

LIONS PRIDE

A PUBLICATION OF LIONS HEAD SOUTH ASSOCIATION, BRICK NJ



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Photo by Pat Petillo-Whyte

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EDITORIAL

Susan Mills

It is the first Sunday of April, Palm Sunday, as I sit alone writing this message. I am wondering what life in LHS will be like when you are reading this editorial. My prayer is that “social distancing” will be a memory, not still a reality. I hope that those among us who have gotten sick are well on their way to recovery.

Mother’s Day and Memorial Day are just weeks away. I hope that Mothers will be able to celebrate their special day with their children and grandchildren. Memorial Day reminds us to remember all of our military who have sacrificed their lives for the freedom we enjoy. Let us also remember those who sacrificed their lives to save those suffering with the Coronavirus.



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PRESIDENT'S MESSAGE

Bob Pedersen

Well, March is here and the weather has been unexpectedly nice. We dodged a bullet with snow falls and I only received a couple of complaints this year. (Mostly from those who bought shovels and snow blowers and didn't get to use them.) Kidding aside, it has been quiet and thankfully no major incidents.

There has been a rash of alarms in the clubhouse. Most have been because of faulty sensors or battery issues. However, some people have been activating the alarms in the bathrooms, either on purpose or by accident. Please be aware that those alarms are tied into the Tyco security system and when activated the police are called to respond to an emergency. This takes them away from actual police work and also makes them think twice before responding if there were a real emergency. Please be careful with those alarm cords in the bathroom stalls.

The golf course has opened already and Jim Mort has done and is doing the best he can to keep the maintenance company, Bright View, on their toes. For those of you

that golf, make sure you sign up for the season. For those of you who aren't sure if you golf or not, ask Jim if you can at least try. You never know until you try. The golf course is a major amenity and the more members we can get, the less the cost to the association. Besides, think of the health benefits. Walking, fresh air, the great outdoors, and of course the challenges of searching out golf balls. Great fun!!

As Spring advances on us, get out, check on neighbors that have been shut in for the winter. Join in activities around the community. Say hello to the friends you didn't know you have.

Finally, I want to thank the office staff for the job they are doing. It seems we have found a working group that get along and get the job done efficiently. Stop in and say hello. Get to know them as, hopefully, they will be here working for you for a long time.

Editor's Note: The Golf Course is currently closed.



*Let's All
Stay Safe
And Healthy.*

Attention Residents An Important Message From Your Publisher

SPC, the publisher of your news magazine, is trying to help everyone through this difficult time. With everyone trying to stay home and practicing social distancing, it's harder to find the goods and services we need.

To help you, SPC has compiled a free listing of local businesses who are open and providing services. Simply go to our website and click the button that says:

"View the Local Business Listing"

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LIONS HEAD SOUTH ASSOCIATION, INC.

**Income & Expense Statement
to Date as of 02/29/20**

Income:

401.0 Maintenance Fees	\$	214,445.09
401.5 Rental Income	\$	-
402.0 Maintenance Late Fees	\$	630.00
403.0 Rental Security Deposits	\$	0.08
406.0 Interest Operations	\$	384.20
408.0 Miscellaneous	\$	460.00
410.0 Participation Fees	\$	6,600.00
450.0 LHCC Revenues	\$	21,578.20
Total Income:	\$	244,097.57

LHCC Sales Tax:

209.0 LHCC Sales Tax	\$	1,252.79
Total Sales Tax:	\$	1,252.79

Expenses:

500.0 Administration	\$	72,949.15
520.0 Residences	\$	112.80
540.0 Common Facilities	\$	30,774.55
Total Expenses:	\$	103,836.50

Total Income Over Expenses: \$ 140,261.07

Balance at Month End: \$ 140,261.07

LIONS HEAD SOUTH

New Residents - 2020

Guenther, Barbara.....1 Marta Ct.
Lease: Weimer Estate
Tietz, Timothy & Karen.....70 Lauren Ln.
Lease: Schaly
Green Meadow, LLC, Robt. &
Denna Pirilli.....85 Meadowbrook Rd.
R/S Gannon Estate
Inneo, Stephen & Joyce.....76 Yorkwood Dr.
R/S Bohn Estate
Solan, Michael & Lori.....80 Lions Head Blvd.
R/S Harrison
Hickie, Carolyn.....6 Garland Dr.
R/S Downey

Deletions - 2020

Weimer Estate.....1 Marta Ct.
Lease: Guenther
Schaly, David & Maria.....70 Lauren Ln.
Lease: Tietz
Gannon Estate.....85 Meadowbrook Rd.
R/S Green Meadow, LLC
Bohn Estate.....76 Yorkwood Dr.
R/S Inneo
Harrison, Albert & Joan.....80 Lions Head Blvd.
R/S Solan
Downey Estate.....6 Garland Dr.
R/S Hickie

Deceased Residents - 2020

Placko, John.....11 Abbey Rd.
3/11/2020
DeSimone, Susan.....109 Meadowbrook Rd.
3/22/2020
Simone, Evelyn.....97 Yorkwood Dr.
4/1/2020
Bianco, John.....95 Yorkwood Dr.
4/2/2020
Williams, Lynne.....9 Floral Dr.
4/3/2020
Constantino, John.....91 Lions Head Blvd.
4/10/2020

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BOWLING

Peter Brennan

The bowling league season was cut short by the Corona virus after the 2nd week. The usual bowling dinner after the season has also been cancelled.

