

LIONS PRIDE

A PUBLICATION OF LIONS HEAD SOUTH ASSOCIATION, BRICK NJ



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FEBRUARY 2022



“Winter Glow”
by Barbara Hurley, LHS Acrylics Class

The Lions Pride is published monthly, and is distributed gratis to homes in Lions Head South.

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EDITORIAL IN MEMORY

Carol Powell and Linda LaFerrera



In mid-December we lost the longtime editor of the Lions Pride, Sue Mills. Editing the Pride was only one aspect of this accomplished lady who touched so many lives here in Lions Head South.

Sue also chaired the Travel Committee. Frequent bus trips to Atlantic City were always well received, with the bus always booked to capacity. Occasional cruises or other single-day/multiple-day trips and adventures provided a perfect escape for us “retirees”. Not many realize the time and effort it takes to put these events together. Sue made it look easy.

Before retiring and moving to Lions Head South, Sue was an English teacher, a vocation that provided the perfect background for her responsibilities as the editor. She worked tirelessly to insure that every issue of the Pride was as accurate

as possible. She was relentless in encouraging all of us to submit anything for publication that might be interesting to our readers. There is, of course, an editorial review board and an assistant editor on the Pride staff, but Sue was the force that tied everything together and made sure that the publisher had everything that was needed on time, every month.

Much has already been written about the person who was Susan Mills. A close friend wrote a eulogy that brought tears to all who heard it. Sue was the mother of two sons, a wife, a teacher and even a former Catholic nun. She was a friend and a neighbor and an integral part of the Lions Head South Community. She will be deeply missed by all who knew Sue, worked with Sue, traveled with Sue. She will be especially missed in this community by those whose hearts she touched with her pragmatic intellect, her quick wit, her loving devotion and, always, her honesty. We will look up to the heavens in grateful friendship when we think of Sue. May her memory be a blessing to all of us.

PRESIDENT’S MESSAGE

Barbara Skelly

Well January has started out to be an interesting month!

Fortunately, a nasty winter storm decided to take more of a southerly path and Brick lucked out with less than an inch of snow. Although I think everyone was ready for the weather, we were all pleased that it missed us.

And then there is the on-going battle of COVID. This latest strain seems to have taken over the state. So many of our residents have been forced to quarantine because of how easily the virus has spread. It certainly put a quick halt to many holiday celebrations. Most of our key medical personnel have predicted that it would start to decline in mid-January and hopefully that is the case as you are reading this edition of the Pride.

Unfortunately, this also closed the clubhouse for a period of time. Hopefully this short closure period will be the only disruption, since we are all looking forward to a full year of activities.

The Board would like to thank all of the committee chairpersons and committees for their hard work in helping us to get back on track last year. It certainly was a year like no other and we appreciate all of the help that was given to

get some of the quarantine issues behind us. And we also appreciate and thank the people who have stepped forward this year, our 40th Anniversary.

Our Engineering Study has started and we are looking forward to seeing the recommendations. It is important for the community to understand what needs to be done in order to keep our facilities current. If you own a 40 year old house, updates are needed just to make certain that everything works. The same is true with our community. This will give us an action plan so we can spend our money wisely. More information will follow once this evaluation is completed.

Well, what’s ahead for this year? We are looking forward to our 40th Anniversary Party that will take place in June and, of course, a return to a full calendar of activities. But most of all, we are looking forward to a year of no new strains of COVID, the end of quarantining and, of course, no masks! Let’s see what the year brings!

Stay safe, stay healthy and stay happy. Things will get better - just wait. Have a good month.

LIONS HEAD SOUTH ASSOCIATION, INC.

**Income & Expense Statement
to Date as of 12/31/21**

Income:

401.0 Maintenance Fees	\$ 923,331.00
401.5 Rental Income	\$ -
402.0 Maintenance Late Fees	\$ 230.00
403.0 Rental Security Deposits	\$ 0.19
406.0 Interest Operations	\$ 75.59
408.0 Miscellaneous	\$ 719.95
410.0 Participation Fees	\$ 44,000.00
450.0 LHCC Revenues	\$ 60,991.14
Total Income:	\$1,029,347.87

LHCC Sales Tax:

209.0 LHCC Sales Tax	\$ 2,456.81
Total Sales Tax:	\$ 2,456.81

Expenses:

500.0 Administration	\$ 403,683.94
520.0 Residences	\$ 331,554.20
540.0 Common Facilities	\$ 328,634.86

Total Expenses: \$1,063,873.00

Total Income Over Expenses: \$ (34,525.13)

Balance at Month End: \$ (34,525.13)

LIONS HEAD SOUTH

New Residents - 2022

Abadillo, Oscar & Tannia.....108 Lions Head Blvd.
R/S Lease: Riley
Rott, Kenneth & Rosemary.....74 Yorkwood Dr.
R/S Gall Estate
Coles, Charles & Karen.....156 Lions Head Blvd.
R/S Russo

