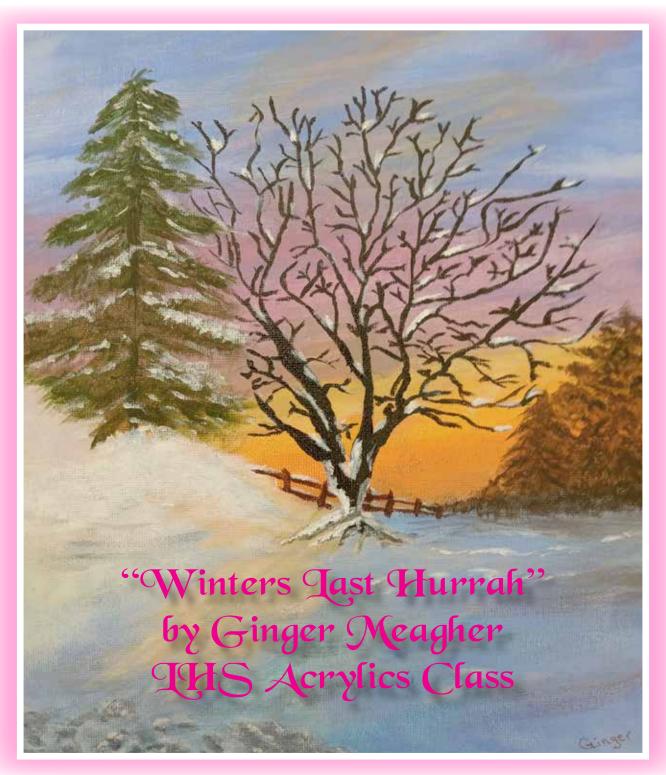
LIONS PRIDE



A Publication of Lions Head South Association, Brick NJ

VOLUME 10 NO. 3 MARCH 2024



The Lions Pride is published monthly, and is distributed gratis to homes in Lions Head South.

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Important Numbers

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Police non-emergency	732-262-1100
Poison Control 24 hr Hotline	
Brick Chamber of Commerce	732-477-4949
Brick Library Branch	732-477-4513
Brick Municipal Complex	
Brick Post Office	
Brick Public Works (Recycling)	732-451-4061
Ocean County Contact Hotline	
Ocean County Health Department	732-341-9700
Fire Safety Inspections (non-emergence	cy)732-262-1220
Medicare	
NJ Motor Vehicle Commission	1-609-292-6500
<u>Hospitals</u>	
Ocean Medical Center	732-840-2200
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Jersey Shore U Medical Center	
Monmouth Medical Center South	
Utilities	
Brick Utilities (water & sewer)	732-458-7000
NJ Natural Gas	
ICP&I	1-800-662-3115

PRESIDENT'S MESSAGE

John Cinosky

Greetings from sunny Florida. I wish you all could be here. The Super Bowl is over. Hope your team won.

All is quiet in Lions Head South. I'm happy to report the most exciting thing in March is that daylight savings time occurs. So, before you go to bed on March 9th turn your clocks ahead. Yeah Light! Easter is early on March 31st.

The pool is on schedule and the work is excellent. Spring is the 21st and time marches on.

If you want to feel good, do something nice for someone, it's contagious.

God Bless you all!

EDITORIAL

Carol Powell

Happy March everyone. One month closer to spring! One of the advantages of editing the Pride is I get a preview of everything that will be in the next issue. This month I am far from alone in looking forward to spring.

So many of our committees have events planned or just ongoing activities that give everyone a selection of opportunities to have fun, meet your neighbors, make new friends and just plain get out of the house and enjoy life. I know I have my list in mind, if you don't, get started now.

We are extremely lucky to have all of the people that we do, involved and willing to work hard to keep Lions Head South the very special place that it is. Thank you, and on a personal note, thank you to all of the people who contribute to the Pride every month. Your diligence in getting your articles to our email address on time makes my job so much easier! I know our publisher also appreciates that I am able to get all to her in a timely manner, making her job easier, too.

So as always, please allow me to remind you to stay safe and most importantly, stay well.









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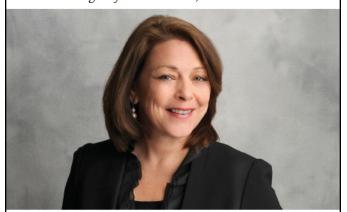
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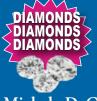
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LIONS HEAD SOUTH ASSOCIATION, INC.