The standings at the end of the 2nd week will be the final standings. The team called "Alley Cats" led by Dennis Grasso finished in first place.

Second place team is "Phil's Pals" led by Phil DeCarlo.

Third place was the team called "Pick Me Up" led by Tino Yodice.

Fourth place team is the "X Factor" led by Carl Thul.

Fifth place is "All In" whose captain was Mike Cimato until he had to drop out.

Sixth place is "Cookies Too" led by Peter Manco.

Seventh place is "Four Bs" led by Brain Halm

Eighth place is "Wayne's World" led by Wayne Parker.

Last place was held down by the "Smuckers" led by Jerry Cirranello.

High games for the men were - Dennis Grasso 278, Tino Yodice 268, Carl Thul 256.

High game for the women were - Deb Tristam 255, Cherie Parker 210, Janet Bazaz 179.

High average for the men were - Dennis Grasso with a 212, Peter Brennan with 190, and Tino Yodice with a 189,

High average for the ladies were - Deb Tristam with 174, Janet Bazaz with a 138 and Sandra DeCarlo with a 128.

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from your



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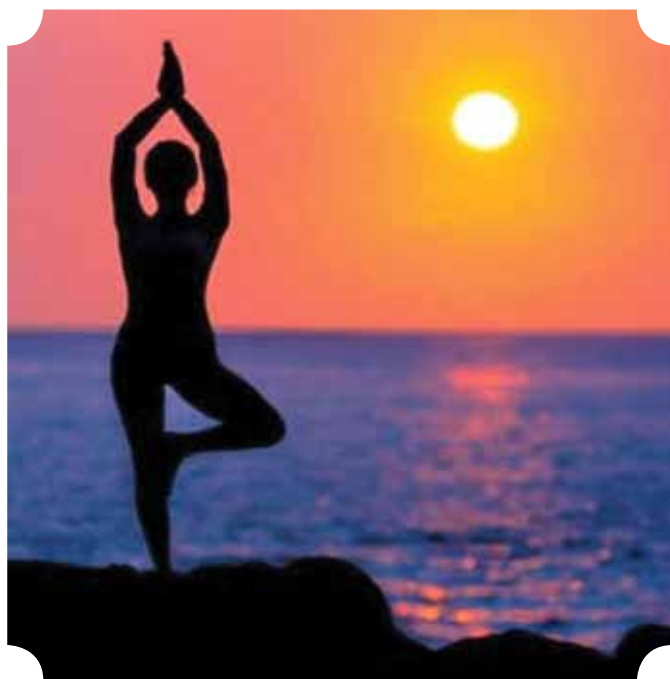
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April and May
members of the
Architectural Committee
will be conducting
walk-through inspections
of the community to
insure compliance with the
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CLUBHOUSE COMMITTEE
Rose Saputo

Prayers and condolences to all the families and friends of those who had lost loved ones during these trying times.

By the time this is being read, hopefully the dreaded COVID-19 is finally on its downward slope and we are beginning/trying to return to some type of “normalcy”. We do need to remain vigilant, still be careful, keep the faith and never lose hope that this soon shall pass. Patience is truly a virtue and much needed now and going forward.

I feel that tranquility and guidance is added to our daily lives through praying, which is especially needed for the difficult journey that still remains ahead of us. Please be kind and considerate to one another, for we know that we are all in this TOGETHER..... May God bless each and every one of us living in His whole wide world.

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THE GARDEN CLUB

Carmela Ferraro

As I'm writing this, we are all housebound because of the Coronavirus. I hope by now the worst is over and we have all come through unscathed. There was no meeting in April, however, by May some of the topics to be finalized include Watering Schedule, Assignments for gardens, new plantings and our Spring luncheon.

Our membership has increased from 15 in 2019 to 18. We are happy to welcome Ingrid Holz, Carol Farley and returning member Pat Ludwig.

If you prepared your garden in the fall, you have only to do some rough cleaning up to begin planting. But before you begin, be aware that the last frost date in Ocean County can be from May 15 to May 30. Planting before the last frost may result in dead or damaged plants.

SOME HINTS FOR SPRING

- Some plants needing pruning after blooming include Forsythia, Weigela, Lilac and Spirea
- Remove seed heads from Rhododendrons and Azaleas
- Watch roses. Spray for aphids, black spot and other pests
- Eliminate weeds before they go to seed. Preen is a good choice
- Most plants will benefit from a spring fertilizing of 10,10,10
- Remember to use plants that attract humming birds, butterflies and beetles
- Free mulch is available at the Ocean County Recycling Center. Bring your own containers

Be aware that May and June are the greatest season for tick bites. Ticks prefer cool moist woodlands, but they can also be found in lawns bordering woods. Ocean County has 3 common types of ticks.

