and friends.

Spring is such a beautiful time of the year. The world seems to come alive again. Recognize the transformation. Enjoy the brightness of each day. Appreciate this great community we call home.

www.LionsheadSo.com
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NJ Natural Gas	1-800-221-0051
JCP&L	1-800-662-3115

PRESIDENT'S MESSAGE

Bob Pedersen

Well, March is here and the weather has been unexpectantly nice. We dodged a bullet with snow falls and I only received a couple of complaints this year. (Mostly from those who bought shovels and snow blowers and didn't get to use them.) Kidding aside, it has been quiet and thankfully no major incidents.

There has been a rash of alarms in the clubhouse. Most have been because of faulty sensors or battery issues. However, some people have been activating the alarms in the bathrooms, either on purpose or by accident. Please be aware that those alarms are tied into the Tyco security system and when activated the police are called to respond to an emergency. This takes them away from actual police work and also makes them think twice before responding if there were a real emergency. Please be careful with those alarm cords in the bathroom stalls.

The golf course has opened already and Jim Mort has done and is doing the best he can to keep the maintenance

company, Bright View, on their toes. For those of you that golf, make sure you sign up for the season. For those of you who aren't sure if you golf or not, ask Jim if you can at least try. You never know until you try. The golf course is a major amenity and the more members we can get, the less the cost to the association. Besides, think of the health benefits. Walking, fresh air, the great outdoors, and of course the challenges of searching out golf balls. Great fun!!

As Spring advances on us, get out, check on neighbors that have been shut in for the winter. Join in activities around the community. Say hello to the friends you didn't know you have.

Finally, I want to thank the office staff for the job they are doing. It seems we have found a working group that get along and get the job done efficiently. Stop in and say hello. Get to know them as, hopefully, they will be here working for you for a long time.



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LIONS HEAD SOUTH ASSOCIATION, INC.

**Income & Expense Statement
to Date as of 02/29/20**

Income:

401.0 Maintenance Fees	\$	214,445.09
401.5 Rental Income	\$	-
402.0 Maintenance Late Fees	\$	630.00
403.0 Rental Security Deposits	\$	0.08
406.0 Interest Operations	\$	384.20
408.0 Miscellaneous	\$	460.00
410.0 Participation Fees	\$	6,600.00
450.0 LHCC Revenues	\$	21,578.20
Total Income:	\$	244,097.57

LHCC Sales Tax:

209.0 LHCC Sales Tax	\$	1,252.79
Total Sales Tax:	\$	1,252.79

Expenses:

500.0 Administration	\$	72,949.15
520.0 Residences	\$	112.80
540.0 Common Facilities	\$	30,774.55
Total Expenses:	\$	103,836.50

Total Income Over Expenses: \$ 140,261.07

Balance at Month End: \$ 140,261.07

LIONS HEAD SOUTH

New Residents - 2020

Donovan, Daniel.....39 Meadowbrook Rd.
R/S Keenan Estate
DeFillipo, Margaret.....77 Lions Head Blvd. S.
R/S Monahan
Knoeller, Thomas &
Maryanne.....16 Garland Dr.
R/S Bollinger/Matullo

Deletions - 2020

Keenan Estate.....39 Meadowbrook Rd.
R/S Donovan
Monahan, Bette.....77 Lions Head Blvd. S.
R/S DeFillipo
Bollinger, Joan.....16 Garland Dr.
R/S Knoeller

Deceased Residents - 2020

Palma, Tony.....116 Meadowbrook Rd.
1/2/2020
Bove, Annette.....18 Lauren Ln.
1/13/2020
Santos, Manuel.....120 Meadowbrook Rd.
2/14/2020
Bork, Dorothy.....46 Meadowbrook Rd.
2/20/2020



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ARCHITECTURAL COMMITTEE

Stephen Scaturro, chairman

*"Spring has sprung, the grass
has ris where the flowers is?"*

Now that spring is here and our thoughts go to the outdoors, let's reflect on some of the issues and complaints received concerning our residents.

The biggest number of violations are about residents commencing work on the outside of their homes without getting approval from the Architectural Committee for projects requiring approval (Consult your By-Laws, Rules and Regs as well as Architectural Regulations). Fines and penalties apply.

Dog poop not being picked up has become a problem throughout LHS. Not only is it a health issue, it is also a violation of our rules and regulations and the code of the Township of Brick. Our penalties are mild compared to Brick Township where the penalties are up to \$50 pp (per poop) and for every dollar not paid there is a jail sentence of 1 day for each dollar not paid. Violators will be identified and cited.

Garbage and recycle containers shall be placed at the curb no sooner than 4 PM on the day prior to the day of collection and removed from the curb by 8 PM on the day of collection **and placed indoors by 8 AM on the day following collection. No exterior storage of trash, garbage or waste.**

Members of the Architectural Committee will be inspecting all the properties within LHS, during the months of April and May for violations of the By-laws, Rules and regulations. Members of the Architectural Committee have been granted authority to enter upon any LHS property to inspect additions/alterations or to check for any violations of the Architectural regulations.

In order to be complying and before any project questions arise, please contact the office for clarification.

