

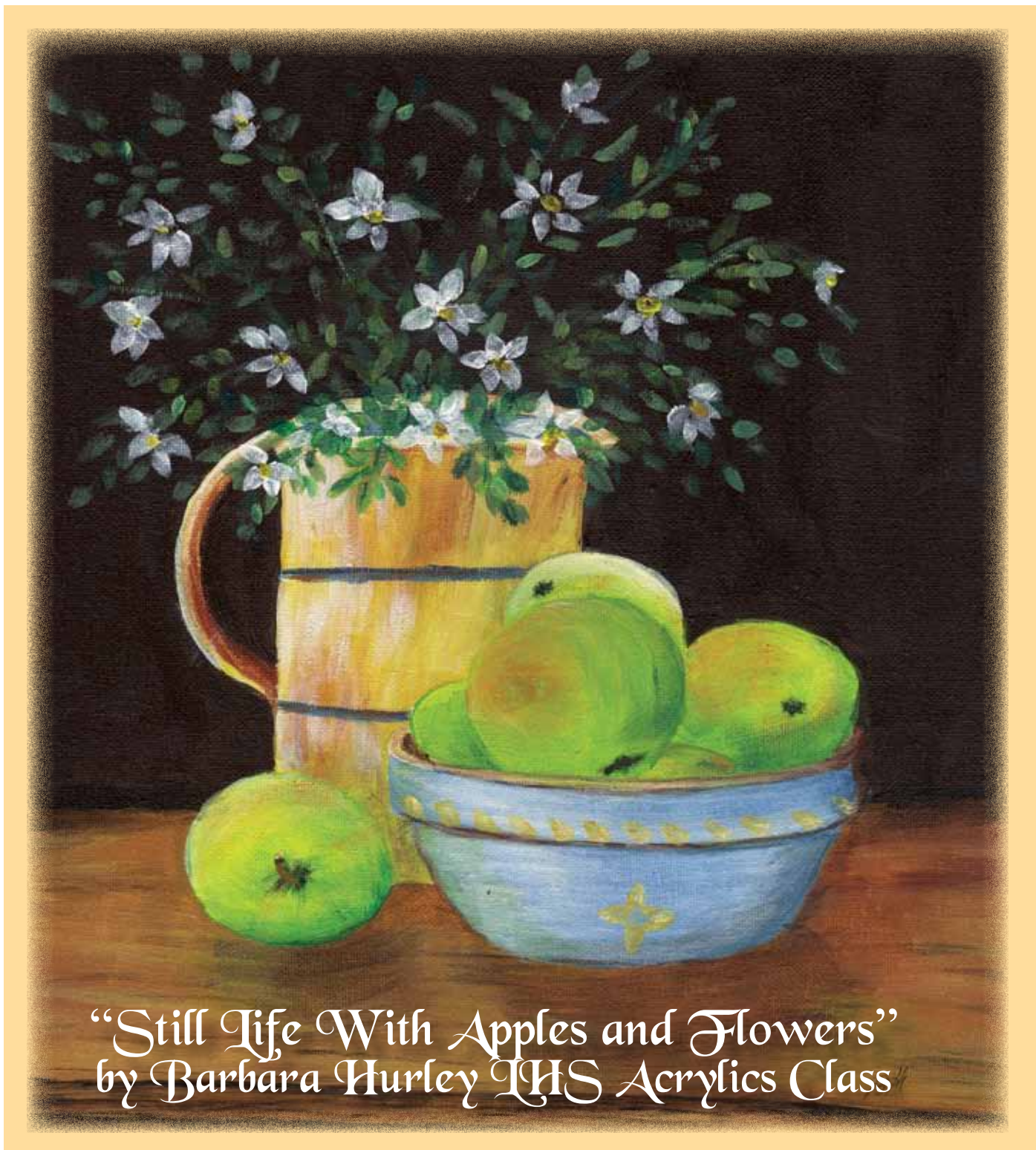
# LIONS PRIDE

A PUBLICATION OF LIONS HEAD SOUTH ASSOCIATION, BRICK NJ



VOLUME 6 NO. 2

FEBRUARY 2020



*“Still Life With Apples and Flowers”  
by Barbara Hurley LIS Acrylics Class*

**The Lions Pride** is published monthly, and is distributed gratis to homes in Lions Head South.

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**EDITORIAL**

*Susan Mills*

Although February is the shortest month of the year, it contains both important holidays and days of reflection. February 14, Valentine's Day reminds us to remember those we love. It also encourages us to send valentines to persons near to us who have been kind, helpful or supportive. Let those individuals know how they have touched your life.

February 17 is President's Day. Take pride in our country. Think about our history. Do what you can to promote a positive attitude. Living together in *harmony* really isn't hard to do.

February 26 is Ash Wednesday, the beginning of Lent. Christians world wide start preparing for the Resurrection of Jesus Christ. Look inside for ways to improve who you are. You'll feel better and you will add a little warmth and sunshine to those cold winter days.

Days are short. Nights are long. Winter has arrived. Pour yourself a cup of hot chocolate. Curl up on a comfortable couch with a good book. Relax and enjoy time with your special someone.

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**LIONS HEAD SOUTH**

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## PRESIDENT'S MESSAGE

Bob Pedersen

Well, it's January 2020 and I'm wondering where the last year went. The 2020 Board of Trustees is set and ready to go to work on your behalf. The Board has done its best in the past years to keep moving forward with repairs and updates that have been neglected and/or put off due to finances. I do believe it is the common goal of all of your elected Board members to keep moving forward as times and circumstances change. Our ultimate aim is to keep Lions Head South as affordable and desirable as possible for you. The Finance Committee has done an excellent job of overseeing our monies and I can not express my thanks to them enough. Every time an unexpected expense arose over and above the projected budget, Dennis Gregory, Finance Chairman, found the monies for us to move forward. Kudos Dennis!