Deletions - 2022

Horan, Madeline (lease).....101 Lions Head Blvd.
New Lease: Abadillo
Gall Estate.....74 Yorkwood Dr.
R/S Rott
Russo, Philip & Carmela.....156 Lions Head Blvd.
R/S Coles

Deceased Residents - 2021

Arechiga, David.....92 Lauren Ln.
Mills, Susan.....68 Lauren Ln.
12/17/2021
Boharsky, Edward.....61 Yorkwood Dr.
11/23/2021
Scarola, William.....219 Lions Head Blvd.
12/29/2021

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BUILDING & GROUNDS

Tia Katakozinos

The Buildings and Grounds Committee wishes everyone a happy, healthy, and prosperous 2022.

During our winter season, please be advised to keep all cars off of the streets during snowstorms. The town plows the roads at 4 inches or more. TurfMasters provides snow clean up after the town is completed.

There is an increase in reports of residents not cleaning up after their dogs. This problem seems to be increasing in the past 2 months. We strongly urge all dog owners to be responsible and held accountable to clean up after their pets.

In an effort to keep our community safe, Buildings & Grounds would like to remind all residents and their guests that walking in the street is dangerous and not recommended.

BYLAWS COMMITTEE

Mary Ward

The purpose of the ByLaws Committee is to periodically review the ByLaws and recommend changes to the Board of Trustees for a vote by the members. We meet on the second Thursday of each month. This committee provides an excellent means of understanding how and why the community functions the way it does. Please consider joining us. All are welcome.

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CLUBHOUSE

Rose Saputo

HAPPY FEBRUARY, EVERYONE !!

Our clubhouse has been closed for the first two weeks of the New 2022 Year. While writing these words, no one can be certain as to when the “safety precautions” will be lifted and when our activities will resume.

As far as that “fluffy white stuff”... It finally arrived here and surprised us within the first few days of January. Don't know how much more will have fallen during the time this article goes to press (I am writing this on Tuesday, 1/4/22). I suspect we are long overdue (I hope I'm not being a jinx) for a large snowstorm. Wouldn't you agree that it has been rather quiet in the SNOW department (down here) for the past few years?

Please be aware of your surroundings, use the proper quality masks and stay vigilant. I am assuming that, if able, each one of you has been fully vaccinated and “boostered up”. Everyone matters, and so we should be considerate of others.

I sincerely pray that 2022 will be a much better one than the last, God willing. Embrace your sweetheart or the memory of your loved one (as I shall be doing). My John's first anniversary in Heaven is February 9th. He is in the most extraordinary place with his Lord, even though not a day goes by that I cherish the memories and moments we shared together. He is forever in my heart.

From your Clubhouse Committee, may God Bless and keep you and yours. May peace, love, faith, hope and charity abide in your hearts and guide your every footstep.

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LIONS HEAD COUNTRY CLUB

Jim Mort

With the advent of the new COVID variant and at best an unsettled future for large indoor events, LHCC and the WGA have decided to plan for the best and go for a full schedule for 2022. This will include Bingo, Magic/Comedy Show, full Annual Tournament to include a luncheon and Fun Day, as well as the WGA "Cancer Walk." We all want to return to a sense of "normal" and at this stage of the year we can plan for the best and adjust our schedule to reflect the reality of the future COVID situation. The combined LHCC and WGA Events Calendar can be viewed on our bulletin boards and/or the LHS Website.

The Annual Polar Bear Shoot-out was held on December 31st and as with last year's Shoot-out the weather was in the 50's. Once again, we had a good turnout, nice lunch and a good time was had by all. Appreciate the efforts of Ed Gregersen for setting up the teams and Pat Whyte for getting the pictures of the participants. The pictures from the Shoot-out can be viewed on the LHS Website.

Just a reminder to residents of LHS and LHN, you must be a member of the LHCC to play on the golf course. The only exceptions to this rule are new residents receive two free plays and all residents can buy one three play card per year. The three play card was set-up to provide residents the opportunity to play with the intent that they would become members. The advantage of using the three play card is that if you should decide to become a member in the same year you purchased a three play card, the cost of the three play card (\$40.00) would be deducted from the cost of your membership. Residents are not allowed to play on a ten play card. Residents can purchase a ten play card (\$120.00) for use of their guests only.

Registration for the LHCC 2022 Season started January 1st and continues through February 28th. The check and completed application can be mailed back in the envelope provided or you can drop it off at the LHCC clubhouse. The 2022 season officially begins on March 1st but depending on the weather, the course will be open in February daily from 11AM to Dusk.