Income & Expense Statement to Date as of 01/31/2024

Income:

401.0 Maintenance Fees	\$ 144,120.00
402.0 Maintenance Late Fees	\$ 270.00
403.0 Rental Security Deposits	\$ (2,552.24)
406.0 Interest Operations	\$ 20.27
408.0 Miscellaneous	\$
409.0 Deferred Income	\$ -
410.0 Participation Fees	\$ 4,005.00
411.0 Room Rental	\$ 50.00
412.0 Arch.Violations/Fine	\$ 100.00
413.0 Pride Print Rebate	
450.0 LHCC Revenues	\$ 7,561.02
Total Income:	\$ 153,574.05

LHCC Sales Tax:

209.0 LHCC Sales Tax

Total Sales Tax: \$ 327.77

Expenses:

	Administration Residences	\$ \$	93,916.59 1,724.70
-	Common Facilities	\$	6,134.41
		Total Expenses:	101,775.70

Total Income Over Expenses: \$ 51,798.35

Balance at Month End: \$ 51,798.35

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id-6150

LIONS HEAD SOUTH

New Residents - 2024

Lamparello, Doreen	120 Meadowbrook Rd.
-	R/S Santos
Vagle, Bruce & Denise	80 Yorkwood Dr.
_	Title Chg: Vagle Estate
Petersen, Thomas	
& Susan	154 Lions Head Blvd. S.
	Title Chg: Salamone,
	Concetta

Deletions - 2024

Deceased Resident - 2024

Veitch, David	21 Abbey Rd.
	02/04/2024





NOTICE



Please be mindful of your neighbors - Dog Waste;

As per Bricktown Ordinance, Article II, Enforcement of Dogs, Section 128-15 and LHB By-Law's Section 21, Page 27; Dog Owners/Walkers are required to pick up after their pets.

* * *

Resident Copy Machine;

The clubhouse copier has been removed as it was no longer in working order. As a courtesy, the administrative office is available to make limited copies.

GARDEN CLUB

Submitted by Clare Mathiasen

Time to gear up for the spring/summer growing season. The Garden Club will hold the first meeting of the year on March 13th. This is when our members select their garden assignments, volunteer for summer watering and finalize completion of planned projects; such as, plantings for the back of the clubhouse and, still to be determined, how to enhance the new pool area and the creation of a butterfly garden.

This month is the time to plant indoors the seeds that need 8-10 weeks to sprout. When your sprouts are a couple of inches tall, start hardening them by placing them outside for 2-3 hours in a protected location. Gradually increase the amount of sunlight an hour at a time over a two-week period until they are able to spend all day outside. The last day or two, the plants can spend 24 hours outside. Reduce the amount of water plants receive (keep moist) but do not allow them to wilt.

It may be redundant every year, but a good reminder of what can be done in early spring to prepare your slice of garden heaven: Transplant those houseplants

This is the best time of year for transplanting and splitting those overgrown house plants.

Prune Your Shrubs Late:

Winter is a good time to prune your shrubs before spring growth starts. While branches are still bare, it's easier to see what you're doing. Focus on dead, broken, or crossing stems first, and then shape the overall plant as you wish. Pruning often will encourage your shrubs to produce lots of fresh stems once they begin to grow again in the spring.

Prune the Most Common Landscape Evergreens:

Many common landscape shrubs benefit from latewinter pruning, including most roses, dogwood, spirea, juniper, yew, and viburnum. Avoid pruning shrubs that bloom in early spring, or you won't get any flowers this

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year. Wait until right after these plants bloom to make vour cuts.

Celebrate the Earliest Blooms:

Some plants such as crocus, hellebore, and camellia bloom in very late winter. If you have any of these earlyblooming flowers appearing in your yard, make the most of them.

Clear away any debris such as last year's dead foliage or twigs that may be hiding the flowers from view. Try putting a few colorful blossoms in a vase inside if it's too cold to admire them outside or you can't see them from a window. If you don't have any winter-blooming plants, take a walk around your neighborhood to get ideas for what you could plant for a little early color to tide you over until spring really gets going.

Even after warmer weather arrives in spring, it can take a while for your garden plants to bloom. A few well-placed containers, however, will give you a quick shot of color wherever you need it.