As always, one of our main concerns is volunteers stepping forward to run the different committees and clubs that keep this community humming. This past November saw a sharp decline in sign-ups for said groups and I just want to reiterate that without volunteers we would be run by a management company and your maintenance fees would need to be increased drastically, possibly doubled.

There is still time to step up to lend a hand and sign up to various committees. Check your "Pride" or go to the office to find out when there is a meeting and attend to find out if you can help. I'm sure you will be welcomed and surprised by the work they do. There is so much individual talent and experience in so many areas living in LHS that could be put to use by volunteering. You hold that key. Past and present Trustee Boards have worked diligently on your behalf to live up to the trust and responsibilities which you have placed in their hands, but without the help and input from the residents, it will all start to slide backwards and the cost will be high to each and every resident.

In closing I want to wish every resident the best for 2020.



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**LIONS HEAD SOUTH ASSOCIATION, INC.**

**Income & Expense Statement  
to Date as of 12/31/19**

**Income:**

401.0 Maintenance Fees	\$	938,855.00
401.5 Rental Income	\$	20,165.00
402.0 Maintenance Late Fees	\$	1,303.00
403.0 Rental Security Deposits	\$	5,106.71
406.0 Interest Operations	\$	3,364.97
408.0 Miscellaneous	\$	2,119.83
410.0 Participation Fees	\$	48,400.00
450.0 LHCC Revenues	\$	52,746.18
<b>Total Income:</b>	<b>\$</b>	<b>1,072,060.69</b>

**LHCC Sales Tax:**

209.0 LHCC Sales Tax	\$	2,036.61
<b>Total Sales Tax:</b>	<b>\$</b>	<b>2,036.61</b>

**Expenses:**

500.0 Administration	\$	327,853.29
520.0 Residences	\$	346,746.07
540.0 Common Facilities	\$	337,079.82
<b>Total Expenses:</b>	<b>\$</b>	<b>1,011,679.18</b>

**Total Income Over Expenses: \$ 60,381.51**

**Balance at Month End: \$ 60,381.51**

**LIONS HEAD SOUTH**

**New Residents - 2020**

Rowe, James & Kathleen.....10 Thames Pl.  
R/S Quackenbush  
Lin, Xuejin.....47 Yorkwood Dr.  
US Bank  
Gannon, Thomas.....51 Lions Head Blvd. S.  
R/S Weithenauer  
Gregorio, Joacarlos  
& Maria.....167 Lions Head Blvd.  
R/S Dominguez

**Deletions - 2020**

Quackenbush, James  
& Kathleen.....10 Thames Pl.  
R/S Rowe  
US Bank.....47 Yorkwood Dr.  
R/S Lin  
Weithenauer, John & Diane.....51 Lions Head Blvd. S.  
R/S Gannon  
Dominguez, Patricia.....167 Lions Head Blvd. S.  
R/S Gregorio

**Deceased Residents - 2020**

Gerard, Charles.....209 Lions Head Blvd. S.  
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# LH COUNTRY CLUB

*Jim Mort*

LHCC finished up a very successful 2019 with our Annual Polar Bear Shootout on December 31st. We had twenty-one hardy souls participate in the shootout. The weather sort of co-operated, cool 41' and damp. Ed Gregersen set-up and organized the team selection, Lee Scaturro set-up the lunch and Joe Bill the coffee, tea, etc. Four of our WGA members braved the elements and joined us in the event and a good time was had by all.

As we get into 2020, we have already had changes to the LHCC Board of Directors. Jack Cummings has taken over Joe Bill's old job, First Vice Chairman and as such will be the direct interface with our course maintenance company, Bright View. Welcome aboard Jack, appreciate you stepping up, taking a leadership position and being a part of our program.

Our next fund raiser will be BUNCO, scheduled for Friday, March 20th. Following is a list Fund Raisers for 2020:

March 20th BUNCO

May 18th GOLF CLINIC

June 23rd HOY

July 28th BINGO

August 29th COMEDY NITE

September 5th FUN DAY

September 26th ANNUAL TOURNAMENT

November 11th BINGO

The tentative date for opening LHCC for the 2020 season is on or about March 1st, weather permitting. Our monthly Scramble will start on April 14th and continue throughout the year on the 2nd Tuesday of each month.

Currently we are processing the applications for the 2020 season and hope to welcome back all of our members and, hopefully, many more new members. Throughout the years our declining membership, from approximately 400 members to now, less than 100, has caused great concern. This year, we will again attempt to solicit Non-Resident members from the local retirement villages and local community. If you know anyone interested in our golf course, please refer them to our Club House phone 732-477-7277 or any of our Board members.

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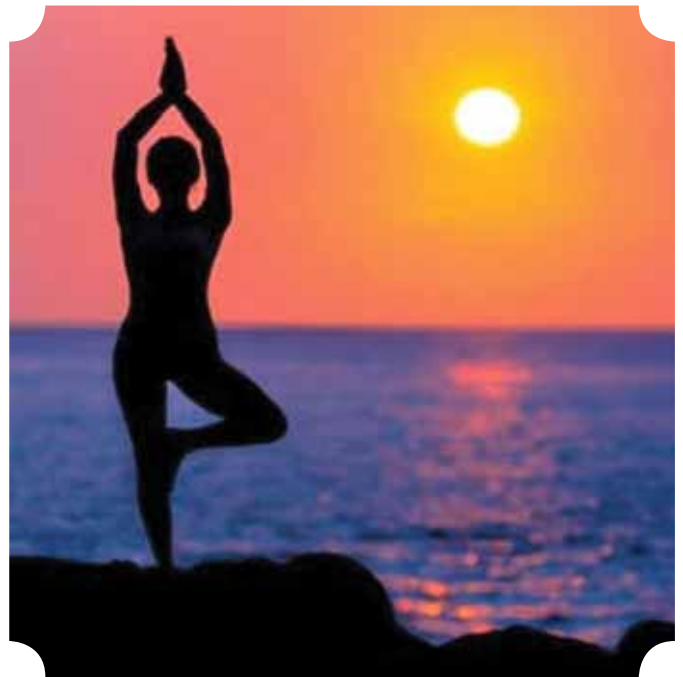
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March 5, 12, 19, 26

## SNOWBIRDS

If you expect to be away from the community for the winter months, please be sure to stop in the office to fill out a "going away form." If you do not come to the office, the Lions Pride will be left at your door. Likewise, when you return in the spring, please inform the office so that delivery will resume to your door.