Lyme disease is spread by the black legged tick (deer tick) which is active as long as temperatures are above freezing. Ticks need to be attached for at least 36 hours

before they can transmit Lyme Disease. In New Jersey one out of every four or five ticks is infected. Symptoms include bulls-eye rash, tiredness, fever or chills, headache, stiff neck, muscle aches, joint pain and dizziness. After being bit, check your health closely for a month and call your doctor if you have any early signs of disease.

To avoid ticks, apply insect repellent containing DEET, wear long pants and long sleeves, After being outdoors, check yourself and your clothes carefully. If attached, remove ticks as soon as possible. Use tweezers and grab the tick close to the skin. Pull straight up. Wash the skin with soap and water.

If your daffodils and tulips did not perform well this year. Check the following:

- Maybe you planted too early or to late for spring blooming
- Perhaps you didn't plant deep enough. Should be planted 2-3 times their height in the soil
- If leaves are small. they may need dividing
- If bulbs don't sprout, squirrels or voles may be the reason.
- Unseasonable freeze-thaw cycles also hinder bulb performance. Not much we can do about Mother Nature
- Leave the plants alone till the leaves are wilted to give it a chance to store energy for next year's bloom

Our articles deal mostly with flowers, but container gardening of vegetables can be very satisfying. Seed companies now offer dwarf varieties adapted for limited space. Make your selection carefully being sure to pick ones that are suited to container planting. Select an adequate container which has drainage holes in the bottom. Stones or crushed plastic can be added to the bottom to assist drainage. Use good potting soil and fertilize according to your selection. Some vegetables adapted to container planting include: bush beans, carrots, cucumbers, lettuce, peppers, bush squash, Swiss chard and dwarf tomatoes. Be sure to be careful of under or over watering. Why not give it a try?

Our meetings are held the second Wednesday of each month at 10:30 AM in the Lion's Den. We look forward to seeing you there.





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MEN'S CLUB

Tony Bozzetti

I hope this article finds all our members and residents practicing social distancing and other steps to help defeat the Coronavirus. Obviously, our monthly Men's Club meetings and Executive Board meetings have been postponed until further notice.

The Men's Club has many events scheduled for 2020; unfortunately, some of these will have to be either re-scheduled or canceled. For those of you who purchased tickets for the April 3 Bingo and Pasta Dinner, refunds will be available once the Main Clubhouse re-opens. Stay safe and reach out by phone, text or e-mail to stay in touch with other members.

RECREATION

Vito LaFerrera

As chairperson of the Recreation Committee, I would like to inform all residents of the current situation regarding our recreational facilities here at Lions Head South.

You will notice that our pool management company has uncovered our pool. They will continue to fulfill their contract and prepare the pool for use should we be able to open this summer.

Presently, ALL RECREATION FACILITIES ARE CLOSED. That includes the bocce courts, outdoor shuffleboard, the tennis courts and the fitness center. I know this is a great inconvenience to us all. Our present situation, however, has taken us well beyond convenience. The safety and welfare of our residents is our paramount concern.

During this difficult time, I cannot stress enough the importance of exercise. Studies prove that regular exercise has great psychological, as well as physical, benefits. As a suggestion, there are many programs online that you can follow. Yoga, tai chi, and beginner level exercise routines can all be helpful. Try to establish a daily routine of both mental and physical activity. Even dancing to music in your own home is a safe and effective way to raise your spirits, as well as going outside and talking a walk.

You can add to your health and well-being by keeping your mind and body active, and above all, stay safe.



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SOCIAL

Debbie Holzherr

Due to present circumstances we will be rescheduling our May 8 event featuring the popular group "Lets B Frank". We are hoping to do so for early fall. We still plan to have the following events but of course we will need to firm up at a later date.

Saturday, July 18 we have FGB. Frank, Glen and Bobby. Three original members of the "1910 Fruitgum Company" who had FIVE top ten hits in the 1960s. They will perform those hits along with favorites of the 60's era.

Saturday, October 17 we will have our 2nd annual Oktoberfest with a full buffet of German fare, featuring Wild Rose as our entertainment.

And...we will end the year with DJ LOUIE for our New Year's Bash. Once the clubhouse reopens you can check our bulletin board for updates or refer to the LHS Website.



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LIONS HEAD SOUTH ADMINISTRATIVE OFFICE NATURE/PET WATCH

Just a friendly reminder to all pet owners. Please be mindful of your neighbors and be sure to pick-up after your pets. Please refer to the Lions Head South Association, Inc. By-Laws, Page 27, Section 21. "All pet owners shall be responsible for curbing their pets and using a pooper scooper. Pets shall remain on a leash no longer than six (6) feet in length at all times."