Even if there's still snow on the ground, you can pull out your planters (or stock up on pretty new containers) and fill them with potting soil. That way, you'll be ready to add plants as soon as pansies and other cool-season annuals arrive at your garden center or grocery store.

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	7	3	8					

Answers on page 26



Architectural Regulations Revisions

Please Tear out and Place in the Lions Head South By-Laws Architectural Regulations, Page 14, XV. Exterior Storage of Trash or Supplies

Revisions to Restrictions on Common Property Uses and Exterior Storage of Trash or Supplies, Second Paragraph.

Motion approved by the Board of Trustees February 12, 2024.

PLEASE NOTE REVISION TO PAGE 14, XV. EXTERIOR STORAGE OF TRASH OR SUPPLIES TO READ AS FOLLOWS:

Lions Head South Architectural Regulations Page 14, XV. Exterior Storage Deck Box and Upright Garden/Storage Container. Replaces 2nd Paragraph.

One (1) small deck box, no larger than six (6) feet in length, thirty-six (36) inches in height and thirty-six (36) inches deep, with a top hinged lid only, may be placed behind the air conditioner on either side of the house, but not on the street side if a corner property. It may also be placed on the rear patio at the rear of the house. In addition, one (1) upright storage/garden container, measuring no larger than six (6) feet in height, three (3) feet wide and three (3) feet deep may be stored on the rear patio. A maximum of two (2) units (one of each) maybe placed on each property. The storage units may not be made of wood and must be constructed of man-made materials. It must be stand-alone and may not be attached to the house. The color must blend in with the existing color of the house. Prior approval of the size, color and location of the storage unit (s) is required by the Architectural Committee.

Revised February 12, 2024

SECURITY COMMITTEE

Maryellen Klotz

Happy March! Hopefully, the wintry weather is behind us and we can look forward to the upcoming spring season.

Just a revision for reporting street light outages in our community. It has been noted that if a **HOMEOWNER** calls JCP&L to report a light out, the response time is shorter than notifying Diane Steenan or the office, so below is the procedure going forward:

Following these procedures will ensure all reports are documented and follow-ups are consistent:

- 1. Obtain pole # located on the street side of the light pole, and nearest house address.
- 2. Call JCP&L 800# (located on your bill) **OR** go online to your JCP&L/First Energy account Click on 'OUTAGES' 'OUTDOOR LIGHTING PROBLEM'. Follow the prompts to submit the street light outage.
- 3. Call the Lions Head South Office at 732-920-9099 to advise them of your submission. This report will be added to the outage document kept by the office staff.
- 4. If the light isn't replaced within a reasonable amount of time, call again the squeaky wheel gets the oil!

Our Neighborhood Watch is always on alert however. Anyone can and should keep the non-emergency number in their phone to report anything they feel is out of the ordinary. Our walkers and pet owners are the best in noticing any suspicious behavior - even if you're unsure - best to call 732-262-1100 and let the police investigate.

Lastly, if you are a pet owner, many veterinarians offer free pet alert decals that you can put on your door or front window if there is a fire in your home to alert firemen to look for animals - it is so important to keep our furry friends safe!

Stay safe and remember - if you see something, say something and call the above number.

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ARCHITECTURAL COMMITTEE

Margaret DeFillipo

As we approach the warmer weather, the Architectural Committee would like to remind all residents that any additions and alterations to the exterior of your home requires an application for consideration and APPROVAL, prior to the start of any work. This includes, but not limited to, trees (removal & planting), roofs, windows, siding, patio extensions, landscaping fences. Once approved, the homeowner will be notified and receive a purple work permit to display in their front window. Upon completion, the homeowner will return the permit to the office and a committee member will inspect to ensure work was complete according to application.

NOTE: Permits are only valid until December 31st of the current year. If any residents that have blue permits, and the approved work was **NOT** completed in 2023, a new application MUST be submitted, and the expired Blue Permit returned to the office.

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LIONS HEAD SOUTH ASSOCIATION, INC.