## BAKE COOKIES FOR SHORROCK REHAB CENTER



During a very busy time of year, nine of our residents took time out to bake cookies for Shorrock Rehab Center. Along with the cookies each bag was filled with candy kisses and a candy cane. The ladies spent a full morning filling the bags and reported that 180 bags were sent to our neighbor, Shorrock, later in the day. Thank you Joyce Case,

Barbara Hurley, Iris Mahoney, Eileen Winne, Pat Holmes, Donna Iversen, Carol & Linda Karaffa, and Laura Jacquin, Chairperson of this event thanked everyone with a pizza luncheon. Donna McDonald supplied all the bags, candy and candy canes. Ken Winne delivered the bags. Thank you all for making this project a success.

## THE GIVING TREE

### THANK YOU! THANK YOU! THANK YOU!

A very special thank you to all the wonderful residents of LHS who donated to our Giving Tree. Your generosity provided a very Merry Christmas for 47 Brick children. Each child received clothing, a toy, goodies, and each family received a Shop Rite gift card. This could not have happened without you opening your hearts!

Santa's elves were Pat Cody, Geri Mort, Diane Gentile, Lee Scaturro. Driving Santa's sleigh was Jim Cody who helped delivering the numerous gifts.

## WEBSITE COMMITTEE

*Donna Iversen*

*lionsheadso.com*

Thank you to everyone who has viewed our Website. Please check often, as we continue to add events and recent pictures from the activities here in LHS.

We would still like to remind you to contact us if you have an event coming up that you would like us to cover. We will do our best to be there. As always, please contact us with any suggestions for improvement. We are your Website!





# St. Patrick's Day Celebration

March 14, 2020  
6:30pm (doors open at 6:00pm)  
Lions Den \$28.00  
Entertainment: DJ Louie



- \* Traditional Corned Beef and Cabbage
- \* Chicken Murphy, Guinness Beef Stew
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- \* Parsley Potatoes and Glazed Carrots
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- \* Baileys Irish Cream Brownies
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Monday Mornings  
9:30am—11:00am  
February 10, 17, 24  
March 2**





# LIONS HEAD SOUTH ASSOCIATION, INC.

## MEETINGS SCHEDULE FOR 2020 – Approved October 14, 2019

### January

02	8:30 AM	Ratify December Straw Poll of Officers for 2020 and Standing Committee Chairpersons and Members
13	8:30 AM	Board of Trustees Meeting
13	2:30 PM	Activities Coordinating Council - Residents Meeting
27	8:30 AM	Board of Trustees Meeting - Standing Committee Reports

### February

10	8:30 AM	Board of Trustees Meeting
10	2:30 PM	Residents Association Meeting
24	8:30 AM	Board of Trustees Meeting - Standing Committee Reports

### March

09	8:30 AM	Board of Trustees Meeting
09	7:00 PM	Activities Coordination Council - Residents Meeting
23	8:30 AM	Board of Trustees Meeting - Standing Committee Reports

### April

06	8:30 AM	Board of Trustees Meeting
06	7:00 PM	Residents Association Meeting
20	8:30 AM	Board of Trustees Meeting – Standing Committee Reports
20	7:30 PM	Meeting with New Members – (October 2019)

### May

04	8:30 AM	Board of Trustees Meeting
04	7:00 PM	Activities Coordination Council - Residents Meeting
18	8:30 AM	Board of Trustees Meeting - Standing Committee Reports

### June

08	8:30 AM	Board of Trustees Meeting
08	7:00 PM	Residents Association Meeting
22	8:30 AM	Board of Trustees Meeting - Standing Committee Reports

### July

13	8:30AM	Board of Trustees Meeting
13	7:00 PM	Activities Coordination Council - Residents Meeting
27	8:30 AM	Board of Trustees Meeting - Standing Committee Reports

Calendar continued on page 10

# LIONS HEAD SOUTH ASSOCIATION, INC.

## MEETINGS SCHEDULE FOR 2020 – Approved October 14, 2019

### August

10	8:30 AM	Board of Trustees Meeting
10	7:00 PM	Residents Association Meeting
24	8:30 AM	Board of Trustees Meeting - Standing Committee Reports

### September

14	8:30 AM	Board of Trustees Meeting
14	7:00 PM	Activities Coordinating Council - Residents Meeting
28	8:30 AM	Board of Trustees Meeting - Standing Committee Reports

### October

12	8:30 AM	Board of Trustees Meeting
12	7:00 PM	Residents Association Meeting - Trustee Candidates' Night
26	8:30 AM	Board of Trustees Meeting – Standing Committee Reports
26	7:30 PM	Meeting with New Members (April 2020)

### November

02	8:30 AM	Board of Trustees - Finance Approval of 2021 Budget
09	8:30 AM	Board of Trustees Meeting
09	2:30 PM	Activities Coordinating Council - Residents Meeting
23	8:30 AM	Board of Trustees Meeting - Standing Committee Reports

### December

07	8:30 AM	Board of Trustees Meeting
07	2:30 PM	Residents Association Meeting - 2020 Budget Presentation
08	8:30 AM	Straw Poll of 2020 Trustees for 2021 Officers and 2021 Committee Chairpersons
14	8:30 AM	Board of Trustees Meeting - Standing Committee Reports

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## MEN'S CLUB

Tony Bozzetti

Happy New Year! With the new year comes some new officers and Committee Chairmen here at the Men's Club: Stepping up from Vice-President, I will serve as President; Don Antonelli has been elected as Vice-President; returning are Tom Tormey as Secretary and Brian Halm as Treasurer. Our new Membership Chairman will be Rich Szymanski. Bob Mathiason will step into the position of ACC Liaison to schedule all of our upcoming events. Mario will continue to run the Kitchen.