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SOCIAL COMMITTEE

Roberta Marvel

Happy New Year to everyone in the LHS Community! I would like to take this opportunity to introduce myself. I am Roberta Marvel and I am the new chairperson of the LHS Social Committee. I'm also pleased to introduce Maureen Benesch as our co-chairperson. We would like to thank everyone who participated in the 2nd annual Christmas parade, which was a huge success. Everyone had so much fun sharing in the festivities and holiday wishes for all of our friends and neighbors.

In addition to past activities, we are looking forward to working together to plan and enhance future events. We are open to any resident's suggestions of what our community would find fun and enjoyable. We also would like to extend an open invitation to anyone in our community who would like to join in and be a part of our committee. Our goal is to offer new opportunities for all of our residents to socialize, make new friends, and enjoy having fun together in the community.

2021 was a challenging year for the Social Committee with the ongoing pandemic, and we were limited as to how many events we were able to offer. However, we do have many fun and exciting events, including a spring concert, planned for 2022.

We hope to have a list of some of the up-and-coming events in the next edition of the Lions Pride so that you can mark your calendars and plan ahead to attend.

We are so excited about working together and hope to see you all there! Stay safe and well!





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LHS WOMEN'S CLUB

Clara Ciuffo-Clarke

Hello ladies! I sincerely hope that you had happy holidays and were able to enjoy family and friends with more freedom than last year.

Do you remember that old saying, "The hurrier I go, the behinder I get". Well that is how I am beginning to feel. Unfortunately, we had to cancel our December Holiday Party and January is no better at this point. Madera's Restaurant has been wonderful and gracious, and we WILL have a party as soon as we are all well and able. The dreaded "viruses" seem to be throwing a wrench in all our plans, but we will continue to make plans for the near future. If you have any questions or a problem regarding that, please contact either Marie Castellano or myself. I was hoping to reschedule in January, but that doesn't seem feasible as of this writing – so maybe Valentine's Day?? We will certainly let you know as soon as we know.

The officers and chairpersons, who were elected last year, have agreed to continue with the exception of Kathleen Wright, who was elected to the Board of Trustees and cannot serve as an officer in our club. Carol Powell has agreed to act as Vice President until we can arrange for normal activities. We are lucky to have her volunteer and I hope she can continue in this role.

In the meantime, hang in there with me. As a very famous person once said, "We shall overcome" and he did – and we will too.

Blessings to you, all my friends.

A SPECIAL ANNOUNCEMENT

The Community was saddened with the sudden passing of Sue Mills. Sue had been Chairperson of the Combined Activity and Travel Committees for many years. She was responsible for coordinating all of the activities of the community as well as travel. Her passing leaves a big void in the functioning of LHS.

These committees meet once a month, usually back-to-back. Both committees have dedicated members (some of whom have been on the committees for several years) but a chairperson is needed to continue all the work Sue has done.

If you are an organized person who is interested in pursuing various travel activities, this might be an interesting way to become an important part of the community. If interested, or if you need more information, please contact the Office Administrator.

SECURITY COMMITTEE

Tia Katakozinos

Greetings to all Lions Head South residents. Hoping you all had a safe, wonderful holiday season and New Year.

Neighborhood Watch Program

The Neighborhood Watch Program is in full swing here in Lions Head South, with over 30 members. We work directly with our Brick Police Department liaisons in keeping our community safe and reporting any suspicious behavior. If you SEE something, SAY something.

Project Safe Lock

Project Safe Lock is a program which assists residents who would be unable to answer the door in the event of an emergency. If you or another resident you know of could benefit from this program, please contact any security committee member for additional information.

Security Cameras

Plans to install security cameras at each entrance and exit of the community are currently on hold until the completion of the Verizon FIOS installation. More details to follow as the information becomes available.

25 MPH Speed Signs

The faded "25 MPH" sign painted on the road surface at Ashford and Yorkwood will look to be repainted. The community is currently waiting on a response back from Brick Township.

Street Lighting

Ongoing communications continue with JCPL to replace streetlights as needed and to replace them with a bulb that allows enhanced vision in the areas.

House Numbers

As per the LHS by-laws, it is a requirement to have your house number visible above your garage door and/or on your mailbox. This is for your safety and Police/Fire/EMS emergency responders.

The discarded cigarette butts continue to be reported as a problem. This is a noted fire hazard and is dangerous to our community and homes. Please stay aware and be mindful as it is each resident's responsibility to keep our community litter free.

In addition, there is an increasing number of residents reportedly not picking up after their dog. This is not only documented in the Lions Head South By-Laws, but also a Brick Township violation subject to penalties under law. Please keep a watchful eye and report any violations.

Many of our residents' homes is equipped with security cameras. Let's plan to utilize this technology to stay vigilant in protecting ourselves, our neighbors, and our community. If you SEE something, SAY something.

Have a very SAFE 2022!