2024 Fines & Fees Schedule – Approved November 6, 2023 REVISED – APPROVED JANUARY 8, 2024

Maintenance Fee \$165.00

Participation Fee \$1,485.00

Delinquent Maintenance Fee \$10.00

Returned Check Fee \$20.00

Entrance Clubhouse Fob \$25.00

Pool Badges \$10.00 Per Badge

Recreation Key \$3.00

Replacement By-Laws \$25.00

Architectural Violation Fines \$10.00 Per Day

Until Compliance Is Met

Repetitive Offenders Architectural Violations \$100.00 - Per Offense

Failure to submit an Architectural Application \$250.00

Architectural Application Denied

Work Completed \$500.00

Removal of Tree (s) without \$100.00

Architectural Approval

Failure to replace removed tree (s) \$100.00

within one (1) year of notification

Failure to submit RV renewal certification \$25.00 Per Day

Until Compliance is Met

Removal of Common Ground Stake

Replacement Fee \$100.00

COMMUNITY AWARENESS

Deb Rodgers

Hello, Lions Head South Residents. What a nice time at the Brick Township Birthday Bash. Fun was had by all!!

At one of our recent Mayor's Senior Advisory meetings, the Mayor mentioned that the state has instructed JCP&L to replace all street light bulbs. The Mayor has asked her representative from JCP&L when they come to Brick, to please start with the Senior Communities. They are supposed to start in 2025, but the representative said they hope to start sooner. Will keep you posted.

If you are interested, all Mayor's Senior Advisory meeting minutes can be found on the community's website under Community Awareness. Did vou ever wonder about the history of Brick? Here's a link to the township's website, history section https://www.bricktownship.net/ boards-commissions/historic-preservationcommission/ historic-timeline/. That's all for now. Enjoy the rest of your month!

SOCIAL COMMITTEE

Lee Bruzaitis

Join us for the LHS Trivia Challenge on Saturday, March 23 from 2-4PM at the clubhouse. This was one of the most requested events on our survey last year. We have hired a professional trivia host for this fun competition with prizes for the winning team. Teams will compete in several rounds of general trivia questions to determine the champions. Register as a team of 4-6 people or sign up individually and we will assign you to a team.

Tickets are \$10 per person, which includes refreshments. Monday ticket sale dates are 2/26, 3/4, 3/11, and 3/18. Don't miss this fun event! As always, if you can't make it to the ticket sales, please email <u>leebruzaitis@gmail.</u> com to purchase tickets.

Upcoming, please save the date for our Cinco de Mayo Fiesta on Saturday, May 4. Please visit our web page for more information about our committee and events.



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MEN'S CLUB

Michael Voto

Hello everyone, hope you're enjoying the mild winter that we've had so far. Hope that everyone that attended the Super Bowl Party enjoyed themselves. It was a pleasure hosting it. Please check the Men's Club bulletin board for upcoming events and interest sheets for upcoming events. We are looking forward to having a fun filled year! Stay well and enjoy!

WOMEN'S CLUB

Deb Rodgers

Hello everyone. As you know, these articles are a few months after many of the events have taken place.

At our January meeting we hosted "What you got for Christmas that you didn't want". It was fun and a huge success. Thank you to Barbara Craney, our Auctioneer, and Marie Castellano for making the tuna and egg salad for our lunch. A big thanks goes out to all the members who brought gifts, who participated in the auction and our kitchen staff. You all are appreciated.

For March, we will be hosting Bingo on Wednesday, March 20, 2024. Cost is \$10 and includes lunch and 1 bingo card. Doors open at 11AM. Please see the flyer in this addition of the Pride for dates of ticket sales.

So come on out and bring a friend or make some new friends. If this is your first meeting with us, lunch will be free. If you decide to join our group, dues are \$30 for the vear.

Until next month, happy socializing!!

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OUTDOOR SHUFFLEBOARD

Iris Mahonev

Spring is almost here, and outdoor shuffleboard will be beginning before you know it: Wednesday, April 17, 2024, is our opening date. We will play for nine consecutive weeks, ending June 12, 2024. Play time is 6:00 pm. Sign up dates are Monday, March 11th, 18th, and if needed, March 25th, in the clubhouse, from 9:30 am until 11 am. The play fee is \$10.00.

Last year was a great success and hopefully this year will be too. If you are interested in meeting new neighbors and having fun, come and sign up.

RECREATION

Lynn Adams

Our Recreation Committee break is about to end as we will be back to work on Tuesday, March 19th. I am happy to report that we have a large group this year and in advance want to thank past and new members for donating their time in making 2024 recreational activities for our community the best year ever!