Once again, a Beaverson Boulevard clean-up has been scheduled; it will be on Wednesday, April 8th. Sign-up sheets will be posted on the bulletin board. Volunteers should meet Jim Mort at the Clubhouse for coffee and donuts at 8:00 AM. Please join us for this community service activity. Please check the bulletin boards and future Pride issues for information on upcoming events.

Our next regular Men's Club meeting and lunch will be on Wednesday, February 5th at 11:30 AM. Meetings are normally on the first Wednesday of each month. Guests are always welcome. Anyone interested in joining can contact our new Membership Chairman, Rich Szymanski (732 920-2175) - or any officer of the club. Our meetings provide a social gathering, guest speakers and a great lunch.



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## WOMEN'S CLUB

Clara Ciuffo, Facilitator

There will be no meeting in February for the LHS Women's Club. Due to an early deadline, I have nothing to report on our organizational meeting that is scheduled for January 7. At that time, we will elect officers and prepare all things necessary to submit to the LHS Board of Trustees for approval of the club. In which case, we will look forward to a great "official" meeting on **WEDNESDAY, March 18, 2020** at 12 noon in the clubhouse. More information will be submitted to the Pride for the March issue.

Thank you all for your encouragement and well wishes. Now we need your support!

Happy Valentine's Day <◇>.

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## SOCIAL

Debbie Holzherr

A BIG thank you to everyone who attended the New Year's Eve Celebration.

I'd like to thank the entire Social Committee for a great year. Betty and Tony Bozzetti, Clara Cioffo, Sandy Hamadyi, Roberta Marvel, Pat and Joe Ross, Rose Szpara, and Sheila and Skip Walters.

A special thank you and shout out to Dot O'Brien. Although Dot moved to Seattle in April, she continues to keep us in her heart and offers support when needed.

Welcome to our new members for 2020, Maureen Benesch and Rose Saputo. We plan to bring you a year of wonderful events starting with Saturday, March 14, our St. Patrick's Irish celebration with a full buffet. For entertainment we will welcome back DJ Louie.

Tickets will go on sale February 10.

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# GARDEN CLUB

Linda Adamo

The Garden Club is hibernating at this time of year and waiting to get going again as soon as the weather breaks. Our holiday displays are stored until next year and the worst of our weather is still ahead of us leaving us to dream of spring and getting outdoors once again.

Since not much is happening outside, you may want to work on your indoor plants especially those holiday plants you may have received as gifts. If you did not get any this year, you may want to think about these for next year even if you have to gift yourself.

A Norfolk Pine with its soft, fringed needles looks like a perfect little Christmas tree. It requires 6-8 hours of medium-bright light such as an east or west facing window. Water when dry to the touch but don't let it get too dry or you'll be cleaning loads of brown needles! This minitree is a keeper which you can keep thriving by refreshing the planting medium by topdressing with new soil every two years. It may be taken outdoors in late spring and placed in a shaded location. Bring in before outside temps reach 40 degrees. Fertilize every 6-8 weeks with standard fertilizer

Since most people buy or receive poinsettias over the holidays, the following points will help them last. Never overwater! They are a tropical plant and need to dry before watering. It is suggested that you poke holes in the foil they are usually wrapped in and once watered, leave them in the sink to drain completely. If you choose to try to keep them until next year, place in a bright window after the holidays. After April 1, remove the colored leaves, shaping the plant by pinching tips until early August. Feed every two weeks with a standard fertilizer. In September, move to a room where it only gets Mother Nature's light with NO artificial light after sunset. In early October, move back to your regular living area and cross your fingers. If this doesn't work, remember Shop Rite sells them and pick one up when you do your holiday grocery shopping.

March 11th will mark our first meeting of 2020. Mark your calendars and join us in the Lion's Den at 10:30 a.m. You'll be glad you did.



**Terree Rotonda Goble**  
Realtor Associate

## Lions Head South Homeowners!

**I am pleased to report that 2019 has been a banner year for home sales in Lions Head South and I'm hopeful that 2020 sales will display the same results! As always, I am happy to have the opportunity to market homes in your village and can be reached at 732-814-6088 to discuss any real estate matters you have.**

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[terreej@gmail.com](mailto:terreej@gmail.com)**

If your home is listed with another broker this is not intended as a solicitation.

\*\*Industry leader based on global agent count and U.S. closed volume and sales units.

Data compiled by KWR from company websites, SEC filings, industry reports and other publicly available sources ads-2883

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CODE SP

**FEBRUARY 2019 CALENDAR EACH WEEK DAY OF THE MONTH AS LISTED**



<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>
				9:00 Bowling
		9:30-11:30 Acrylic Paint Class	10:00 ZUMBA for Seniors	10:00 Ceramics
9:30-11:00 TRAVEL SIGNUPS	9:30-11:30 Watercolor class	1 & 7 cards/mah jongg	1:00 Men's Indoor Shuffleboard	1:00 Women's Indoor Shuffleboard
11:00 Chair/Mat Yoga	1:00 Crochet,Knitting & Needlework		1 & 7 cards/mah jongg	1:00 Crochet, Knitting & Needlework
1:00 mah jongg	1:00 cards/mah jongg		4:30 Free Yoga	
		7:00 Rummy Cube		
	<b>GARBAGE</b>	<b>RECYCLE</b>		
		<b>2/5 &amp; 20</b>		