REMINDER:

**ALL DOGS
MUST BE
ON A LEASH**



LIONS HEAD SOUTH ASSOCIATION

2020 CALENDAR OF SCHEDULED POOL EVENTS

**POOL OPENS ON SATURDAY MAY 23rd
AND CLOSES ON SUNDAY, SEPTEMBER 13Th
THE POOL AREA WILL BE ACCESSIBLE
UNTIL SEPTEMBER 27, 2020**

POOL HOURS

Adults – 10am to 9pm daily

**Children age 3-16 – 10am to 1PM and 5pm to 7PM
Sunday through Friday**

Children 3-16 – 10AM to 7PM Saturdays

ALL CHILDREN MUST BE TOILET TRAINED

SEASON OPENING EVENT

**Saturday, May 23rd from 12:00 Noon to 3:00PM
Residents and their guests are invited
Regular Pool Hours Apply**

-
1. NO LIFEGUARD ON DUTY. Swim at your own risk.
 2. THUNDER AND LIGHTNING: When thunder occurs, all individuals must leave the pool area. The pool area will be reopened when conditions permit.
 3. Pool furniture must be kept at least six (6) feet from the coping of the pool. FOR SAFETY REASONS. Place a covering on the chairs and chaise lounges to protect them.
 4. Restrooms shall not be used as changing rooms. Dripping bathing suits and bare feet are not allowed in the clubhouse and restroom.
 5. At all times members/residents and/or guests over 16 must display numbered plastic badges for admission to the pool area.
 6. Children under 16 must be accompanied and supervised by a responsible adult and must be signed in. No child age 3-16 will be allowed in the pool between 1pm and 5pm except on Saturdays, when they are allowed in the pool from 10am -7pm. Children under the age of 3 are permitted in the pool area but are not allowed in the pool during children's pool hours.
 7. Bathers must wear suitable bathing suits or swim wear. Cut-off pants or jeans are not permitted in the pool.
 8. Flotation objects, such as inflatable tubes, kickboards, and flippers, are not permitted in the pool. Styrofoam belts and arm "swimmies" will be permitted in the pool if an adult is in the pool with the child.
 9. Diving is not permitted. Jumping into the pool is permitted when standing on the edge. Lap lanes must be kept open for lap swimmers.
- Bathers shall not sit on the stairs or ladders of the pool, FOR SAFETY REASONS.
10. Snacks, plastic bottles and cans are permitted inside the pool area and must be consumed at a table. NO GLASS IS ALLOWED. NO ALCOHOL BEVERAGES ARE ALLOWED. Picnic tables are available outside the pool area for those having sandwiches, subs, pizza, etc. A charcoal grill, has been installed for your use outside the pool area. A fire shovel and ash can are also provided. Please clean up after use! Garbage and recyclables must be disposed of in the receptacles that are provided outside of the pool entrance.
 11. No sports, including ball playing or horseplay, will be permitted in the pool area. Children may have dive toys in the shallow end of the pool. Running is not permitted in the pool area. Excessively loud music is not permitted.
 12. Pets are not permitted in the pool area.
 13. Please use the designated smoking area at the end of the sidewalk in the parking area. Smoking is not permitted near the pool area or in any other sports area.
 14. Chairs, tables and lounges are available to residents on first come basis. **THEY MAY NOT BE RESERVED.** Please bring chairs for your guests.
 15. Our pool maintenance company is Pool Operation Management.

MAY 2020 CALENDAR EACH WEEK DAY OF THE MONTH AS LISTED

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				9:00 Bowling
		9:30-11:30 Acrylic Paint Class	10:00 ZUMBA for Seniors	10:00 Ceramics
9:30-11:00 TRAVEL SIGNUPS	9:30-11:30 Watercolor class	1 & 7 cards/mah jongg		
11:00 Chair/Mat Yoga	1:00 Crochet,Knitting & Needlework		1 & 7 cards/mah jongg	1:00 Crochet, Knitting & Needlework
1:00 mah jongg	1:00 cards/mah jongg		4:30 Free Yoga	
		7:00 Rummy Cube		
	GARBAGE	RECYCLE 5/13 & 28		

LAWN COMPLAINTS: Call TURFMASTERS

AT: 732-349-0444 Leave a MSG on the machine.

SPRINKLER COMPLAINTS: Fill form out

located in C/H and place in complaint box.

Problems will be investigated within 24-48 hours.

Federal Irrigation: 732-349-9905. After hour

emergencies ONLY: Tom Behrens: 609-276-4666

PHOTOCOPIER: FOR RESIDENT USE IN THE

BILLIARD ROOM. The machine is available

ACC RESIDENT'S MEETING- May 4th at

7 PM. Refreshments provided.

ADMINISTRATION ACTIVITY OFFICE:


Hours: 8:00 – 1:30 p.m.

Activities Phone: 732-920-6955

Administration Office Phone: 732-920-9099

VAN SCHEDULE: The van will transport

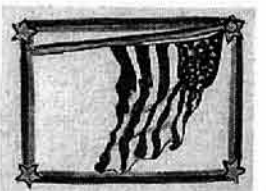
residents to and from their homes throughout

17	18	19	20	21	22	23		
9:00 AM Bd of Trustees-Std Comm 11:00 AM Nominating 7:00 PM Evening Book Disc	9:30 AM Clubhouse 11:00 AM Welcoming 11:00 AM Emerg Mgmt GARBAGE	12:00 PM LHS Woman's Club	10:30AM Garden Club 12:00 PM Tee-Off Luncheon RECYCLE	11:30 AM By-Laws 12:30 PM LHS WC Exec Bd	10:00 AM Lions Pride Review			
24	25	26	27	28	29	30		
MEMORIAL DAY OFFICE CLOSED	 MEMORIAL DAY OFFICE CLOSED		9:00 AM Men's Club Exec Bd 2:00 PM Book Discussion GARBAGE	12:00 PM Golf Outing & Luncheon RECYCLE				
31								