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LIBRARY

Janet Pedersen

Looking to read some exceptional types of stories that are more true-to-life and, for that reason, are sure to grab your attention? Why not check out the NON-FICTION section of our own Lions Head South complementary library? This "yellow-dot" section is located on the left side of the room facing the fireplace just before the large table near the windows, adjacent to the return book section.

Among the offerings found in these volumes you will discover real-life dramas of American history, the British royal families, America's First Ladies, sports celebrities and teams, and much, much more. You can also encounter stories written by famous newscasters, such as Tom Brokaw and Robin Roberts, and take advantage of their firsthand knowledge of historic events or personal experiences. Other selections contain accounts by ordinary people who have lived through extraordinary circumstances. This area of our library is definitely worth exploring.

Also, as a reminder, the LHS library is very willing and grateful to accept donations of books, magazines and jigsaw puzzles. Due to our limited space, we can only accept books whose copyright dates fall within the current 10-year period. In other words, please check the first few pages of your donations prior to drop off and only give us those books whose copyright date falls between 2014 through 2024. (This copyright limitation does not apply to cookbooks, biographies, large print & non-fiction books which are ALL accepted). All types of jigsaw puzzles are also appreciated except those missing any pieces. Placing the jigsaw puzzle pieces in a ziplock bag within their box prior to donating will help keep all the pieces secure. In the case of a large donation, please leave items in a bag or box on the floor under the library windows. If your donation is exceptionally large, please call me at my cell number in our LHS directory so arrangements can be made.

Thank you and happy reading!



CROSSWORD PUZZLE

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|--|

1	Habitual practice
7	National park in Tennessee
13	Punctual
14	Self-destruction
15	In this place
16	University of California campus site
17	In broad daylight
18	Does puzzles like this one
19	Consults
20	Shaped
21	Dram
24	"The Last Ship" channel
25	Reimburse
26	King Cole's fiddlers, for example
27	Kind of couch
29	Fine-grained rock
30	Steam
32	Admiration
34	Buffalo Bill and Iron Eyes
35	President who wrote "Liberty, once lost,
	is lost forever"
36	Seasoned
38	Father
39	For the nonce
41	Vase

Experimental kind of pig, maybe

46	Your largest joint
47	"Hogan's Heroes" actor Klemperer
48	Sudden attacks
49	Notorious White House intern
52	Ventilate
53	Pistil parts
54	What Hepburn called Tracy
55	Agree
56	Became taut
	Down

Share the emceeing

Wise to urban ways

Chess pieces, informally

Bleachers' features

Questionnaire

Bumpy

Leave out

I	/	Questionnaire
	8	Raised drastically
I	9	Finishes off a cake
1	10	Small, in Dogpatch
	11	" to a Nightingale" (Keats)
	12	"I object!"
	14	1965 civil rights march site
	16	Get an advance
	18	Bulgarian capital
	20	Gangster's foe
	21	ET radios nun about groups of workers
	22	Smooth-talking
	23	Lear's Pobble lost them
	25	They don't go off
	26	Norse thunder god
	28	Domesticated
	29	Surface gunk
	30	Deepest part
	31	"Nurse Jackie" lead Falco
	33	Consumer, in a diner
	37	" With Mussolini" (Zeffirelli movie)
	39	Puckers
	40	Where many participants get cold feet?
	42	Lower
	43	Wrote code within code
	45	Aladdin's factotum
	46	Member of a Myanmar ethnic group
	47	Lean and muscular
	48	Ready for harvest
	49	Official go-betweens
	50	"Little" '60s singer
	51	"One or Another" (hit Blondie song)
	52	Bermuda time, initially
		Answers on page 26

44

45

Social group

GARBAGE		jongg	Needlework	/lah	Watercolor class	9:30-11:30	9:30-11:00 Ticket Sales		MONDAY TUESDAY	MARCH 2024 CALENDAR EACH WEEK DAY OF
RECYCLE 3/13 & 3/27	7:00 Rummy Cube				ass Jongg		9:30-11:30 Acrylic Paint Class		<u>WEDNESDAY</u>	JAK EACH WEEK DAY
			Jougg	1 & 7 cards/Mah	Shuffleboard	1:00 Men's Indoor	11:00 Chair/Mat Yoga		THURSDAY	OF THE MONTH AS LISTED
			Needlework	1:00 Crochet,	Indoor Shuffleboard	1:00 Women;s		NS PRIDE M		

	CALL: Tom Behrens 718-757-4429
EASE	EMERGENCY SNOW COMPLAINTS PLEASE
chine.	AT: 732-349-0444 Leave a MSG on the machine.
ERS	SNOW COMPLAINTS: Call TURFMASTERS

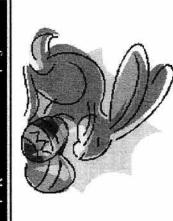
ADMINISTRATION ACTIVITY OFFICE: Hours: 8:00 - 1:30 p.m.