Please help us help you. **If you see something, say something to the office.**



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for LHS Residents

(If you home is currently listed with another broker, please disregard this ad)

ad - 5304



a reminder
from your



Architectural Committee

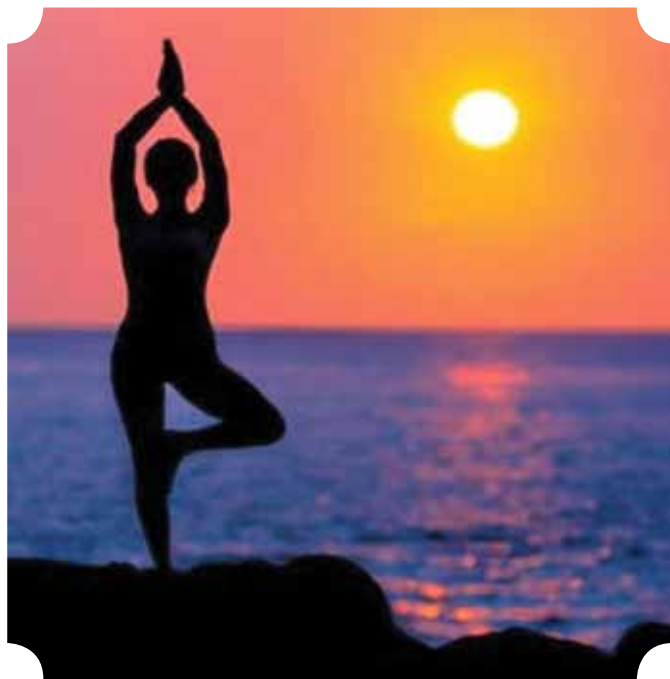
During the months of
April and May
members of the
Architectural Committee
will be conducting
walk-through inspections
of the community to
insure compliance with the
LHSA Architectural Rules
and Regulations.

Please refer to these
documents to see what
is expected of you as
a homeowner.

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LHS BYLAWS COMMITTEE

Clara Ciuffo

CLUBHOUSE COMMITTEE

Rose Saputo

The committee is reviewing past Bylaws (Rev. Date 6/26/16) Policies, Rules and Regulations; (Rev. date 4/18) and Architectural Regulations (Rev. date 4/18). It makes for some interesting reading and we are all learning a great deal about our community requirements. Some observations I have made and would like to pass along to you are as follows:

1. Before you do any alterations to your residence, check your copy of the BYLAWS AND REGS.
2. Before you complain about another resident, check your copy of the BYLAWS.
3. Spring is coming. Better check the Architectural Regulations - especially regarding exterior painting and PLANTING.

The Bylaws and Regs are meant to keep Lions Head South the lovely community it is and the most desirable Adult community in Ocean County.

WELCOME SPRING!

We are sure that you have noticed the decorative white wicker baskets placed in our Clubhouse in early March. Due to serious flu and virus outbreaks, we are striving to be proactive in our community. The baskets are located in every room of the Clubhouse and contain liquid/wiping hand sanitizer and tissues.

Continue to enjoy your Clubhouse; but please be considerate of others if you are not feeling well. We really don't need to share everything with each other. Stay well...

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Men's Club**

Presents

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March 9, 16, 23 & 30**

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12	18	32	48	62
8	21	40	55	70
4	27	38	46	75
1	15	42	51	66
3	29	30	50	72

BRICK COMMUNITY NEWS

(MAYOR'S MEETING 3/4/2020)

Gail Levenelm

Upcoming Events (Brick Recreation)

4/3 - 2020 - Senior Dinner and the Movie "Judy" - 4PM at the Civic Plaza Gym

4/24 - Senior Citizen Prom - 6PM at the Lake Riviera Middle School

For more information or to register for either event - go online to <https://brickrec.twp.brick.nj.us/> or call 732-262-1044.

Ongoing at the Senior Outreach Services Center:

Alzheimer's Association Support Group meets at 9:30 am on the 2nd Monday of every month.

Walk-ins are welcome.

Northern Ocean County Habitat for Humanity Presentation:

Home Repairs - In addition to new home building for families in need, they also have a fulltime home repair program. They are reaching out to senior citizen communities and veterans to encourage anyone who needs help with a home repair to contact them for an application. They have volunteers who can help with the application and provide income qualification information.

Habitat for Humanity ReStore - 1214 Route 37 E, Toms River. This store sells donated furniture and all types of housewares (lamps, dishes, etc.). They accept donations and will come and pickup heavy items from your home.

Volunteers - They are always looking for volunteers who can help in many ways.

Information about repairs, volunteering or donating can be found on their web site: www.nohfh.com or you can call: 732-818-9500.

Residents and ACC Meetings:

The Community Awareness committee is planning several interesting programs for the Residents' Meetings over the coming months. Programs being arranged include the Ocean County Department of Parks & Recreation, a meeting with Mayor Ducey, Brick Senior Services, Lottery Information and Ocean County Senior Services. Details will be provided in the Lion's Pride.