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2		9		1		7		8
	3		1		9			
	2		5		7			8
7		5			8			2
8		6		5		4		7
	5			4		2		3
3				7				6

Answers on page 14

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GARDEN CLUB

Carmela Ferraro

HE KNOWS NO WINTER

He knows no winter, he who loves the soil,
For, stormy days, when he is free from toil,
He plans his summer crops, selects his seeds
From bright-paged catalogues for garden needs.
When looking out upon frost-silvered fields,
He visualizes autumn's golden yields;
He sees in snow and sleet and icy rain
Precious moisture for his early grain;
He hears spring-heralds in the storm's turmoil
He knows no winter, he who loves the soil.

-Susie Stuart Hager

Even though our New Year's Eve celebration was canceled, we trust you all celebrated safely. Hopefully, the new year will bring us closer to normalcy, whatever the new normal may be.

The good news is, as I am writing this, the weather for many days of December has been in the 40s. Hopefully, that held true for January, too. February can be tricky, but as cold as it can get, it is still that much closer to spring. Soon we'll be digging and planting again.

Keep those seed and nursery catalogues nearby and enjoy the planning of your next garden. Look for plants with improved insect, disease and drought tolerance. Selecting native plants can be helpful also. Order them now to be ready when the ground thaws. Some herbs such as parsley or basil can be started indoors to get a head start.

If you received an Amaryllis for the holidays, chances are the bloom is already a memory. Remove the spent flower and set the plant in a bright, sunny window to allow the leaves to fully develop. Keep the soil evenly moist, not soggy. Fertilize occasionally with a general-purpose houseplant formulation.

The most important environmental factor in growing plants indoors is adequate light. Take note of where light enters your home and place plants accordingly. Most plants enjoy day temperatures between 65 and 75 degrees, with night temperatures 5 to 10 degree cooler. Be careful placing plants near drafty windows or heat or air conditioning vents.

When watering plants, use room temperature water. Be aware of your plant's watering needs. Some plants prefer to dry between watering. Others prefer to remain moist. To maintain humidity, place plants on pebbles on water-filled trays.

Some additional February hints:

- Be careful using chemicals for icy pathways. Sand is a better replacement.
- Continue to inspect indoor plants for insects.
- Start to fertilize houseplants on a regular basis with a water-soluble fertilizer prepared at half strength until growth is healthy.
- Remove diseased or damaged limbs from trees and shrubs.
- Bring spring into your home a little early with branches of forsythia, pussywillow and quince brought inside to force bloom.
- Most of all, be careful of icy patches while walking outdoors.

Our first meeting of the new year will be Wednesday, March 9, at 10:30AM, hopefully in the Lion's Den, COVID-19 permitting. Stay safe, hope to see you there.



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THE RIP IT OUT CLUB

Lori Bigley

Now that the Clubhouse is open for clubs, the Rip it Out Club is meeting again on Tuesday and Friday afternoon from 1:00pm until 3:00pm. We get together working on any type of craft or just to socialize.

We were busy making things even when the Clubhouse was closed. Recently we got all our completed projects together to give away. We gave 45 afghans to the Veterans Hospital in Menlo Park, 6 bags of lap robes and neck warmers to Shorrock Nursing Home, and hats, scarves, etc. to the House of Hope, to help people stay warm this winter. We donated baby sweaters and blankets to Jersey Shore for the annual "baby shower" for needy girls.

We'd love to have anyone join us to meet and do projects of any kind with us. If you have any leftover yarn to donate, large or small, we'll find something useful to make with it.

Editor's Note: As of 1-2-22, the clubhouse was closed to group activities. It is unknown at the time of publishing if the clubhouse has been reopened.



Sudoku Answers

5	7	3	6	8	2	9	4	1
1	8	4	7	9	5	6	3	2
2	6	9	3	1	4	7	5	8
6	3	8	1	2	9	5	7	4
4	2	1	5	6	7	3	8	9
7	9	5	4	3	8	1	2	6
8	1	6	2	5	3	4	9	7
9	5	7	8	4	6	2	1	3
3	4	2	9	7	1	8	6	5

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FEBRUARY 2022 CALENDAR EACH WEEK DAY OF THE MONTH AS LISTED

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				9:00 Bowling
	9:30-11:30 Watercolor class	9:30-11:30 Acrylic Paint Class	11:00 Chair/Mat Yoga	
	1:00 Crochet, Knitting & Needlework		1:00 Men's Indoor Shuffleboard	1:00 Women's Indoor Shuffleboard
1:00 Mah jongg	1:00 cards/Mah jongg	1 & 7 cards/Mah jongg	1 & 7 cards/Mah jongg	1:00 Crochet, Knitting & Needlework
			5:00 Tai-Chi	
6:30 Ceramics		7:00 Rummy Cube		
	GARBAGE	RECYCLE		
		2/2 & 2/16		

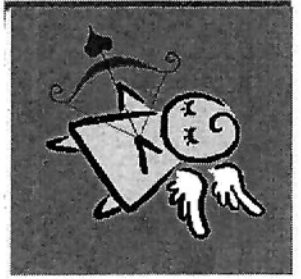
**SNOW COMPLAINTS: Call TURFMASTERS
AT: 732-349-0444 Leave a MSG on the machine.**