Administration Office Phone: 732-920-9099

LIONS PRIDE MARCH 2024 15

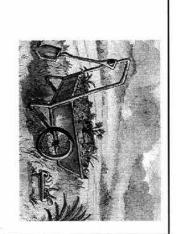
 31				24			2:00 PM MOVIE	17		0 10 10 10 10 10 10 10 10 10 10 10 10 10
			9:00 AM Bd of Trustees-Std Comm	25		AAGDOIG	10:00 AM	18		
	GARBAGE	6:30 PM Book-a-holics	3:30 PM Social	26	4:00 PM Recreation GARBAGE	11:00 AM Welcoming	9:00 AM Finance & Ins	61	GARBAGE	
	RECYCLE	1:00 PM Book Discussion	9:00 AM Men's Club Exec Bd	27	Security	Club - BINGO	12:00 PM	20	RECYCLE	1:00 PM Clubhouse
				28		Review	10:00 AM	21		Combined Activities
				29				22		
				30		Trivia Challenge	2:00 PM	23		v.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
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2:00 PM MOVIE MATINEE	10:30 AM Buildings & Gmds	9:00 AM Architectural	11:30 AM Men's Club			
	ļ					
		GARBAGE				
 10	II	12	13	14	15	16
Daylight Savings Time begins	9:00 AM Bd of Trustees	10:00 AM Women's	10:00 AM Community	9:30 AM Travel		
		Club Exec Bd	Awareness			



March 2024

Monthly Planner



The office maintains a list of contractors that have been recommended by residents for various types of work. Your comments and recommendations are helpful for future use by other residents. The Association accepts no responsibility for contractors hired.

SUNSHINE COMMITTEE: To report a DEATH call Rose Szpara – 732-920-7898 or to report an ILLNESS/HOSPITALIZATION call: Joyce Speziale – 732-701-3260. Please do not call the office.

required prior to using service. To schedule

come, first served basis. A brief registration is

transportation Mon-Fri, 8 am-3 pm. Rides are first

BRICK SENIOR SHUTTLE: Provides no cost

transportation call: 732-920-8686 between 9am &

H am.

LIONS HEAD SOUTH ASSOCIATION, INC.

MEETINGS SCHEDULE FOR 2024 – APPROVED OCTOBER 23, 2023

<u>Jan</u> 3	nuary 9:00 AM	Ratify December Straw Poll of Officers for 2024 and Standing Committee Chairpersons and Members
8 TD 22	9:00 AM B 9:00 AM	Board of Trustees Meeting Activities Coordinating Council Meeting Board of Trustees Meeting - Standing Committee Reports
12 12	9:00 AM 7:00 PM 9:00 AM	Board of Trustees Meeting Residents Association Meeting Board of Trustees Meeting - Standing Committee Reports
TBI	9:00 AM	Board of Trustees Meeting Activities Coordinating Council Meeting Board of Trustees Meeting - Standing Committee Reports
	9:00 AM 7:00 PM 9:00 AM 7:00 PM	Board of Trustees Meeting Residents Association Meeting Board of Trustees Meeting - Standing Committee Reports Meeting with New Members – Since October 2023
<u>Ma</u> 6 TBI 20	9:00 AM	Board of Trustees Meeting Activities Coordinating Council Meeting Board of Trustees Meeting - Standing Committee Reports
<u>Jun</u> 10 10 24	9:00 AM 7:00 PM 9:00 AM	Board of Trustees Meeting Residents Association Meeting Board of Trustees Meeting - Standing Committee Reports

LIONS HEAD SOUTH ASSOCIATION, INC.