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LHCC
Jim Mort

As we move into the 2020 golf season, we are already planning, scheduling and organizing the many events that we will host each year. Our fund raisers are conducted throughout the year and cover the games Bunco, Hoy, and Bingo. There will be shows, comedy, and or magic acts with a comic twist; Scrambles for our members; Evening Social get together with pot luck dinners or pizza; Fun Day for our members; The 20/20 Raffle for cash; The Free Membership Raffle; and we round out our year with our Annual Golf Tournament that over the years has developed a strong following from our neighboring retirement communities.

LHCC is a very active golf course and it offers an outstanding golf facility for our residents and non-resident golfers. Anyone interested in getting out on the course and giving golf a try but is hesitant for whatever reason, ie: no equipment, no experience, do not want to make a fool of one's self, we can assist with equipment and we do provide a free golf clinic in May for beginners. Unfortunately, golf tends to make most golfers look foolish from time to time. It is just part of the game and you learn to laugh at yourself and truly gain a great opportunity to meet people,

make new friends, and have a good time. LHCC belongs to our community. Take advantage of what is there. You may surprise yourself and find the passion of the game that drives us golfers to distraction.

The Board of Directors Meeting scheduled for February was cancelled, The Meeting for March was held on March 11th and the Minutes of the meeting are posted to the LHCC BB.

During April we will conduct our first Scramble, scheduled for April 14th and are hoping for a full complement of players and good weather. Our Scrambles are scheduled for the second Tuesday of each month starting in April. The teams are established based on posted handicaps and sets up a team play competition for monetary prizes as well as individual prizes for closest to the pin and closest to the line on designated holes. It is a great format to get out there and compete against and with another golfer. Shorrock Gardens supports these events by providing a continental breakfast and a light lunch. It is just a great way to enjoy your golf course.

Looking ahead to May, we are setting up and will conduct a free golf clinic for all interested residents and members. We anticipate a good response and sign-up sheets will be posted to the LHCC BB at both clubhouses. Participate if you can; these events are put on for your enjoyment.

Our first General Meeting for the year is scheduled for all LHCC members on Monday, April 13th at 7:00PM in the Lion's Den. It is important that you attend these General Meetings and participate in the planning for the future of our golf course. Do not leave this work for others, be a part of our future, be there, contribute your time and effort.



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RECREATION REPORT

Vito LaFerrera

The Recreation Committee is thankful to Bill Hamaydi for coordinating and overseeing the resurfacing of our billiard tables in the clubhouse. Please help us keep the tables in pristine condition by NOT bringing coffee or other beverages into that room. Coffee stains have already been found on and around the surfaces.

Signups for bocce will begin in the clubhouse on Mondays between 9:30 and 11:00 on the following dates: April 6th, April 13th, and April 20th. The league meeting will be held on April 25th at 11AM in the Lion's Den. The cost is \$15.00 per person to play.

Outdoor shuffleboard will begin on April 8th at 6PM. The last day of league play will be June 24th. The pizza party for league players will be held on July 25th. If anyone would like to sign up to be a substitute player, please see Rose Szpara at one of the games or contact her at 732-920-7898.

The pool schedule and pool rules will be included in the next (May) edition of the Lion's Pride.

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Realtor Associate

Lions Head South Homeowners!

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My 30 yrs experience as a realtor and extensive knowledge of the Lions Head villages is the reason for my success in our area, and I will continue to assist my clients in making well informed decisions with their purchase and/or sale. As usual, I will go the "extra mile" to assure a stress-free negotiation. So if you are thinking about buying or selling a home – please give me a call at **732-814-6088**.

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BOWLING

Peter Brennan

We are on the home stretch now with only 7 weeks left as the article is written.

Great fun and good scores are still happening at Ocean Lanes in Lakewood.

Some of the good scores are as follows:

Dennis Grasso - 257

Joe Burger - 225

Marjorie Kennedy - 175

Carl Thul - 256

Peter Manco - 225

Ernie Keisling - 180

Christine Schmidt - 158

Peter Brennan - 225

Deb Tristam - 255

Pat Whyte - 158

Tino Yodice - 245

Janet Bazaz - 176

Benny DeVento - 212

The first three teams, as of now, are within 5 points of each other. So let the games continue towards the finish line. Lots of luck to all.



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MEN'S CLUB

Tony Bozzetti

HERE WE GO!! All the great events of 2020 start off with the Pasta/Meatball Dinner & Bingo on Friday, April 3rd. Tickets will still be available March 23rd and March 30th This is open to outside guests so bring a friend or two.

Beaverson Boulevard is looking good thanks to our members who participated in the clean-up on March 11th. Thank you all for braving the weather and the unsightly garbage that accumulates along the road.

Mark your calendar. The Holiday Party is returning to the newly renovated Crystal Point. Due to price increase at Crystal Point, a special holiday 50/50 will be included to help defray the cost...more details to follow. COMING UP....

.....Mark your calendar for the Men's Club Golf Day May 28th. The fee includes lunch in the clubhouse.

Members make it a point to attend the meeting on April 1st and to keep yourself well informed of all upcoming activities. The Men's Club has something going on every month for you and the community's enjoyment.

Please read the Pride...check the bulletin board...listen to the ROBO calls. Guests and new members are always welcome.