**RESIDENT'S ASSOCIATION MEETING -
February 14th at 2:30 PM.**

**ADMINISTRATION ACTIVITY OFFICE:
Hours: 8:00 – 1:30 p.m.**

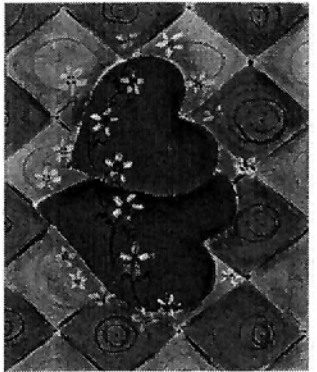
Administration Office Phone: 732-920-9099

		9:00 AM Bd of Trustees-Std Comm 10:00 AM Website 2:30 PM Resident's Assoc Mtg Valentine's Day	9:30 AM Clubhouse 11:00 AM Welcoming	12:00 PM LHS Women's Club																																																																																																																														
20	2:00 PM MOVIE MATINEE	21	11:00 AM Nominating PRESIDENTS DAY	22	10:00 AM Community Awareness	23	9:00 AM Men's Club Exec Bd	24	10:00 AM Security	25	11:00 AM 40th Anniv Party Comm	26																																																																																																																						
27		28	9:00 AM Bd of Trustees 6:30 PM Book-a-holics	<table border="1"> <tr> <td colspan="14">Jan 2022</td> </tr> <tr> <td>S</td><td>M</td><td>T</td><td>W</td><td>T</td><td>F</td><td>S</td> <td>1</td><td>2</td><td>3</td><td>4</td><td>5</td><td>6</td><td>7</td><td>8</td> </tr> <tr> <td>9</td><td>10</td><td>11</td><td>12</td><td>13</td><td>14</td><td>15</td> <td>16</td><td>17</td><td>18</td><td>19</td><td>20</td><td>21</td><td>22</td><td>23</td> </tr> <tr> <td>24</td><td>25</td><td>26</td><td>27</td><td>28</td><td>29</td><td>30</td><td>31</td><td colspan="6"></td><td colspan="2"></td> </tr> </table> <table border="1"> <tr> <td colspan="14">Mar 2022</td> </tr> <tr> <td>S</td><td>M</td><td>T</td><td>W</td><td>T</td><td>F</td><td>S</td> <td>1</td><td>2</td><td>3</td><td>4</td><td>5</td><td>6</td><td>7</td><td>8</td> </tr> <tr> <td>13</td><td>14</td><td>15</td><td>16</td><td>17</td><td>18</td><td>19</td> <td>20</td><td>21</td><td>22</td><td>23</td><td>24</td><td>25</td><td>26</td><td>27</td> </tr> <tr> <td>28</td><td>29</td><td>30</td><td>31</td><td colspan="6"></td><td colspan="2"></td><td colspan="2"></td> </tr> </table>									Jan 2022														S	M	T	W	T	F	S	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31									Mar 2022														S	M	T	W	T	F	S	1	2	3	4	5	6	7	8	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31										
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February 2022

Monthly Planner



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 9:00 AM Architectural 10:30 AM Buildings & Grnds	2 11:30 AM Men's Club 6:45 PM Social	3	4	5
6 2:00 PM MOVIE MATINEE	7	8 1:00 PM Women's Club Exec Bd	9 10:00 AM Finance & Ins	10 9:30 AM Regular Travel 10:15 AM Combined Travel 11:00 AM Bylaws	11	12
13	14	GARBAGE	GARBAGE			

PHOTOCOPIER: FOR RESIDENT USE IN THE BILLIARD ROOM. The machine is available anytime to use. Copies are five cents each. Please be sure to have EXACT change.

The office maintains a list of contractors that have been recommended by residents for various types of work. Your comments and recommendations are helpful for future use by other residents. The Association accepts no responsibility for contractors hired.

SUNSHINE COMMITTEE: To report a **DEATH** call Rose Szpara – 732-920-7898 or to report an **ILLNESS/HOSPITALIZATION** call: Joyce Speziale – 732-701-3260. Please do not call the office.

BRICK SENIOR SHUTTLE: Provides no cost transportation Mon-Fri, 8 am-3 pm. Rides are first come, first served basis. Advance 2-week reservation required. A brief registration is required prior to using service. To schedule transportation call: 732-920-8686

VAN SCHEDULE: Due to COVID-19 the van service has been temporarily suspended.



LIONS HEAD SOUTH ASSOCIATION, INC.

