

LIONS PRIDE

A PUBLICATION OF LIONS HEAD SOUTH ASSOCIATION, BRICK NJ



VOLUME 6 NO. 7

JULY 2020

“Beautiful Blue Sea”
by Joyce Kuschwara,
LHS Acrylics Class



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EDITORIAL

Susan Mills

July, what a special month. Summer is in full swing. Days are long and warm. Families and friends are planning vacations. Our wonderful country is celebrating its independence. Life is good. At least this is how it usually is.

Somehow this year things are a little different. The days are still long and warm. Families and friends still want to go on vacations. However, it is unclear what limitations and guidelines will need to be followed. Our country will surely still have a 4th of July celebration. We just don't know how festive or social these celebrations will be allowed to be. We Americans have really been tested. Remember, we are strong. Together we can make it. Better days are coming. Soon "togetherness" will once again be the norm. Gather up your energy, put on your best smile and get ready to experience a wonderful summer.

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PRESIDENT'S MESSAGE

Bob Pedersen

As I sit here the weather outside my window is just great! Summer is here and hopefully things will start to get back to normal sooner than later.

I would like to thank Debbie Holtzerr for organizing an outdoor line-dancing session in the parking lot. I hear it wasn't jam packed with residents but those that were there were able to see and talk to neighbors that they haven't seen in months. KUDO'S DEBBIE.

With no formal activities there is little to report on at this time.

For those of you that walk your dogs, be sure to pick up after them and do not leave bags of poop in the receptacles outside of the clubhouse doors. Somebody has been using them as personal garbage cans. Your maintenance personnel are not paid to clean up after your pets and the receptacles are not cleaned daily so the odor is offensive. Also, I have noticed a lot of "trash" or litter strewn around the common grounds. Please bring your trash home and dispose of it properly. There is no reason for wine bottles and beer cans to be piling up along side of our streets. Be mindful of your neighbors and our community and keep our community pristine. The Garden Club is working hard to

keep on top of the plantings (thanks to Claire and her team of green thumbs) and garbage thrown about just defeats the work they do. So be aware and clean up after yourselves. You wouldn't do it at home, so don't do it here!

I need to remind everyone that your Board of Trustees are still here and normal operations in this community will continue as before, just without face-to-face meetings. I encourage committee chairpersons to figure out ways to have your meetings. As things improve and restrictions are lifted, the pool and other recreational facilities, including the clubhouse, will open following guidelines set by the state and not before. I will not jeopardize anyone's health just to satisfy a few. So, stay safe and stay aware.

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**Income & Expense Statement
to Date as of 05/31/20**

Income:

401.0 Maintenance Fees	\$	433,152.09
401.5 Rental Income	\$	-
402.0 Maintenance Late Fees	\$	680.00
403.0 Rental Security Deposits	\$	0.20
406.0 Interest Operations	\$	2,266.11
408.0 Miscellaneous	\$	585.00
410.0 Participation Fees	\$	20,900.00
450.0 LHCC Revenues	\$	34,974.20
Total Income:	\$	492,557.60

LHCC Sales Tax:

209.0 LHCC Sales Tax	\$	1,987.50
Total Sales Tax:	\$	1,987.50

Expenses:

500.0 Administration	\$	167,439.64
520.0 Residences	\$	103,583.90
540.0 Common Facilities	\$	87,419.43
Total Expenses:	\$	358,442.97

Total Income Over Expenses: \$ 134,114.63

Balance at Month End: \$ 134,114.63

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New Residents - 2020

Martini, Richard & Maribeth.....87 Lauren Ln.
R/S Wibbelsman
Minniti, Paul & Leah.....160 Lions Head Blvd.
R/S Breidt Estate

Deletions - 2020

Wibbelsman, Mary87 Lauren Ln.
R/S Martini
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WHAT IS A HERO?

Mary Ellen Klotz

In the dictionary, hero is defined as a person “noted for courageous acts, has special qualities and is regarded as a role model.”

A hero lives among us on Carter Way. On Friday, May 29, Fred Hernandez was doing lawn work around noon when he smelled something burning. “I thought that someone might have been grilling,” he stated, “but people don’t usually do it in the middle of the day and no people I know grill on this street.”

Fred knows this because he knows his neighbors. No sooner had he finished that thought when he looked up and saw the smoke.

Without hesitation he began running down the street towards it and saw thick black smoke was billowing from the kitchen vent on the side of 8 Carter Way. His stomach sank. It was Teresa Snyder’s home. Not only does she have trouble walking, she lives alone and...is totally blind.

When he arrived at her home, he began banging on the door and yelling “Teresa, are you okay?” hoping that perhaps she was out with her caregiver when he heard the muffled reply “NO.”

After opening the screen door, he tried to open the inner door but it was locked - he shouted “Unlock the door! Unlock the door!”

When she finally managed to open the door, smoke poured out so thick, Fred couldn’t even see Teresa.

“Come on, we gotta go, your house is on fire!” he demanded, grabbing her by the arm, pulling her towards safety.

She refused to move, “I don’t have any shoes on!”

By this time, a nearby workman doing repairs had jumped off the roof and joined Fred.

Still Teresa refused to leave the house.

“It was like her feet were glued to the floor!” Fred explained. “I said don’t worry about your shoes! Your house is on fire - you gotta get out!” Finally, with both men on either side, they managed to get Teresa outside and Fred shouted orders to neighbors who had seen the commotion.

“Call 911! Get her away from here!” Fred barked. Then, he ran home to get a fire extinguisher to put out the blaze or at least keep it from spreading to adjacent homes.

Going back inside (which is against the cardinal rule of dealing with fires), Fred managed to turn off the stove with bits and pieces of the ceiling falling on his head, light fixtures dangling and did his best to put out the inferno. “I thought I had it out but it must have restarted,” he pronounced regretfully.