MEETINGS SCHEDULE FOR 2024 – Approved OCTOBER 23, 2023

- 1		I١	1
J	u	ш	V

8 9:00 AM Board of Trustees Meeting

Activities Coordinating Council Meeting TBD

9:00 AM Board of Trustees Meeting - Standing Committee Reports 22

August

12 9:00 AM Board of Trustees Meeting

12 7:00 PM Residents Association Meeting

26 9:00 AM Board of Trustees Meeting - Standing Committee Reports

September

Board of Trustees Meeting 9:00 AM

Activities Coordinating Council Meeting TBD

Board of Trustees Meeting - Standing Committee Reports 23 9:00 AM

October

9:00 AM **Board of Trustees Meeting**

Residents Association Meeting - Trustee Candidates' Night 7 7:00 PM Board of Trustees Meeting - Standing Committee Reports 21 9:00 AM

Meeting with New Members (since April 2024) 21 7:00 PM

November

Board of Trustees – Finance Approval of 2025 Budget 9:00 AM

11 9:00 AM Board of Trustees Meeting

Activities Coordinating Council Meeting – Residents Meeting TBD 18 9:00 AM Board of Trustees Meeting - Standing Committee Reports

December

2 9:00 AM **Board of Trustees Meeting**

Residents Association Meeting – 2025 Budget Presentation 2 7:00 PM

3 9:00 AM Straw Poll of 2024 Trustees for 2025 LHSA Trustees, LHCC Directors

& Committee Chairpersons

16 9: 00 AM Board of Trustees Meeting - Standing Committee Reports

Approved – October 23, 2023

THE RECIPE BOX

Sue Auer

NEIGHBORS - our community is made up of many different & wonderful ONES! Some have left us, some are with us! Some live down the street, some live on another street, some live next door, some are NEW! AND some NEIGHBORS are SNOWBIRDS! It's SPRING/MARCH 2024. It's time to celebrate and connect with our neighbors and build a strong NEIGHBORHOOD!

Below are recipes sent to me from our awesome neighbors!

A neighbor we miss so MUCH!

In MEMORY of Mary Ann Yodice simply a beautiful woman who will always be remembered for her BIG heart, her willing need to do for anyone, her great crocheting andan EXCELLENT recipe for "SPINACH **QUICHE"!**

Ingredients:

1 deep dish crust

2 pkgs chopped spinach ***VERY IMPORTANT... DRAIN OUT ALL THE WATER & DRY COMPLETELY

1 8 oz mozzarella cheese

1 small ricotta

Sprinkle of: onion & garlic powder, black pepper Directions:

- 1. In a medium/large bowl > mix mozzarella, ricotta & spices.
- 2. Add dry spinach & continue to mix until all blended.
- 3. Place in pie crust
- 4. Bake at 350° for 40-45 mins.

**Barb Chidwick offered Maryann's recipe, A KEEP-ER in her recipe box!

The very HELPFUL Neighbor ... Lucky to have a next-door neighbor who helps you maintain a home when (you have NO idea HOW to do it)????? A BIG thank you BUTCH WOOD for always helping! SO, this one is for you!

30 MINUTE SHEPHERD'S PIE

Ingredients:

- 2 lbs. potatoes peeled & cubed russet suggested
- 2 tbsp. sour cream or softened cream cheese
- 1 large egg yolk
- 1/2 cup cream, (for a lighter version sub with vegetable or chicken broth)

Salt & ground black pepper

- 1 tbsp extra-virgin OO, 1 turn of the pan
- 1 3/4 lbs. ground beef or lamb
- 1 carrot chopped
- 2 tbsp. butter
- 2 tbsp. all-purpose flour

1 cup beef stock or broth

2 tsp. Worcestershire

1/2 cup frozen peas

1 tsp. sweet paprika

2 tbsp. chopped fresh parsley

Directions: PREHEAT BROILER after step 3.

- 1. Boil potatoes in salted water. Drain & pour in a bowl. Combine sour cream, egg yolk & cream. ADD to potatoes & mash until almost smooth.
- 2. While potatoes are boiling, preheat large skillet over med. high heat. Add oil to hot pan with beef or lamb. Season with S & P. Brown & crumble for 3-4 mins. If it appears fatty, spoon away some of the drippings. ADD carrots & onion, to meat, cook for 5 mins. stirring frequently.
- 3. In a small skillet, cook butter & flour together, whisk in Worcestershire sauce. Thicken gravy & add to meat mixture. Fold in peas.
- 4. Place meat mixture in a casserole & spoon potatoes over the top evenly. Sprinkle paprika & broil 6-8 mins. Top with parsely & serve!