**SNOW COMPLAINTS: Call TURFMASTERS AT: 732-349-0444 Leave a MSG on the machine. EMERGENCY SNOW COMPLAINTS PLEASE CALL: Tom Behrens-732-477-2027 OR Bob Mathiasen-732-600-4847**

**BRICK SENIOR SHUTTLE: The Senior Shuttle provides transportation at no cost Monday-Friday 8 am to 3 pm to the Senior Ctr, Nutrition Program, local shopping & local points of interest. Rides are available on a first come, first served basis. Advance 2 week reservation is required. A brief registration is required prior to using the service. To schedule transportation please call: 732-920-8686**

**RESIDENT'S ASSOCIATION MEETING- Feb. 10<sup>th</sup> at 2:30 PM. Refreshments provided.**

**ADMINISTRATION ACTIVITY OFFICE:**  
Hours: 8:00 – 1:30 p.m.  
Activities Phone: 732-920-6955  
Administration Office Phone: 732-920-9099

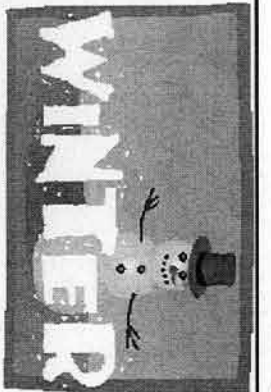
<p>2:00 PM MOVIE MATINEE</p>	<p>9:00 AM Bd of Trustees 2:30 PM Residents Association Mtg</p>	<p>GARBAGE</p>	<p>10:00 AM Security</p>	<p>9:30 AM Regular Travel 10:15 AM Combined Activities</p>	<p>Valentine's Day </p>	
<p>16</p>	<p>7:00 PM Evening Book Discussion Presidents' Day </p>	<p>9:30 AM Clubhouse 11:00 AM Emergency Mgmt 11:00 AM Welcoming</p>	<p>10:00 AM Finance &amp; Ins</p>	<p>10:00 AM Lions Pride Review</p>		
<p>23 2:00 PM MOVIE MATINEE</p>	<p>24 9:00 AM Bd of Trustees-Std Comm</p>	<p>25 GARBAGE</p>	<p>26 9:00 AM Men's Club Exec Bd 2:00 PM Book Discussion</p>	<p>27</p>	<p>28</p>	<p>29</p>





# February 2020

## Monthly Planner



Sunday      Monday      Tuesday      Wednesday      Thursday      Friday      Saturday

Jan 2020

S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

Mar 2020

S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

2	3	4	5	6	7	8
		9:00 AM Architectural 10:00 AM Buildings & Grnds	11:00 AM Community Awareness 11:30 AM Men's Club 6:00 PM Social	11:00 AM Website		
9	10	11	12	13	14	15
		GARBAGE	RECYCLE			

**PHOTOCOPIER: FOR RESIDENT USE IN THE BILLIARD ROOM.** The machine is available anytime to use. Copies are five cents each. Please be sure to have EXACT change.

The office maintains a list of contractors that have been recommended by residents for various types of work. Your comments and recommendations are helpful for future use by other residents. The Association accepts no responsibility for contractors hired.

**SUNSHINE COMMITTEE:** To report a **DEATH** call Joyce Speziale-732-701-3260 or to report an **ILLNESS/HOSPITALIZATION** call: Rose Szpara - 732-920-7898. Please do not call the office.

**TRAVEL COMMITTEE:** Hours: Monday 9:30 a.m. -11:00 a.m. Travel phone: 732-920-6455 Monday only.

**VAN SCHEDULE:** The van will transport residents to and from their homes throughout the year. You may come to the clubhouse for pickup if you wish. Call 732-920-6955 by 12 NOON on the day BEFORE the scheduled van

to reserve a seat on the van. Reservations will not be accepted after that time as outlined in the current Van Policy. At least three riders are necessary for the van to travel. The van schedule for February is as follows: Ocean Mall- Tues. the 4<sup>th</sup> & 18<sup>th</sup> – Freehold-Thurs. the 6<sup>th</sup> - Brick Plaza – Thurs. the 13<sup>th</sup> & 27<sup>th</sup> . Friday the van will go to Brick Plaza and Shop-Rite Plaza. The Friday van service is a first come, first serve basis with a limit of 10 passengers being accommodated. Ridership in the additional vehicle is at the discretion of the van company.

The van leaves the clubhouse as follows:  
(Pickups begin prior to this time)  
Tues. 9:45 Ocean County Mall  
Thurs. 9:05 Monmouth & Freehold Malls  
Thurs. 9:30 Brick Plaza  
Friday 9:05 Brick Plaza & Shop-Rite Plaza  
Tues. 9:15 Jersey Shore Outlets

## BOWLING

*Peter Brennan*

With the bowling season right in the middle, the fun continues. The league is being led by the Team of "Pick Me Up" and "Alley Catz" who are tied at the top. This is just a reflection of the closeness of the competition that happens each year.

Some of the good scores are as follows.

Tino Yodice 268	Jay Wiss 186
Peter Manco 194	Jack Pedtronick 213
Dennis Grasso 258	Janet Bazaz 179
Tom Curtis 192	Russ Casella 206
Wayne Parker 247	Joe Belger 168
Joe Bill 190	Brian Hahm 203
Carl Thul 233	Sue Wiss 152
Jim Clarke 189	Jerry Cirranello 202
Peter Brennan 224	Pat Whyte 150
Phil DeCarlo 186	Pepi Gennardeli 198
Debbie Tristam 223	

We do have a spot for a new bowler until the end of the season, if you wish to try the game even after many years away.