SOCIAL

Debbie Holzherrl

Thanks to everyone who attended the St. Patrick's Day Dinner Dance, our first event for 2020. It was a sell out and a fantastic night

We have many great events planned for the year:

Friday, May 8 we will have a "Spring into Summer" Dance featuring the group "Let's Be Frank". This group has a vast repertoire and are very talented musicians and singers. They will perform hits ranging from the 50's through the decades. Tickets go on sale Monday, April 6th.

Saturday, July 18 we have FGB. Frank, Glen and Bobby - Three original members of the "1910 Fruitgum Company" who had FIVE top ten hits in the 1960s. They will perform those hits along with favorites of the 60's era.

Saturday, October 17 we will have our 2nd annual Oktoberfest with a full buffet of German fare, featuring Wild Rose as our entertainment.

And ... we will end the year with DJ LOUIE for our New Year's Eve Bash. Check our bulletin board in the clubhouse for full details on all of our events.

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• References Available •

AD 4966

THE RECIPE BOX

Sue Auer

A TRIP TO LOUISIANA! - The Bayou State with a diverse culture, but similarities among each of the 5 regions. Known for Mardi Gras, Cajun foods & Music.

Recipe #1...from the city of St. Tammany - In "The Northshore" noted for the BEST farmers in the US...& Authentic and Delicious Louisiana foods ...

HEIRLOOM TOMATO SALAD

16 oz. lump crab meat
1 pkg. Heirloom tomatoes, mixed with different sizes & colors

4 oz. Buratta cheese
chopped chive for garnish

Green Goddess Dressing

1/2 cup mayo
1/3 cup buttermilk
1/4 cup of fresh chopped parsley, chives, tarragon, cilantro

1 tbsp. lemon juice
2 anchovy filets (optional)

In a blender (blend until smooth) all ingredients listed for dressing. Then chill for 1/2 hr.

Set the Salad Plate:

On bottom of plate spread several tablespoons of the dressing. On top of dressing arrange tomatoes. Place a portion of crab meat over the tomatoes...next crumble a portion of Buratta cheese, garnish with chopped chives.

Recipe #2 from the "tiny" city of Tangipahoa Parish - meaning "land of the com people". Also, part of the Greater New Orleans Region...which is home of the Celebrity Chefs and Dining as a form of art.

HONEY PECAN SHRIMP

4 Jumbo Prawns
Flour, Eggs, Milk or Cream

Pecan crumb mix

1/4 cup pecans chopped rough
1/4 cup panko (Japanese)crumbs
1 tbsp. chives
1/2 tsp. thyme
1/2 tbsp. minced garlic
1/4 cup melted butter
Salt & Pepper to taste

Stir all ingredients until well incorporated

Prepare honey marinade & marinade prawns

2 tbsp. siracha, 1/2 cup honey, 1 tbs. chili flakes

Breading the Prawns

1. Prepare tray with flour & herbs & dredge dry prawns in seasoned flour.

2. Prepare 2nd tray with eggs & milk (beaten)... Coat each prawn in the wash.

3. Prepare 3rd tray with Pecan Crumb Mix. Gently press prawns into the breading.

Fry: Prawns

In light olive oil (or oil free fryer) ...fry the prawns 3-4 minutes until golden brown. Plate to drizzle glaze

Honey Glaze

1 cup Mayo
3 tbsp. mango puree
1/2 cup condensed milk
1 tsp. Cayenne pepper
S&P to taste.

Recipe #3 from the city of Lake Charles - In "The Cajun Country" amongst the coast & wetlands. The entertainment is endless, from hideaway outdoor adventures to a premier gaming resort of luxurious casinos.

LIONS HEAD SOUTH ASSOCIATION

2020 CALENDAR OF SCHEDULED POOL EVENTS

**POOL OPENS ON SATURDAY MAY 23rd
AND CLOSSES ON SUNDAY, SEPTEMBER 13th
THE POOL AREA WILL BE ACCESSIBLE
UNTIL SEPTEMBER 27, 2020**

POOL HOURS

Adults – 10am to 9pm daily

**Children age 3-16 – 10am to 1PM and 5pm to 7PM
Sunday through Friday**

Children 3-16 – 10AM to 7PM Saturdays

ALL CHILDREN MUST BE TOILET TRAINED

SEASON OPENING EVENT

**Saturday, May 23rd from 12:00 Noon to 3:00PM
Residents and their guests are invited
Regular Pool Hours Apply**

See Pool Rules and Regulations on pg. 19

APRIL 2020 CALENDAR EACH WEEK DAY OF THE MONTH AS LISTED

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				9:00 Bowling
		9:30-11:30 Acrylic Paint Class	10:00 ZUMBA for Seniors	10:00 Ceramics
9:30-11:00 TRAVEL SIGNUPS	9:30-11:30 Watercolor class	1 & 7 cards/mah jongg	1:00 Men's Indoor Shuffleboard	1:00 Women's Indoor Shuffleboard
11:00 Chair/Mat Yoga	1:00 Crochet,Knitting & Needlework	6:00 Outdoor Shuffleboard-starts 4/8	1 & 7 cards/mah jongg	1:00 Crochet, Knitting & Needlework
1:00 mah jongg	1:00 cards/mah jongg		4:30 Free Yoga	
		7:00 Rummy Cube		
	GARBAGE	RECYCLE 4/1, 15 & 29		

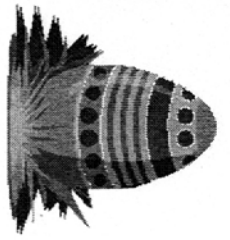
LAWN COMPLAINTS: Call TURFMASTERS AT; 732-349-0444

Leave a message on the machine.