May 2020

Monthly Planner



Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Apr 2020

S	M	T	W	T	F	S
	1	2	3	4		
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

Jun 2020

S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

3	4	5	6	7	8	9
	9:00 AM Bd of Trustees 7:00 PM ACC Resident's Mtg	9:00 AM Architectural 10:00 AM Buildings & Grnds	11:00 AM WGA Mtg-CC 11:30 AM Men's Club 1:00 PM Community Awareness 6:00 PM Social	11:00 AM Website		
10	11	12	13	14	15	16
Mother's Day		11:00 AM Library 7:00 PM Recreation	10:00 AM Security 10:00 AM Finance & Ins	9:30 AM Regular Travel 10:15 AM Camb		
		GARBAGE				

anytime to use. Copies are five cents each. Please be sure to have EXACT change.

The office maintains a list of contractors that have been recommended by residents for various types of work. Your comments and recommendations are helpful for future use by other residents. The Association accepts no responsibility for contractors hired.

SUNSHINE COMMITTEE: To report a DEATH call Joyce Speziale-732-701-3260 or to report an ILLNESS/HOSPITALIZATION call: Rose Szpara - 732-920-7898. Please do not call the office.

TRAVEL COMMITTEE: Hours: Monday 9:30 - 11:00 a.m. Travel phone: 732-920-6455 Monday only.

BRICK SENIOR SHUTTLE: Provides no cost transportation Mon-Fri, 8 am-3 pm. Rides are first come, first served basis. Advance 2 week reservation required. A brief registration is required prior to using service. To schedule transportation call: 732-920-8686

the year. You may come to the clubhouse for pickup if you wish. Call 732-920-6955 by 12 NOON on the day BEFORE the scheduled van to reserve a seat on the van. Reservations will not be accepted after that time as outlined in the current Van Policy. At least three riders are necessary for the van to travel. The van schedule for May is as follows: Ocean Mall- Tues. the 5th – Monmouth-Thurs. the 7th - Brick Plaza – Thurs. the 14th & 28th . JERSEY SHORE OUTLETS: Tues. the 19th . Friday the van will go to Brick Plaza and Shop-Rite Plaza. The Friday van service is a first come, first serve basis with a limit of 10 passengers being accommodated. Ridership in the additional vehicle is at the discretion of the van company.

The van leaves the clubhouse as follows:

(Pickups begin prior to this time)

- Tues. 9:45 Ocean County Mall
- Thurs. 9:05 Monmouth & Freehold Malls
- Thurs. 9:30 Brick Plaza
- Friday 9:05 Brick Plaza & Shop-Rite Plaza
- Tues. 9:15 Jersey Shore Outlets



LAWN MAINTENANCE SCHEDULE ~ 2020

LION'S HEAD SOUTH ASSOCIATION

MARCH

Fertilize w/ crabgrass pre-emergent
Dimension 18-0-10 w/ 1.5%
Will not be responsible for stress lawns

APRIL

April 13 Lawn Cutting, Edging
April 16 SPRING CLEAN UP

MAY

May 4 Lawn Cutting, Edging
May 14 Lawn Cutting
May 25 Lawn Cutting
May ~ Fertilize w/ dimension 1.5%
18-0-10 Will not be responsible for
for stress lawns
Broad leaf weed control (Speedzone)
Do Not Water. Wait 1 day after application

JUNE

June 4 Lawn Cutting, Edging
June 15 Lawn Cutting
June 25 Lawn Cutting
June ~ Post emergent app. Of Dimension
herbicide for crabgrass control.
Will not be responsible for stress lawns.

JULY

July 6 Lawn Cutting, Edging
July 16 Lawn Cutting
July 27 Lawn Cutting
July ~ Spot Spray Nutsedge
Do Not Water.
Wait 1 Day after Application

AUGUST

August 6 Lawn Cutting, Edging
August 17 Lawn Cutting
August 27 Lawn Cutting
August ~ Fertilize with Talstar
insecticide & grub control 24-0-5
Water After Application

SEPTEMBER

September 7 Lawn Cutting
September 24 Lawn Cutting
September ~ Broad leaf weed
control(Speedzone) **Do Not Water.**
Wait 1 Day after Application

OCTOBER

October 15 Lawn Cutting
Fertilize 30-0-10 50%
Water after Application

NOVEMBER

November 23 Lawn Cutting
November ~ Fall Cleanup & Lime Application

ALL DATES ARE TENTATIVE SUBJECT TO CHANGE-CURBLINE WEED SPRAYING WILL BE ONCE A MONTH AS NEEDED

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WEBSITE COMMITTEE

Peter Brennan

The Lions Head South website still continues to be the primary source of activity happenings at LHS. We strive to stay on top of changes, but can only do so much. When chairpersons alert the website with new events, we will post that information as soon as possible. Keep the website active with current info for our LHS residents' benefit.