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**\*NJAR Million Dollar Sales Club 2018\***

AD-187

## THE LHS TRAVELER

*Susan Mills*

MARCH 1, 2020 AC Tropicana presents "The Rat Pack: Back in Town," a highly entertaining musical celebration of the legendary entertainers of the RATPACK featuring the iconic music and retro-style fun of Frank, Sammy, and Dean. The entertainers present a world class tribute show creating a combination of classic crooner songs and hilarious comedy bits. The trio ad-lib throughout the show and perform era-defining hits. **On sale Jan. 6, 2020. For \$30 you will get transportation, show and \$15 coin return.**

Your LHS Travel Committee is planning a 9-Night Cruise on Royal Caribbean's Adventure of the Seas from **June 4th to June 13, 2020**; Sailing to New England & Canada with Ports of Call in Boston, MA; Portland and Bar Harbor, ME; Halifax, Nova Scotia; Saint John (bay of Fundy), New Brunswick. See the flyer for more details.

## OUTDOOR SHUFFLEBOARD

Once again Outdoor Shuffleboard will be coming back this spring. The starting date is Wednesday, April 8th at 6:00 PM. It will run for 12 weeks finishing on June 24th. There will be a sign up on Monday, February 3rd at the clubhouse between 9:30 and 11:00 AM. The fee is \$15.00 to play. There will be a pizza party on July 11th at 12:00 noon in the clubhouse. Plenty of prizes will be handed out.

## LIONS HEAD SOUTH ADMINISTRATIVE OFFICE NATURE/PET WATCH

Just a friendly reminder to all pet owners. Please be mindful of your neighbors and be sure to pick-up after your pets. Please refer to the Lions Head South Association, Inc. By-Laws, Page 27, Section 21. "All pet owners shall be responsible for curbing their pets and using a pooper scooper. Pets shall remain on a leash no longer than six (6) feet in length at all times."

## 1950'S VERSION OF AN E-MAIL

I have no idea who put this together, but it is wonderful]!

Long ago and far away, in a land that time forgot,  
Before the days of Dylan, or the dawn of Camelot.

There lived a race of innocents, and they were you  
and me,

For Ike was in the White House in that land where we  
were born,

Where navels were for oranges, and Peyton Place was  
porn. We learned to gut a muffler, we washed our hair at  
dawn, We spread our crinolines to dry in circles on the  
lawn.

We longed for love and romance, and waited for our  
Prince,

And Eddie Fisher married Liz, and no one's seen him  
since.

We danced to 'Little Darlin,' and sang to 'Stagger Lee'  
And cried for Buddy Holly in the Land That Made  
Me, Me.

Only girls wore earrings then, and 3 was one too many,  
And only boys wore flat-top cuts, except for Jean  
McKinney.

And only in our wildest dreams did we expect to see  
A boy named George with Lipstick, in the Land That  
Made Me, Me.

We fell for Frankie Avalon, Annette was oh, so nice,  
And when they made a movie, they never made it twice.

We didn't have a Star Trek Five, or Psycho Two and  
Three,

Or Rocky-Rambo Twenty in the Land That Made  
Me, Me.

Miss Kitty had a heart of gold, and Chester had a limp,  
And Reagan was a Democrat whose co-star was a  
chimp.

We had a Mr. Wizard, but not a Mr. T,  
And Oprah couldn't talk yet, in the Land That Made  
Me, Me.

We had our share of heroes, we never thought they'd  
go,

At least not Bobby Darin, or Marilyn Monroe.  
For youth was still eternal, and life was yet to be,  
And Elvis was forever in the Land That Made Me, Me.

We'd never seen the rock band that was Grateful to  
be Dead,

And Airplanes weren't named Jefferson, and Zeppelins  
were not Led.

And Beatles lived in gardens then, and Monkees lived  
in trees,

Madonna was Mary in the Land That Made Me, Me.  
We'd never heard of microwaves, or telephones in cars,  
And babies might be bottle-fed, but they were not  
grown in jars.

And pumping iron got wrinkles out, and 'gay' meant  
fancy-free,

And dorms were never co-ed in the Land That Made  
Me, Me.

We hadn't seen enough of jets to talk about the lag,  
And microchips were what was left at the bottom of  
the bag.

And hardware was a box of nails, and bytes came  
from a flea,

And rocket ships were fiction in the Land That Made  
Me, Me.

Buicks came with portholes, and side shows came  
with freaks,

And bathing suits came big enough to cover both your  
cheeks.

And Coke came just in bottles, and skirts below the  
knee,

And Castro came to power near the Land That Made  
Me, Me.

We had no Crest with fluoride, we had no Hill Street  
Blues,

We had no patterned pantyhose or Lipton herbal tea  
Or prime-time ads for those dysfunctions in the Land  
That Made Me, Me.

There were no golden arches, no Perrier to chill,  
And fish were not called Wanda, and cats were not  
called Bill.

And middle-aged was 35 and old was fifty-three,  
And ancient were our parents in the Land That Made  
Me, Me.

But all things have a season, or so we've heard them  
say,

And now instead of Maybelline we swear by Retin-A.  
They send us invitations to join AARP,

We've come a long way, baby, from the Land That  
Made Me, Me.

So now we face a brave new world in slightly larger  
jeans,

And wonder why they're using smaller print in  
magazines..

And we tell our children's children of the way it used  
to be,

Long ago and far away in the Land That Made Me, Me.  
If you didn't grow up in the fifties,  
you missed the greatest time in history.



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## RECIPE BOX

*Sue Auer*

### HONORING OUR PRESIDENTS

I cannot think of better time to post some of their favorite recipes. At random, **President Ronald Reagan & President John F. Kennedy**, in addition to their favorites, **LOVED ICE CREAM.**

Peg McKenna, thank you so much for your **ICE CREAM CAKE RECIPE.**

1). Line the bottom of a 9x12 Pyrex dish with ice cream sandwiches of your choice.

2). 1st layer ... cover with hot fudge from a jar (room temperature).

3). 2nd layer ... lightly cover with cool whip.

4). Repeat layers #2 & #3. Freeze to set.