SPRINKLER COMPLAINTS: Fill form out located in C/H and place in complaint box. Problems will be investigated within 24-48 hours. Federal Irrigation: 732-349-9905. After hour emergencies ONLY: Tom Behrens: 609-276-4666

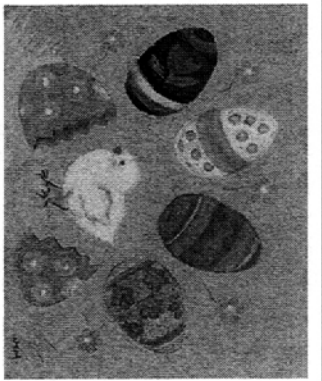
RESIDENT'S ASSOCIATION MEETING- April 6th at 7 PM. Refreshments provided. Guest Speaker: Officer Barnes/Neighborhood Watch AND prescription drug drop off.

ADMINISTRATION ACTIVITY OFFICE:
Hours: 8:00 – 1:30 p.m.
Activities Phone: 732-920-6955
Administration Office Phone: 732-920-9099



Easter

	<p>7:00 PM LHCC Mtg</p>	<p>7:00 PM Recreation</p>	<p>10:00 AM Finance & Ins 12:00 PM LHS Women's Club</p>	<p>10:00 AM Lions Pride Review</p>		<p>12:00 PM Co-ed Indoor Shuffleboard Pizza Pity</p>
<p>19 2:00 PM MOVIE MATINEE</p>	<p>20 9:00 AM Bd of Trust-Std Comm 11:00 AM Norm 6:00 PM Even Book Club 7:30 PM Mtg when Members since 10/19</p>	<p>21 9:30 AM Clubhouse 11:00 AM Welcoming 11:00 AM Emergency Mgmt</p>	<p>22 9:15 AM Travel-A/C Resorts-Mark Preston 2:00 PM Book Discussion</p>	<p>23</p>	<p>24</p>	<p>25 11:00 AM Outdoor Co-ed Bocce Mtg</p>
<p>26</p>	<p>27</p>	<p>28 GARBAGE</p>	<p>29 9:00 AM Men's Club Exec Bd</p>	<p>30</p>		



April 2020

Monthly Planner

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Mar 2020

S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

May 2020

S	M	T	W	T	F	S
					1	2
					3	4
					5	6
					7	8
					9	10
					11	12
					13	14
					15	16
					17	18
					19	20
					21	22
					23	24
					25	26
					27	28
					29	30
					31	

5	2:00 PM MOVIE MATINEE	6	9:00 AM Bd of Trustees	7	9:00 AM Architrectural	10:00 AM Buildings & Grnds	8	10:00 AM Security	10:30 AM Garden Club	9	9:30 AM Regular Travel	10:15 AM Comb Travel	11:30 AM Bylaws	10	Good Friday- OFFICE CLOSED	11	
12		13	7:00 PM Resident's Association Mtg	14	GARBAGE		15			16	12:30 PM LHS WC Exec Bd			17		18	

PHOTOCOPIER: FOR RESIDENT USE IN THE BILLIARD ROOM. The machine is available anytime to use. Copies are five cents each. Please be sure to have EXACT change.

The office maintains a list of contractors that have been recommended by residents for various types of work. Your comments and recommendations are helpful for future use by other residents. The Association accepts no responsibility for contractors hired.

SUNSHINE COMMITTEE: To report a **DEATH** call Joyce Speziale-732-701-3260 or to report an **ILLNESS/HOSPITALIZATION** call: Rose Szpara - 732-920-7898. Please do not call the office.

TRAVEL COMMITTEE: Hours: Monday 9:30 a.m. -11:00 a.m. Travel phone: 732-920-6455 Monday only.

BRICK SENIOR SHUTTLE: Provides no cost transportation Mon-Fri, 8 am-3 pm. Rides are first come, first served basis. Advance 2 week reservation required. A brief registration required prior to using service. To schedule transportation call: 732-920-8686

VAN SCHEDULE: The van will transport residents to and from their homes throughout the year. You may come to the clubhouse for pickup if you wish. Call 732-920-6955 by 12 NOON on the day BEFORE the scheduled van to reserve a seat on the van. Reservations will not be accepted after that time as outlined in the current Van Policy. At least three riders are necessary for the van to travel. The van schedule for April is as follows: Freehold- Thurs. the 2nd, Ocean County Mall- Tues. the 7th & 21st, - Brick Plaza – Thurs. the 9th & 23rd. Friday the van will go to Brick Plaza and Shop-Rite Plaza. The Friday van service is a first come, first serve basis with a limit of 10 passengers being accommodated. Ridership in the additional vehicle is at the discretion of the van company.