2022 Fines & Fees Schedule

MOTION APPROVED JANUARY 3, 2022

REVISED – APPROVED JANUARY 10, 2022

Maintenance Fee	\$140.00
Delinquent Maintenance Fee	\$10.00
Entrance Clubhouse Fob	\$25.00
Replace Home By-Laws, Policies, Rules & Regulations Architectural Regulations	\$25.00
Association Violation Fines	\$10.00 Per Day Until Corrected
Removal of Tree (s) without Architectural Approval	\$100.00
Failure to replace removed tree (s) within 90 (1) year of notification	\$100.00
Failure to submit a Architectural Application	\$50.00
Pool Badges	\$10.00 Per Badge
Participation Fee	\$1,260.00
Recreation Key	\$3.00
Returned Check Fee	\$30.00
Additional Bank Return Fee to LHS	\$30.00

THE RECIPE BOX

Sue Auer

ABOUT CHOCOLATE! WHY CHOCOLATE?

The history of chocolate dates back to the most exotic places on earth. Ancient cultures in South America & Southern Mexico created numerous uses for the cacao bean. In most cases, the taste in cacao bean was bitter. The modern chocolate (cacao bean) is a taste of sweetness, and in so many ways we know it as milk, dark, white and sometimes strawberry and more!

Around 1500 BC, other lifestyles discovered a stimulant compound in cacao. Other civilizations believed chocolate was a gift of the Gods and the love of the Gods... AND so the BOND was created.

In 1840 Valentine's Day became a tradition to say, "U R SPECIAL"! In modern times the valentine heart and Hersey's chocolate KISS was introduced. World customs all have a deep history of unlimited cacao bean creations.

From DRINKS & SEASONINGS to DESSERTS. Here are a few!

THE DRINK: CHOCOLATE VODKA MARTINI

2 ozs. vodka (of choice)

2 ozs. Bailey's Irish Creme

2 ozs. Creme de Cacao

Optional: Melted chocolate to rim the glass or shaved chocolate to top the drink... or both!

BLEND ALL TOGETHER

Offered by Barb Sosinski

THE RUB: MAYA CHOCOLATE TEECCINO

1/2 cup Maya Chocolate Teeccino (can be purchased at Wegmans, Walmart, Amazon, Ebay or other speciality food markets)

1/2 cup dark brown sugar

1 tbsp. black pepper, ground

1 tsp. Kosher salt

1 tsp. cumin

2 tsp. garlic powder

1 tbsp. Chili powder

1 tbsp. paprika

BLEND ALL TOGETHER

* The Maya Chocolate Rub can be used in recipes for chicken or beef. Also, for Keto or Paleo diet recipes.

Offered by Sue Auer

THE DESSERT: NO BAKE ECLAIR CAKE

2 (3.5 oz) pkgs. instant vanilla pudding mix

1 (8oz.) Cool Whip thawed

3 cups milk

2 sleeves Graham cracker squares

1 (16 oz.) tub chocolate frosting

Directions:

1. In a medium bowl, mix together pudding, milk & Cool Whip

2. In a 9"x13" baking dish, arrange single layer of graham crackers

3. Spread 1/2 the pudding mixture on top of crackers

4. Layer of crackers over pudding mixture

5. Layer other half of pudding mixture on top of crackers

6. Top with final layer of crackers

7. Place plastic wrap over dish and refrigerate for 30 mins.

8. Place tub of chocolate frosting in microwave for 15 seconds (remove the aluminum foil top before placing in microwave)

9. Frosting will be soft. Stir, remove plastic and spread chocolate evenly over crackers

10. Place plastic wrap over dish and refrigerate overnight (graham crackers need time to soften)

Offered by Lisa Wood

Have a beautiful February! Happy Valentine's Day and wishes for the BEST HEALTH!

PLEASE SEND ALL RECIPES TO: sauer1948@hotmail.com. I LOOK FORWARD TO EVERYONE'S BEST IDEAS. IF YOU HAVE ANY RECIPES FROM CURRENT OR FORMER RESIDENTS, PLEASE SEND, AS A SPECIAL PAGE IS IN THE WORKS! THANK YOU!



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Groundhog Day

Word Search

L K Y E N W A T U S X N U P W E V E
 P J P N F O Y R A U R B E F T Q I L
 G X F L W D K W Y D U O L C S T W A
 H R O C I A Y O B M U M W P A T J M
 P Z O M R H D I O L P M W E C B P M
 G L U U P S U G S P R I N G E W V A
 D O E J N U Q T R E S G L Y R K L M
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burrow
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 emerge
 February
 forecast
 groundhog

hibernate
 hole
 holiday
 mammal
 Pennsylvania
 prediction
 Punxsutawney Phil
 rodent

shadow
 sign
 six weeks
 spring
 underground
 weather
 winter



LIONS HEAD SOUTH ASSOCIATION, INC.