**SUGGESTIONS:** any flavor ice cream can be used with crushed Oreos to make layers ....

**JFK, youngest man to be elected to office**, ranks extremely high in polls of U.S. presidents with historians. Many of his proposals were enacted after his death, including **THE CIVIL RIGHTS ACT & RESERVE ACT OF 1964.**

### JFK EGGY WAFFLES:

1/2 cup butter, 1 tbsp sugar, 2 egg yolks, 1 cup buttermilk, 1 cup + 1 tbsp sifted cake flour, 1 pinch of salt, 2 egg whites stiffly beaten, 4 tsp. baking powder.

1). Cream butter & sugar well, add beaten egg yolks; alternately, add buttermilk & sifted flour & salt.

2). When ready to bake ... fold in baking powder & beaten egg whites ... mixture is now ready for a preheated waffle iron. Top with warm maple syrup & melted butter.

Ronald Reagan - 40th president took the oath Jan. 20th 1981 to Jan. 20th 1989. He was nicknamed "THE GREAT COMMUNICATOR."

### CRAB ARTICHOKE CASSEROLE:

3 tbsp butter, 3 tbsp flour, 1 1/2 cup milk, 1 tsp salt, 1/8 tsp pepper, 1/4 tsp Worcestershire sauce, 2 cups crab meat, 4 hardboiled eggs quartered, 1 can artichoke hearts, drained, 1/3 cup grated parmesan cheese.

1). Melt butter in a saucepan, stir in flour & gradually add milk & seasonings and cook over low heat, stirring constantly until mixture is thickened.

2). Remove from heat & stir in crabmeat & artichoke hearts.

3). Prepare a 1 1/2-quart casserole dish (with greased bottom), pour crabmeat mixture into dish, place quartered hard-boiled eggs on top & sprinkle with parmesan cheese.

4). Bake at 350 deg. for 30 minutes.

Please share your recipes in the Pride ... it would be greatly appreciated ... Recipes can be submitted by email to sauer1948@hotmail.com.

## 5 THINGS YOU NEVER KNEW YOUR CELL PHONE COULD DO

For all the folks with cell phones. (This should be printed and kept in your car, purse, and wallet. Good information to have with you.) There are a few things that can be done in times of grave emergencies. Your mobile phone can actually be a life saver or an emergency tool for survival. Check out the things that you can do with it:

### FIRST: Emergency

The Emergency Number worldwide for mobile is 112. If you find yourself out of the coverage area of your mobile network and there is an emergency, dial 112 and the mobile will search any existing network, establish the emergency number for you, and interestingly, this number 112 can be dialed even if the keypad is locked. Try it out.

### SECOND

Have you locked your keys in the car? Does your car have remote keyless entry? This may come in handy someday. Good reason to own a cell phone:

If you lock your keys in the car and the spare keys are at home, call someone at home on their cell phone from your cell phone. Hold your cell phone about a foot from your car door and have the person at your home press the unlock button, holding it near the mobile phone on their end. Your car will unlock. Saves someone from having to drive your keys to you. Distance is no object. You could be hundreds of miles away, and if you can reach someone who has the other 'remote' for your car, you can unlock the doors (or the trunk).

### THIRD: Hidden Battery Power

Imagine your cell battery is very low. To activate, press the keys \*3370#. Your cell phone will restart with this reserve and the instrument will show a 50% increase in battery. This reserve will get charged when you charge your cell phone next time.

### FOURTH: How to disable a STOLEN mobile phone?

To check your mobile phone's serial number, key in the following digits on your phone: #06#. A 15-digit code will appear on the screen. This number is unique to your

handset. Write it down and keep it somewhere safe.

When your phone gets stolen, you can phone your service provider and give them this code. They will then be able to block your handset so even if the thief changes the SIM card, your phone will be totally useless. You probably won't get your phone back, but at least you know that whoever stole it can't use/sell it either. If everybody does this, there would be no point in people stealing mobile phones.

### FIFTH: Free Directory Service for Cells

Cell phone companies are charging us \$1.00 to \$1.75 or more for 411 information calls when they don't have to. Most of us do not carry a telephone directory in our vehicle, which makes this situation even more of a problem. When you need to use the 411 - information option, simply dial: (800) FREE411, or (800) 373-3411 without incurring any charge at all. Program this into your cell phone now. This is sponsored by McDonald's. This is the kind of information people don't mind receiving, so pass it on to your family and friends.



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## Sudoku

	8	5					7	
7		3		6		1		8
	1		7		3		6	4
2	5	4		3		9		7
	6		9		5		8	
8		9		7		6		5
	2		3		6		9	
5		6		9		4		2
	9		4		7		5	

Answers on page 30

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*Steven C. Tizio, MD*

*Dena Arumugam, MD*

For nearly two decades patients have entrusted their surgical care to JSASA. Our team of board-certified general surgeons is skilled in the evaluation, diagnosis, and treatment of many surgical conditions. Our surgeons perform open, laparoscopic, and robotic surgery, using clinical judgment to decide which surgical approach is most suitable for each patient. Here are just some of the surgical conditions that our physicians treat:

**General Surgery** • Gallbladder disease • Abdominal wall hernias • Hiatal hernia • Reflux  
• Stomach tumors • Intestinal tumors • Port placement for chemotherapy

**Colon and Rectal Surgery** • Colon and rectal cancer • Benign anorectal disease (hemorrhoids, anal fistula, anal fissure) • Diverticulitis • Inflammatory bowel disease • Rectal prolapse

**Breast surgery** • Needle breast biopsy • Lymph node biopsy • Lumpectomy • Mastectomy  
• Cyst removal • Breast infection

**Skin/Soft Tissue Surgery** • Removal of benign tumors • Lipomas • Cysts • Hydradenitis  
• Melanoma • Basal cell carcinoma • Squamous cell carcinoma

**Weight Loss Surgery** • Sleeve gastrectomy • Adjustable gastric banding • Revision surgery

Our reputation for quality outcomes and results is unsurpassed and we strive to remain among the top professionals in our field. Our team will make you feel comfortable and confident with the courtesy, respect and compassion necessary to accomplish your goals.