The van leaves the clubhouse as follows:
(Pickups begin prior to this time)
Tues. 9:45 Ocean County Mall
Thurs. 9:05 Monmouth & Freehold Malls
Thurs. 9:30 Brick Plaza
Friday 9:05 Brick Plaza & Shop-Rite Plaza
Tues. 9:15 Jersey Shore Outlets

1. NO LIFEGUARD ON DUTY.. Swim at your own risk.
2. THUNDER AND LIGHTNING: When thunder occurs, all individuals must leave the pool area. The pool area will be reopened when conditions permit.
3. Pool furniture must be kept at least six (6) feet from the coping of the pool. FOR SAFETY REASONS. Place a covering on the chairs and chaise lounges to protect them.
Place a covering on the chairs and the chaise lounges to protect them.
4. Restrooms shall not be used as changing rooms. Dripping bathing suits and bare feet are not allowed in the clubhouse and restroom.
5. At all times members/residents and/or guests over 16 must display numbered plastic badges for admission to the pool area.
6. Children under 16 must be accompanied and supervised by a responsible adult and must be signed in. No child age 3-16 will be allowed in the pool between 1pm and 5pm except on Saturdays, when they are allowed in the pool from 10am -7pm. Children under the age of 3 are permitted in the pool area but are not allowed in the pool during children's pool hours.
7. Bathers must wear suitable bathing suits or swim wear. Cut-off pants or jeans are not permitted in the pool.
8. Flotation objects, such as inflatable tubes, kickboards, and flippers, are not permitted in the pool. Styrofoam belts and arm "swimmies" will be permitted in the pool if an adult is in the pool with the child.
9. Diving is not permitted.
10. Snacks, plastic bottles and cans are permitted inside the pool area and must be consumed at a table. NO GLASS IS ALLOWED. NO ALCOHOL BEVERAGES ARE ALLOWED. Picnic tables are available outside the pool area for those having sandwiches, subs, pizza, etc. A charcoal grill, has been installed for your use outside the pool area. A fire shovel and ash can are also provided. Please clean up after use! Garbage and recyclables must be disposed of in the receptacles that are provided outside of the pool entrance.
11. No sports, including ball playing or horseplay, will be permitted in the pool area. Children may have dive toys in the shallow end of the pool. Running is not permitted in the pool area. Excessively loud music is not permitted.
12. Pets are not permitted in the pool area.
13. Please use the designated smoking area at the end of the sidewalk in the parking area. Smoking is not permitted near the pool area or in any other sports area.
14. Chairs, tables and lounges are available to residents on first come basis. Please bring chairs for your guests.
15. Our pool maintenance company is Pool Operation Management.

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Ad-4812

GARDEN CLUB

Linda Adamo

As this article is being written, we have yet to reconvene after our winter hiatus. Our 2020 kick-off meeting will have been held on March 11th. This is the meeting where we finish up our old business from the prior year and set about planning for the new one. Our garden assignments are made and all members are asked to sign up to water our many garden areas. With our mild winter so far, we are hopeful to get out and get started!

The month of April allows us to begin prepping our gardens for planting by mid-May.

You may rake out your garden, removing mulch and improving your soil with organic matter, fertilizer and lime. Roses may be planted and pansies will add immediate color.

Late blooming perennials may be divided during this time. Trees and shrubs should be fertilized once the frost is out of the ground. Prune trees and shrubs which are not spring blooming. You may also want to start your indoor seed planting. Your indoor houseplants that have been somewhat dormant during the winter can now be fertilized.

Gardening by the moon calendar is also something to consider. The lunar phase controls the amount of moisture in the soil. It is at its peak at the time of the new and full moons. Just as the moon pulls the tides in the oceans, it also pulls upon the subtle bodies of water, causing moisture to rise in the earth, which encourages germination and growth. If this sounds intriguing, you may want to check out www.gardeningbythemoon.com

Once we meet in March, we will have more to report as we begin our labor of love around the community. Working in the Garden Club can be a very rewarding experience as our work is seen and enjoyed every day. Please consider joining us at our April 8th meeting at 10:30 a.m. in the Clubhouse when we really start to work toward the beautification of the development. Remember, you don't have to be a Master Gardener to join! We all support each other.

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ads-1523



WEBSITE COMMITTEE
Peter Brennan

The Lions Head South website still continues to be the primary source of activity happenings at LHS. We strive to stay on top of changes, but can only do so much. When chairpersons alert the website with new events, we will post that information as soon as possible. Keep the website active with current info for our LHS residents' benefit.

LIONS HEAD SOUTH ASSOCIATION, INC.