**recipe Given by Sandy Wood

A favorite to celebrate St. Paddy's Day!

The SNOWBIRD NEIGHBOR....we can't THANK this kind of neighbor enough for being an all-around neighbor and never forgets those up north.

EASY ZEPPOLE!

Ingredients:

2 large eggs

1 cup all-purpose flour

1 1/2 tsp white granulated sugar

1 cup ricotta cheese

Directions:

- 1. In a large bowl, beat eggs until foamy.
- 2. Stir in flour, add sugar & combine. DO NOT OVER MIX!
 - 3. Fold in ricotta cheese.
- 4. In a large skillet, heat 2" of oil (peanut, vegetable, canola or corn) to 375°.
- 5. Spray small cookie scoop with non stick spray, careful drop batter scoop by scoop into hot oil (a few at a time).
- 6. Cook for 3-4 minutes turning, then scoop out with strainer utensil & drain.
- 7. Dust with powdered sugar (10X). SERVE

**sent North by text

PLEASE SEND RECIPES TO: sauer1948@hotmail. com. Thank You.

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Catholic Charities Diocese of Trenton - Community Services

The FIXIT Program performs minor home repairs and seasonal chores for seniors aged 60 or older in Ocean County. Provides minor carpentry, plumbing and electrical repairs for seniors and/or their caregivers. As well as specializing in safety rail/grab bar installations. Clients are responsible for the cost of the materials, but the repairs/installations are done for free.

Services are available to any senior, ages 60 or older, and/or their caregivers. The agency prioritizes the work based on those most in need.

Clients are responsible for the cost of materials, but there is no charge for the labor of our volunteers. If so inclined, the clients are encouraged to donate to the program to support our efforts in providing this service to the community.

TYPES OF PROJECTS FIX IT VOLUNTEERS TAKE ON

- Install grab bars and safety handrails.
- Repair minor electrical problems (such as faulty light switches)
- > Do minor carpentry repairs.
- Do minor plumbing (such as leaky faucets and running toilets)
- Change storm windows and doors.
- Weather stripping and caulking
- > Replace batteries in smoke detectors and carbon monoxide detectors.
- Change light bulbs.
- > Change furnace filters and air conditioner filters.
- > Install curtain and drapery hardware.
- > Fix small appliances.
- Perform seasonal outside jobs (based upon volunteer availability)

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Grossword Puzzle Answers

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8	6	1	3	7	9	4	5	2
9	2	4	6	1	5	7	3	8
5	7	3	8	2	4	6	1	9





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As we approach another winter season, we again find it necessary to clarify who qualifies for the Priority Snow Removal list for 2023-2024 winter season. A new request is required every season.

For those who qualify, please submit your request to assure that you will be placed on the priority list. To qualify, a resident must require regular life-sustaining medical treatment, such as chemotherapy, radiation or dialysis in or outside the home.

A "heart condition" does not qualify. Your request must be accompanied by a **physician script/note** which specifies that life-sustaining treatment for any of the conditions outlined above is necessary. Hand written notes are unacceptable. All information will be kept by the administrator and will be confidential.

For convenience purposes, your doctor may fax this information to our office. Our fax number is 732-920-2650. Please be assured this information will be kept strictly confidential. Placement on the Priority Snow List cannot be accomplished until we receive the necessary documentation from your physician.

Your need to go to work does not qualify for priority snow removal. For this purpose, we suggest you make advance arrangements with a private contractor for snow removal. The township will cooperate by plowing our roads so that our contractor can begin work. Of course, the town will continue to respond to any serious problems during storms.

ALWAYS CALL 911 FOR ANY MEDICAL EMERGENCY

Please be sure to keep on hand extra supplies of medications and food so that you do not need to leave the house during or immediately after a snowstorm. The weather predications generally provide ample warning time for making preparations.

For convenience purposes, your doctor may fax this information to our office. Our fax number is 732-920-2650. Please be assured this information will be kept strictly confidential. Placement on the Priority Snow List cannot be accomplished until we receive the necessary documentation from your physician.

Please respond as soon as possible as the winter season will be here soon.



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