# Cuba A Study in Contrasts

On a recent trip to Havana, Cuba one could not but notice a study in contrasts. From spectacular pre-revolutionary architecture and buildings which existed due to tourism which was to a great extent due to the casinos, night clubs and hotels built by US interests. After the revolution and becoming a Communist country things changed. The flaws of a communist society are evident. And of course, the Cuban missile crisis exacerbated the economic downfall as US tourists could no longer visit Cuba.

Much of the beautiful architecture of the past still remains, but many of the buildings are deteriorating and sidewalks and roadways are in disrepair. There are signs of resurgence, with some rebuilding going on in tourist areas. Many countries other than the US visit Cuba.

Here are a few pictures which we hope will capture the spirit of Havana. We found the people quite friendly and felt totally safe there.



*A monument for fallen first responders in Havana's cemetery.*

*Below, a typical scene on residential balconies; Havana's "clothes driers"*



*Our cruise ship at the dock in Havana*



*The entrance to Havana Harbor*



*A magnificent pre-revolutionary church*



*This beautiful statue overlooks the harbor*

*Below, a beautifully restored '56 Chevrolet. These cars abound*



*A pre-revolutionary residence - abandoned*

photos by Mardell & Brian Halm

At our inaugural meeting on January 7th, the following were elected as officers for 2020:

Clara Ciuffo,  
*President*  
Kathleen Wright,  
*Vice President*  
Judith Murray,  
*Treasurer*  
Joan Sudnik,  
*Secretary*

Congratulations to all!

We also established the need for the following committees:

HOSPITALITY  
MEMBERSHIP  
PROGRAMS  
SUNSHINE  
PUBLICITY  
TELE-CALLERS

Thanks to all who volunteered for the committees; we need your support.

A list of those will be published as soon as it can be compiled.

# THE LHS Women's Club

A PLACE  
FOR SOCIAL  
GATHERING



**OUR  
NEXT MEETING  
WILL BE ON  
WEDNESDAY  
MARCH 18  
AT 12 NOON IN  
THE LIONS DEN**

***Bring Your  
Own Lunch  
and  
Drink***

# Your LHS Travel Committee is planning a 9-Night Cruise with Royal Caribbean from June 4th to June 13, 2020.



*Adventure of the Seas* – Sailing from Bayonne

Sailing to New England & Canada with Ports of Call in Boston, MA; Portland and Bar Harbor, ME; Halifax, Nova Scotia; Saint John (Bay of Fundy), New Brunswick.

## AVAILABLE ACCOMMODATIONS:

Balcony (Cat. 4B) - \$3020.32\*  
\*cabin total for 2 incl. gratuities.  
(\$1510.16 per person) Single \$2608.50

Ocean View (Cat. 2N) - \$2670.08\*  
\*cabin total for 2 incl. gratuities.  
(\$1335.04 per person)



All prices include government taxes, fees and port charges. All prices and availability are subject to change. Insurance and transportation to port is at an additional cost. See the **INTEREST SHEET** posted on **Travel bulletin board**.

(R 1/2020)



## Sudoku Answers

6	8	5	2	1	4	3	7	9
7	4	3	5	6	9	1	2	8
9	1	2	7	8	3	5	6	4
2	5	4	6	3	8	9	1	7
1	6	7	9	4	5	2	8	3
8	3	9	1	7	2	6	4	5
4	2	8	3	5	6	7	9	1
5	7	6	8	9	1	4	3	2
3	9	1	4	2	7	8	5	6

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ADS-6318

## PRIORITY FOR DRIVEWAY SNOW REMOVAL

For those who qualify, please submit your request to assure that you will be placed on the priority list. To qualify, a resident must require regular life-sustaining medical treatment, such as chemotherapy, radiation, or dialysis in or outside the home.

A “heart condition” does not qualify. Your request must be accompanied by a physician’s script/note which specifies that life-sustaining treatment for any of the conditions outlined above is necessary. Hand written notes are unacceptable. All information will be kept by the Administrator and will be confidential. Your need to go to work does not qualify for priority snow removal. We

suggest you make advance arrangements with a private contractor for snow removal.

The township will cooperate by plowing our roads so that our contractor can begin work. Of course, the town will continue to respond to any serious problems during storms.

**ALWAYS CALL 911 FOR ANY MEDICAL EMERGENCY.**

Please be sure to keep on hand extra supplies of medications and food, so that there is no need to leave the house during or immediately after a snowstorm. The weather predictions generally provide ample warning time for making preparations.



  
providing a place for women with cancer to heal; mind, body, and soul

Mary's Place by the Sea is a safe haven for women with all forms of cancer. Mary's Place offers women a break from their daily responsibilities and medical treatments, and the opportunity to focus on their healing. Our guests are provided with rest and support during this challenging time in their lives. Mary's Place offers holistic, integrative modalities including oncology massage, nutrition education, individual counseling, Reiki, guided meditation, expressive writing, and yoga, all at no cost to our guests.

The demand for our services has been so great, that what began out of two bedrooms in a bed and breakfast now operates out of a ten-bedroom, custom built, retreat center in Ocean Grove. Since its founding in 2009, Mary's Place by the Sea has welcomed nearly 7,000 women as our guests.

If you or a loved one are dealing with cancer, and would like to find out more about Mary's Place, please visit [www.marysplacebythesea.org](http://www.marysplacebythesea.org) or contact us at 732-455-5344.

22 Main Avenue • Ocean Grove, NJ 07756  
Phone: 732.455.5344 • Fax: 732.361.0135  
Email: [info@marysplacebythesea.org](mailto:info@marysplacebythesea.org)  
Website: [www.marysplacebythesea.org](http://www.marysplacebythesea.org)

Mary's Place by the Sea is an IRS-recognized, non profit 501 (c) (3) organization

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