2020 PAINTING SCHEDULE - BY STREET
TOTAL # OF HOMES: 156

Abbey Road **Total # 25**
1, 3, 4, 6, 8, 9, 10, 11, 12, 13, 14, 15, 16, 17, 18, 19, 20, 21, 22, 23, 24, 26, 28, 30, 32

Ashford Drive **Total # 20**
2, 4, 6, 8, 10, 12, 14, 16, 18, 20, 22, 24, 26, 28, 30, 32, 34, 36, 38, 40

Carter Way **Total # 24**
2, 4, 5, 6, 7, 8, 9, 10, 11, 12, 13, 14, 15, 16, 17, 19, 21, 23, 24, 25, 27, 29, 30, 31

Yorkwood Drive **Total # 87**
1, 3, 5, 6, 7, 8, 9, 10, 11, 12, 13, 14, 15, 17, 19, 21, 22, 23, 25, 27, 28, 29, 30, 31, 32, 33, 34, 35, 36, 37, 39, 45, 47, 48, 49, 50, 51, 52, 53, 54, 55, 56, 57, 58, 59, 60, 61, 62, 63, 64, 65, 66, 67, 68, 70, 71, 72, 73, 74, 75, 76, 77, 78, 79, 80, 81, 82, 83, 85, 87, 88, 89, 90, 91, 92, 93, 94, 95, 96, 97, 98, 99, 100, 101, 102, 103, 104

This is the list of homes to be painted in 2020 beginning in April (weather permitting). Each resident will be responsible for making sure his or her home will be painted to specific Instructions and requirements. It will be the responsibility of the homeowner to have someone present when exterior painting is done to their home. It would be the same as if you were having interior work done on the home. Someone should be there. Please be aware of the fact before you sign the completed work form, you should inspect the entire exterior that was painted. All wood must be painted white. Once the homeowner has signed the completed form, the painter is not obligated to come back.

Thank you for your cooperation.

Bill Leck, Paint Committee



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ads-4802

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ad-5882



LAWN MAINTENANCE SCHEDULE ~ 2020
LION'S HEAD SOUTH ASSOCIATION

MARCH

Fertilize w/ crabgrass pre-emergent
Dimension 18-0-10 w/ 1.5%
Will not be responsible for stress lawns

APRIL

April 13 Lawn Cutting, Edging
April 16 SPRING CLEAN UP

MAY

May 4 Lawn Cutting, Edging
May 14 Lawn Cutting
May 25 Lawn Cutting
May ~ Fertilize w/ dimension 1.5%
18-0-10 Will not be responsible for
for stress lawns
Broad leaf weed control (Speedzone)
Do Not Water. Wait 1 day after application

JUNE

June 4 Lawn Cutting, Edging
June 15 Lawn Cutting
June 25 Lawn Cutting
June ~ Post emergent app. Of Dimension
herbicide for crabgrass control.
Will not be responsible for stress lawns.

JULY

July 6 Lawn Cutting, Edging
July 16 Lawn Cutting
July 27 Lawn Cutting
July ~ Spot Spray Nutsedge
Do Not Water.
Wait 1 Day after Application

AUGUST

August 6 Lawn Cutting, Edging
August 17 Lawn Cutting
August 27 Lawn Cutting
August ~ Fertilize with Talstar
insecticide & grub control 24-0-5
Water After Application

SEPTEMBER

September 7 Lawn Cutting
September 24 Lawn Cutting
September ~ Broad leaf weed
control(Speedzone) **Do Not Water.**
Wait 1 Day after Application

OCTOBER

October 15 Lawn Cutting
Fertilize 30-0-10 50%
Water after Application

NOVEMBER

November 23 Lawn Cutting
November ~ Fall Cleanup & Lime Application

ALL DATES ARE TENTATIVE SUBJECT TO CHANGE-CURBLINE WEED SPRAYING WILL BE ONCE A MONTH AS NEEDED



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ads-310



The LHS Men's Club Announces a Community-Wide

MEGA



50/50

\$5.00 per Raffle Ticket

1st Prize 80% of Pot* - 2nd Prize 20% of Pot*

Possible \$2,000.00 Jackpot[†]

TICKETS GO ON SALE EVERY MONDAY

STARTING APRIL 6, 2020

FROM 9:30 - 11:00am IN THE LIBRARY

**DRAWING TO BE HELD ON DECEMBER 8, 2020
AT THE MEN'S CLUB ANNUAL HOLIDAY GALA**

***Pot is 50% of Total Sales**

†Prize amounts will vary based on sales.



Friday, May 8

SPRING INTO SUMMER DANCE

FEATURING "LETS B FRANK"

7:00 - 11:00 PM

Tickets \$20

Includes Dessert, Coffee, Tea



ATTENTION

COMING SOON
2020 BOCCE LEAGUE SIGN UP
WILL BEGIN IN THE CLUBHOUSE
MONDAYS BETWEEN 9:30 & 11:00 AM



APRIL 6th
APRIL 13th
APRIL 20th



League Meeting April 25th at 11:00 am in the Lions Den
Cost \$15.00 per person

Any questions? Call Bill Hamaydi at 908-868-4451



providing a place for women with cancer to heal; mind, body, and soul

Mary's Place by the Sea is a safe haven for women with all forms of cancer. Mary's Place offers women a break from their daily responsibilities and medical treatments, and the opportunity to focus on their healing. Our guests are provided with rest and support during this challenging time in their lives. Mary's Place offers holistic, integrative modalities including oncology massage, nutrition education, individual counseling, Reiki, guided meditation, expressive writing, and yoga, all at no cost to our guests.