Sudoku

	9		3		6		7	
5		3				6		2
	8	2		4		9	1	
8			2		7			4
		6		9		2		
2			4		1			9
	2	5		7		4	3	
7		1				5		8
	4		5		2		9	

Answers on page 24

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ads-1523

LIONS HEAD SOUTH ASSOCIATION, INC.

2020 PAINTING SCHEDULE - BY STREET
TOTAL # OF HOMES: 156

Abbey Road

Total # 25

1, 3, 4, 6, 8, 9, 10, 11, 12, 13, 14, 15, 16, 17, 18, 19, 20, 21, 22, 23, 24, 26, 28, 30, 32

Ashford Drive

Total # 20

2, 4, 6, 8, 10, 12, 14, 16, 18, 20, 22, 24, 26, 28, 30, 32, 34, 36, 38, 40

Carter Way

Total # 24

2, 4, 5, 6, 7, 8, 9, 10, 11, 12, 13, 14, 15, 16, 17, 19, 21, 23, 24, 25, 27, 29, 30, 31

Yorkwood Drive

Total # 87

1, 3, 5, 6, 7, 8, 9, 10, 11, 12, 13, 14, 15, 17, 19, 21, 22, 23, 25, 27, 28, 29, 30, 31, 32, 33, 34, 35, 36, 37, 39, 45, 47, 48, 49, 50, 51, 52, 53, 54, 55, 56, 57, 58, 59, 60, 61, 62, 63, 64, 65, 66, 67, 68, 70, 71, 72, 73, 74, 75, 76, 77, 78, 79, 80, 81, 82, 83, 85, 87, 88, 89, 90, 91, 92, 93, 94, 95, 96, 97, 98, 99, 100, 101, 102, 103, 104

This is the list of homes to be painted in 2020 beginning in April (weather permitting).

Each resident will be responsible for making sure his or her home will be painted to specific instructions and requirements.

It will be the responsibility of the homeowner to have someone present when exterior painting is done to their home. It would be the same as if you were having interior work done on the home. Someone should be there.

Please be aware of the fact before you sign the completed work form, you should inspect the entire exterior that was painted. All wood must be painted white. Once the homeowner has signed the completed form, the painter is not obligated to come back.

Thank you for your cooperation.

Bill Leck, Paint Committee

THINGS TO DO WHILE YOU'RE STUCK INSIDE

1. Go through your old photos and enjoy the memories.
2. Dust off that old musical instrument and practice.
3. Watch one of those really long movies that you never had time to see.
4. Write an actual letter to a favorite family member or friend.
5. Write poetry.
6. Sing as loud as you want to in the shower.
7. Treat yourself to a face mask.
8. Read that book that you've been putting off for so long.
9. Organize that closet or junk drawer.
10. Write a thank you note to your local hospital workers.
11. Knit or crochet or start a new craft project.
12. Color in a coloring book. Adults can color, too!
13. Make a list of what makes you grateful.
14. Buy gift cards from local businesses to help keep them afloat.
15. Dye your hair a different color. Now's the time when no one will see it if you don't like it!
16. Make virtual visits to museums and zoos online.
17. Cook or bake those recipes you've been wanting to try.
18. Dance like nobody is watching you, because nobody is!
19. Take deep breaths when you need to relieve stress and...
20. Catch up on all that sleep you couldn't catch up on before.

PEOPLE STAYED AT HOME

And people stayed at home
 And read books
 And listened
 And they rested
 And did exercises
 And made art and played
 And learned new ways of being
 And stopped and listened
 More deeply
 Someone meditated, someone prayed
 Someone met their shadow
 And people began to think differently
 And people healed.
 And in the absence of people who
 Lived in ignorant ways
 Dangerous, meaningless and heartless,
 The earth also began to heal
 And when the danger ended and
 People found themselves
 They grieved for the dead
 And made new choices
 And dreamed of new visions
 And created new ways of living
 And completely healed the earth
 Just as they were healed.

RECIPE BOX

Zucchini Pie

- 3 cups zucchini diced
- 1/2 cup onions chopped
- 1/2 cup oil
- 1/4 cup grated cheese
- 1 cup mozzarella cheese
- 3 eggs
- 1 tsp salt
- 1 tsp parsley
- 1 cup Bisquick
- 1 potato, cubed



Mix all ingredients together, save some Bisquick and sprinkle on top.

Bake 350 for 45 minutes to 1 hour.

Oven Baked French Toast

- 1 16 oz. loaf of cinnamon bread
- 5 eggs
- 2 1/2 cups milk
- 1 tsp. vanilla
- Dried cranberries (or raisins)



Slice the bread into 1 inch pieces. Lay them out in a 9"x13" shallow baking pan. Beat the rest of ingredients together. Pour over the bread. Refrigerate overnight. Bake at 350 for 50-60 minutes. Top with confectionary sugar.