MEETINGS SCHEDULE FOR 2022- APPROVED OCTOBER 25, 2021

January

03	9:00 AM	Ratify December Straw Poll of Officers for 2022 and Standing Committee Chairpersons and Members
10	9:00 AM	Board of Trustees Meeting
10	2:30 PM	Activities Coordinating Council – Residents Meeting
24	9:00 AM	Board of Trustees Meeting - Standing Committee Reports

February

14	9:00 AM	Board of Trustees Meeting
14	2:30 PM	Residents Association Meeting
28	9:00 AM	Board of Trustees Meeting - Standing Committee Reports

March

14	9:00 AM	Board of Trustees Meeting
14	2:30 PM	Activities Coordination Council – Residents Meeting
28	9:00 AM	Board of Trustees Meeting - Standing Committee Reports

April

11	9:00 AM	Board of Trustees Meeting
11	7:00 PM	Residents Association Meeting
25	9:00 AM	Board of Trustees Meeting – Standing Committee Reports
25	7:00 PM	Meeting with New Members – (October 2021)

May

09	9:00 AM	Board of Trustees Meeting
09	7:00 PM	Activities Coordination Council - Residents Meeting
23	9:00 AM	Board of Trustees Meeting - Standing Committee Reports

June

13	9:00 AM	Board of Trustees Meeting
13	7:00 PM	Residents Association Meeting
27	9:00 AM	Board of Trustees Meeting - Standing Committee Reports

July

11	9:00 AM	Board of Trustees Meeting
11	7:00 PM	Activities Coordination Council - Residents Meeting
25	9:00 AM	Board of Trustees Meeting - Standing Committee Reports

LIONS HEAD SOUTH ASSOCIATION, INC.

MEETINGS SCHEDULE FOR 2022 – APPROVED OCTOBER 25, 2021

August

08	9:00 AM	Board of Trustees Meeting
08	7:00 PM	Residents Association Meeting
22	9:00 AM	Board of Trustees Meeting - Standing Committee Reports

September

12	9:00 AM	Board of Trustees Meeting
12	7:00 PM	Activities Coordinating Council - Residents Meeting
26	9:00 AM	Board of Trustees Meeting - Standing Committee Reports

October

10	9:00 AM	Board of Trustees Meeting
10	7:00 PM	Residents Association Meeting - Trustee Candidates' Night
24	9:00 AM	Board of Trustees Meeting – Standing Committee Reports
24	7:00 PM	Meeting with New Members (April 2022)

November

07	9:00 AM	Board of Trustees - Finance Approval of 2023 Budget
14	9:00 AM	Board of Trustees Meeting
14	2:30 PM	Activities Coordinating Council - Residents Meeting
21	9:00 AM	Board of Trustees Meeting - Standing Committee Reports

December

05	9:00 AM	Board of Trustees Meeting
05	2:30 PM	Residents Association Meeting - 2023 Budget Presentation
06	9:00 AM	Straw Poll of 2022 Trustees for 2023 Officers and 2023 Committee Chairpersons
19	9:00 AM	Board of Trustees Meeting - Standing Committee Reports



2021/2022 CONTACT INFORMATION WHILE AWAY

Name: _____

Address: _____

Departure Date: _____

Return Date: _____

In case of emergency, I can be reached as follows:

Telephone: _____


Address: _____



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On December 31, 2021 Twenty-five members of the LHCC participated in our annual Polar Bear Shootout (perhaps with the temp at 51° it should have been called the Koala Bear Shootout). From left to right (sort of) Ed Gregersen, Tom Nevins, Mike Lyon, Mike Cetinich, Don Jacquin, Mario DiCrocco (kneeling), Jim Mort, Bob Jani, Paul Varga, Brian Halm, Bill Carter, Cindy K., Russ Casella, Frank Murray, Lee Scaturro, Jack Cummings, Phil DeCarlo, Joe Bill, Gerry Byrnes, Joe Bivona, Marge Kennedy, Tony Bruzaitis, Lee Bruzaitis, John Cinoski, and our 25th player and photographer(inset) Pat Whyte.

PRIORITY FOR DRIVEWAY SNOW REMOVAL

As we approach another winter season, we again find it necessary to clarify who qualifies for the Priority Snow Removal list for 2021-2022 winter season. A new request is required every season.

For those who qualify, please submit your request to assure that you will be placed on the priority list. To qualify, a resident must require regular life-sustaining medical treatment, such as chemotherapy, radiation, or dialysis in or outside the home.

A “heart condition” does not qualify. Your request must be accompanied by a **physician script/note** which specifies that life-sustaining treatment for any of the conditions outlined above is necessary. Hand written notes are unacceptable. All information will be kept by the administrator and will be confidential.

Your need to go to work does not qualify for priority snow removal. For this purpose, we suggest you make advance arrangements with a private contractor for snow removal.

The township will cooperate by plowing our roads so that our contractor can begin work. Of course, the town will continue to respond to any serious problems during storms.