The demand for our services has been so great, that what began out of two bedrooms in a bed and breakfast now operates out of a ten-bedroom, custom built, retreat center in Ocean Grove. Since its founding in 2009, Mary's Place by the Sea has welcomed nearly 7,000 women as our guests.

If you or a loved one are dealing with cancer, and would like to find out more about Mary's Place, please visit www.marysplacebythesea.org or contact us at 732-455-5344.

22 Main Avenue • Ocean Grove, NJ 07756
Phone: 732.455.5344 • Fax: 732.361.0135
Email: info@marysplacebythesea.org
Website: www.marysplacebythesea.org

Mary's Place by the Sea is an IRS-recognized, non profit 501 (c) (3) organization



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CHARITY AC BUS TRIP



Benefits the Family of Stephanie Parze

Date: April 19th

Cost: \$38 / person

Includes: Bus transportation, driver tip, sandwich, beverage, chips on the bus and \$25 back in slot play from the Tropicana Casino.

Time: Bus departs Brook Plaza (located at the intersection of W. County Line & S. New Prospect Roads in Jackson) at noon and returns to Jackson at approximately 9:00 PM.

Gift raffle and 50/50 on the bus to AC.

Gift donations for the raffle are needed.

Additionally, cash donations are most welcome.

Checks may be mailed to the Jackson Rotary Club,
P.O. Box 751, Jackson, NJ 08527.

Please note "The Parze Family" in the memo section.

All net proceeds will be donated to the Parze family.

Reservations & Additional Information:

Contact: Tom Barchie (732-207-4029; 732-849-6309)

or Luke Stango (732-379-8060).



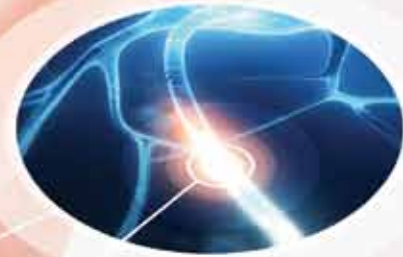
ads-6562

NEUROPATHY

Nerve Disorder Causes Pain for Millions of Americans

GET RID OF IRRITATING NUMBNESS AND PAIN IN YOUR LEGS AND FEET WITH FDA CLEARED TREATMENT

There are over 100 different kinds of peripheral nerve disorders or neuropathies. Some are the results of a disease like diabetes while others can be triggered by a virus infection. Still others are the result of an injury or compression on the nerves. No matter where the problems begin, it is imperative nerve disorders are resolved as soon as possible to prevent permanent damage.



HOW DO YOU KNOW IF YOU HAVE PERIPHERAL NERVE DAMAGE?

The following symptoms may start gradually and then get worse:

- Numbness
- Pain when you walk
- Sharp electrical-like pain
- Burning or tingling
- Difficulty sleeping from leg or foot discomfort
- Muscle weakness
- Sensitivity to touch

If you suffer from any of these symptoms, call us today! We can help.

HEALTHY NERVE CELL

Properly processes sensory information to the brain.

DAMAGED NERVE CELL

Sends incorrect signals to the brain, from phantom pain to tingling and numbness.

- Treatment is Safe, Easy and requires NO surgery
- Call today if you experience any degree of pain or discomfort in your legs and feet
- Start living your life pain free!

WHY SPINEAID DISC CENTER?

SpineAid Disc Center offers some of the most advanced non-surgical, FDA cleared procedures for relieving chronic pain. Our customized approach utilizes the latest medical technology. We offer programs and procedures that will improve your health with the utmost safety and precision. We will provide you with an accurate diagnosis and recommend a program that best fits your needs.

CALL TODAY AND START TO FIND RELIEF FROM PAIN

We are confident that you will find healing and relief at SpineAid Disc Center. You will have a one-on-one consultation with one of our trained staff who will evaluate your condition and determine if you would be a candidate for this treatment. Due to the demand, we have opened an additional 30 appointments this week. Time slots fill quickly so CALL TODAY to secure your appointment.

NEW FDA CLEARED TREATMENTS PROVIDE HOPE

Many people suffer with pain for years, not realizing that their symptoms may be due to Peripheral Neuropathy. Treatment options have been limited to a small assortment of pain medications, which can lead to further issues. Ignoring the problem or masking the symptoms has never been a viable solution.

SpineAid Disc Center is pleased to announce their new program for treating Peripheral Neuropathy, which includes a combination of advanced FDA cleared treatments with breakthrough technology that aids in healing the damaged nerves. The effects of this program can be felt on the first few visits. This treatment restores, stabilizes, and rebuilds the nerves in your extremities. Treatment has also been effective in addressing painful symptoms of arthritis, MS, and other forms of chronic pain. Patients generally feel relief physically throughout the treatment period and even feel better emotionally after experiencing a reduction in pain.

JOIN OTHERS IN RELIEVING THE PAIN



"The pain was so excruciating that I couldn't sit in my chair, ride in a car, walk in my pod or tie my shoes. Since coming to SpineAid Disc Center, I am now relieved of the pain and can resume a more normal life!"

LIMITED TO THE FIRST 30 CALLERS!



Call today to schedule your appointment.

CALL TODAY!
732-384-1198

www.northeastspineandsports.com

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