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Sudoku Answers

1	9	4	3	2	6	8	7	5
5	7	3	1	8	9	6	4	2
6	8	2	7	4	5	9	1	3
8	3	9	2	5	7	1	6	4
4	1	6	8	9	3	2	5	7
2	5	7	4	6	1	3	8	9
9	2	5	6	7	8	4	3	1
7	6	1	9	3	4	5	2	8
3	4	8	5	1	2	7	9	6

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ad-5882

HOW LONG DO CORONAVIRUSES* LIVE ON SURFACES?

SURFACE	EXAMPLES	DAYS OR HOURS
Metal	Doorknobs, Jewelry, Silverware	5 Days
Glass	Drinking glasses, Mirrors, Windows	UP TO 5 Days
Ceramics	Dishes, Pottery, Mugs	5 Days
Paper	Newspaper, Magazines	UP TO 5 Days
Wood	Furniture, Decking	4 Days
Plastics	Milk bottles, Bus seats, Elevator buttons	2-3 Days
Stainless Steel	Refrigerators, Pots/pans, Sinks, Water bottles	2-3 Days
Cardboard	Shipping boxes	1 Day
Aluminum	Soda cans, Tinfoil, Water bottles	2-8 Hours
Copper	Pennies, Teakettles, Cookware	4 Hours
Food/Water	Doesn't seem to spread through food, and has not been found in water.	



WHAT YOU CAN DO: Disinfect all surfaces and objects in your home daily with a household cleaning spray or wipe. Wash hands for at least 20 seconds with soap and warm water, especially after visiting the supermarket or bringing in packages.

*Coronaviruses are a family of viruses that includes the SARS-CoV-2, the virus that causes COVID-19. This information is for your reference only and is changing constantly.

Sources: CDC, FDA. Medical Review: Brunilda Nazario, MD, 03/24/2020.



The LHS Men's Club Announces a Community-Wide

MEGA



Potential 1st Prize



Potential 2nd Prize

50/50

\$5.00 per Raffle Ticket

1st Prize 80% of Pot* - 2nd Prize 20% of Pot*

Possible \$2,000.00 Jackpot[†]

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*Pot is 50% of Total Sales

†Prize amounts will vary based on sales.

SHARE FACTS ABOUT COVID-19

Know the facts about coronavirus disease 2019 (COVID-19) and help stop the spread of rumors.

FACT
1

Diseases can make anyone sick regardless of their race or ethnicity.

Fear and anxiety about COVID-19 can cause people to avoid or reject others even though they are not at risk for spreading the virus.

FACT
2

For most people, the immediate risk of becoming seriously ill from the virus that causes COVID-19 is thought to be low.

Older adults and people of any age who have serious underlying medical conditions may be at higher risk for more serious complications from COVID-19.

FACT
3

Someone who has completed quarantine or has been released from isolation does not pose a risk of infection to other people.

For up-to-date information, visit CDC's coronavirus disease 2019 web page.

FACT
4

There are simple things you can do to help keep yourself and others healthy.

- Wash your hands often with soap and water for at least 20 seconds, especially after blowing your nose, coughing, or sneezing; going to the bathroom; and before eating or preparing food.
- Avoid touching your eyes, nose, and mouth with unwashed hands.
- Stay home when you are sick.
- Cover your cough or sneeze with a tissue, then throw the tissue in the trash.

FACT
5

You can help stop COVID-19 by knowing the signs and symptoms:

- Fever
- Cough
- Shortness of breath

Seek medical advice if you

- Develop symptoms

AND

- Have been in close contact with a person known to have COVID-19 or if you live in or have recently been in an area with ongoing spread of COVID-19.



CS 315446-A 03/16/2020

cdc.gov/COVID-19



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If you or a loved one are dealing with cancer, and would like to find out more about Mary's Place, please visit www.marysplacebythesea.org or contact us at 732-455-5344.

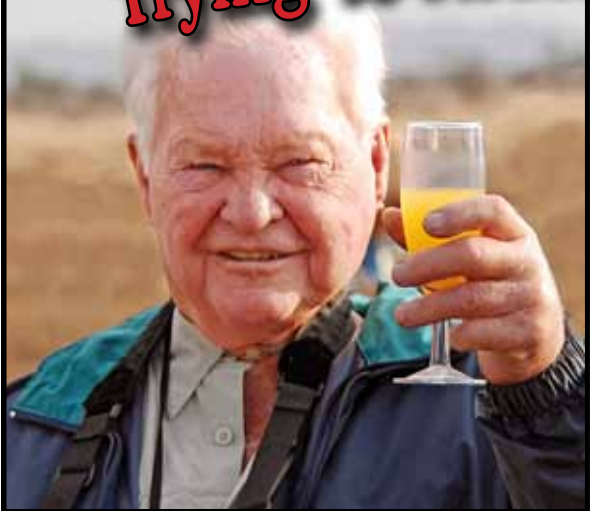
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Thinking about learning to play golf?

Normally, in May, the LHCC runs a free golf clinic for beginners which covers the basics - Equipment, Grip, Set-up, Etiquette, and Basic Rules. However, with the Coronavirus with us it may be some time before we can conduct this year's clinic. So we thought we would offer a few basic tips via the Pride to get you on your way. Here's the first two:

Correct Foot and Body alignment at set-up is called Parallel Left. Envision the foot and ball alignment as railroad tracks.