ALWAYS CALL 911 FOR ANY MEDICAL EMERGENCY

Please be sure to keep on hand extra supplies of medications and food so that you do not need to leave the house during or immediately after a snowstorm. The weather predications generally provide ample warning time for making preparations.

For convenience purposes, your doctor may fax this information to our office. Our fax number is 732-920-2650. Please be assured this information will be kept strictly confidential. Placement on the Priority Snow List cannot be accomplished until we receive the necessary documentation from your physician.

Please respond as soon as possible as the winter season will be here soon.





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FEBRUARY HEART MONTH



80% of Heart Disease and Stroke Can Be Prevented

7 Steps to Reduce the Risk of Heart Disease



Get Active



Control Cholesterol



Eat Healthy



Don't Smoke



Control Blood Pressure

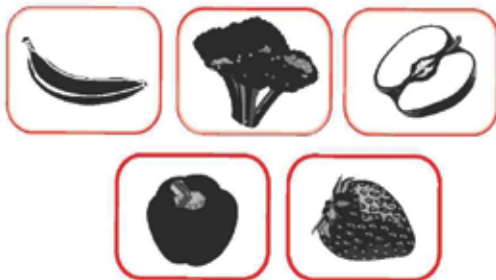


Lose Weight



Reduce Blood Sugar

Heart Healthy Nutrition



Eat at Least 5 Servings of Fruits and Vegetables a Day



Choose Whole Grains Over Processed (Refined) Grains and Sugars



Choose Healthy Fats (Monounsaturated & Polyunsaturated) Over Unhealthy Fats (Saturated & Trans)

Regular Exercise



30 Minutes of Moderate Intensity Exercise a Day

Tobacco Control

Cigarette Smoke Claims 443,000 Lives in the U.S. Every Year



Increases Risk for Heart Disease and Stroke



Increases Risk for Blood Clot



Decreases Ability to Exercise

Decreases Good Cholesterol (HDL)

Sources:

- <http://www.heart.org>
- www.everydaychoices.org
- http://www.startwalkingnow.org/whystart_benefits_walking.jsp
- http://www.heart.org_Why-Quit-Smoking.jsp

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* (Family Plan for Residents Only - See Application for Details)

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RESIDENTS- \$215.00 + NJ Sales Tax\$229.24

NON-RESIDENTS- \$250.00 + NJ Sales Tax\$266.56

SUPER-SENIOR MEMBERSHIP:

LHS & LHN Residents Only (Age 85+)

UNLIMITED PLAY- \$215.00 + NJ Sales Tax\$229.24

EMERITUS MEMBERSHIP:

Past LHS & LHN Golf Members Only (Age 90+)...**FREE**

UNLIMITED PLAY - Enrollment Required

*‡Course closed Mondays until 2 PM for maintenance;
subject to discretion of Golf Superintendent.*

3-PLAY CARD:

Good for 3 Rounds - \$40.00

Limit: One Card per Year

10-PLAY CARD** (No expiration date)

Good for 10 Rounds - \$120.00

****NOTE:** 10-Play Cards are available for Guests of Lions Head South & Lions Head North Residents.

Residents of LHS or LHN are NOT ELIGIBLE TO USE 10 PLAY CARDS - Guests Only!



For more Information or to obtain applications please contact:
Muriel Mills
at 732 451-1521
or
Jim Mort
at 732 779-9657

Non- Resident Guests May Also Play For A Daily Fee of \$15.00

Psssst! SAVE THE DATE

I am going to be 40 years old soon, and my friends in Lions Head South are planning a big party for me!

Be sure to mark it on your calendar:

SATURDAY, JUNE 11, 2022

Keep your eye on future issues of the Pride



Stay tuned to the Website for additional information

I am looking for Original Residents. Are you one?? If so, please contact the LHS 40th Anniversary Committee- Chuck Florio, ACC Chairman at 908 377-3049

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YAKOV SMIRNOFF: MAKE AMERICA LAUGH AGAIN

AN INTEREST SHEET IS POSTED ON TRAVEL BULLETIN BOARD



Yakov's **'Make America Laugh Again'** comedy show features Russia-born comedian and two-time winner of 'Comedian of the Year,' Yakov Smirnoff. This comedic production is sure to bring explosive laughter, witty perceptions, and the charisma of this iconic comedian.

This philosopher and comedian promises to have you laughing your 'yak-ov.' Yakov's style of hilarious comedy is perfectly explained by his motto 'to experience happiness and teach it to the world with passion through comedy and sensitivity' and his humorous relational commentary confirms that love and laughter do indeed go hand and hand.

You'll be laughing until your sides hurt as Yakov shares his hilarious perspectives on life, American culture, and the indisputable differences between men and women. Sit back and enjoy this humorous, conversational performance as he describes what it was like to move to America and learn our customs the hard way.

March 31, 2022 at AC TROPICANA. Bus and Show for \$65. Coin slot pay is \$25.