If you do, however, align your body towards the hole, it will also change the flight of the ball (see below).

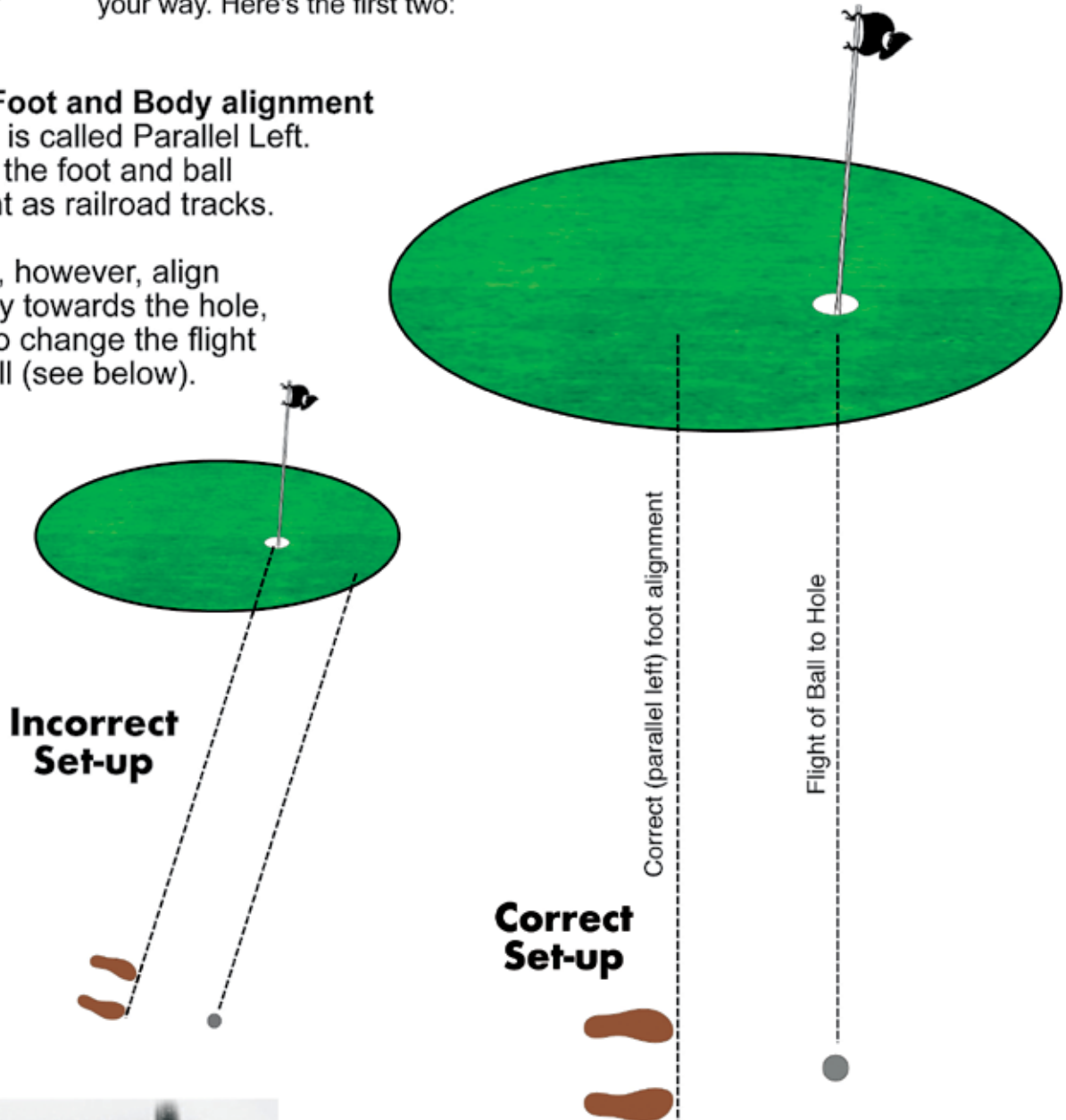


Illustration of the correct Interlocking Grip. This grip is essential and is used by 95% of all golfers, including the pros. We find many beginners have difficulty mastering this grip, but keep at it; after a while it becomes automatic. This grip is used for all golf shots except putting - which is another lesson.

KIRMS PHOTOGRAPHY Stay At Home Photography

With the recent virus pandemic, most of us are at home trying to keep ourselves busy and keep our sanity. Now is a good time to do some photography while practicing social distancing. It's spring and mother nature supplies us with a lot of material.

There is an abundance of flowering trees and flowers. Use a small aperture (F11 or higher) if you want most of the image in focus or a smaller aperture (F4 or less) if you want to blur the background to make a flower stand out like a portrait.

You can also try some still life photography around the house. Again use depth of field to control how much of the image is in focus. A tripod is handy for those close up shots. Don't forget the sunrise and sunset images as well.

That's it for this month. Send me an email at bill@kirmsphotography.com with any photographic questions. Visit my web site www.kirmsphotography.com if you'd like to see more of my images. Keep shooting and trying to improve your images, but always have fun with your camera.