Fast forward, the police, EMTs and fire department arrived and put out the blaze which extensively damaged the home. Teresa, who was boiling eggs for lunch, had paper towels too close to the stove which ignited into flames. She refused treatment and is believed to be living with her caregiver until semi-permanent arrangements are in place. A smoke alarm in her home was found dangling from the ceiling; it is unknown if it was operable at the time of the blaze.

Fred came home when things calmed down, took a shower and was back doing yard work by late afternoon. He bristles at the label, “hero” - “You just gotta know your neighbors and you gotta look out for them.”

Spoken like a true hero.

(Postnote: On Sunday June 1st, several neighbors, Florence Lorenz and Rose Saputo, planned a small celebration to honor Fred with a BBQ (and Rose’s eggplant parm - yummy! antipasto by Ann ???, brownies by Sarah Polzer) and an ice cream cake with “Our Hero Fred” written on top while others drove by and honked horns to celebrate our neighborhood “hero.”)



CLUBHOUSE COMMITTEE

Rose Saputo

The Clubhouse Committee is hoping that by the time this article is published, our clubhouse has already reopened or is scheduled to do so very soon.

We are all very anxious to get back into the “swing of things” or back to some slight hint of “normality”. We, along with everyone else in our country, have gone and are still going through uncharted territory - almost like being in “The Twilight Zone”. I would assume that your patience is wearing thin (as is mine), but I hope you can see the dim light at the end of the tunnel. It will get brighter as we get closer.

Hope all of you are well, staying safe and sound and still “keeping the faith”; after all, that’s all we can do, right? This soon shall pass. We should all be thankful for God’s daily blessings. May hope and peace always be with you. For this soon shall pass.

Have a safe and HAPPY 4TH OF JULY!!!



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COMMUNITY AWARENESS

Gail Levenelm

GENERAL INFORMATION:

IMPORTANT – CENSUS Info – If you haven’t filled out the census yet either by mail or on-line, census takers will be knocking on doors of people who haven’t filled it out.

COVID-19 testing is free for seniors with Medicare.

Stimulus Check – Some are receiving the COVID-19 stimulus check in the form of an EIP card (Economic Impact Payment card). It will arrive by mail in a plain envelope from “Money Network Cardholder Services”. The Visa name will appear on the front of the card and the back of the card has the name of the issuing bank, MetaBank, N.A. Activate your EIP card account, set your 4-digit PIN # and get your balance by calling 1-800-240-8100. Sign the back of the card.

Bricktown Specific:

Senior Services is open and offering food delivery, help with rent or mortgage payments, utilities and other services. You can contact them at 732-736-8989.

Bricktown is re-bidding for the VA Hospital.

Brick Townhall is now open at all entrances with health screening, social distancing and masks required.

Brick’s beaches are open with swimming allowed as of June 13th. Seniors Badges are free, and seniors can purchase a \$15.00 season parking permit.

Youth summer programs (camp) are set to begin on July 6th.

Summerfest will probably be pushed to dates in August, or may have to be cancelled, depending on the Governor’s reopening plan. Trader’s Cove concerts in August are still on.

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OWNER'S LAST NAME _____ FIRST NAME _____

NAMES OF OTHERS LIVING IN THE UNIT:

PERSON'S TO CONTACT IN CASE OF EMERGENCY

FIRST PERSON'S NAME _____

RELATIONSHIP TO RESIDENT _____

HOME PHONE NUMBER (____) _____

CELL PHONE NUMBER (____) _____

SECOND PERSON'S NAME _____

RELATIONSHIP TO RESIDENT _____

HOME PHONE NUMBER (____) _____

CELL PHONE NUMBER (____) _____

NEIGHBOR TO CALL IN CASE OF EMERGENCY

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LH COUNTRY CLUB

Jim Mort

With the Virus apparently slowing down, every effort is being made to return to some semblance of normal. This has been and continues to be a vicious virus that indiscriminately strikes young and old alike. Every precaution will be taken to ensure we do not rush back to a normal operation and in doing so contribute to a resurgence of the virus. While some limited events are being conducted and planned, we will take every precaution available, wear masks around the Clubhouse, and enforce social distancing during any of these events. During June we conducted our first Scramble of the year and the results will be covered in the next Pride article. The next Scramble is scheduled for Tuesday, July 14th. Sign-up sheets will be available at the LHCC outside BB. At this time, we will limit refreshments to individually prepared and packed items that will minimize the handling of provided items.

The tickets sales for the 20/20 and Free Membership Raffles FMR, have been delivered to all residents in LHS and LHN. To accomplish this took some extra-ordinary assistance from a lot of folks. Due to the virus, all 1,000 Flyers and 2,000 Tickets had to have the starting and final drawing dates changed. The WGA, Bea Scanlon, Peggy Comfort, Elaine Long, Diane Gentile and Lee Scaturro made all of the changes in a timely manner. Thank you so very much for your assistance. To get the tickets delivered along with the new Phone Books, we enlisted our core of volunteers: Laura and Don Jacquin, Paul Varge, Joe Bill, Joe Bivona, Mike Nagel, Chuck Florio, Vic Carlson, Phil DeCarlo, Ed Gregersen, Pete Manco, Greg Flynn, and Ken and Eileen Winne. I appreciate all the time and energy put into this effort which will ensure our raffles are successful. Additionally, Joe Bill stapled 1,000 20/20 Flyers, tickets and instructions for the ticket sales. We are so blessed to

have so many folks that willingly step forward to get the job done. We thank each and every one of you for pulling together and getting all of this work accomplished in a timely manner.

Andy Turelli is as active as ever in his new position to enhance the beauty of the LHCC. Flowers, bushes and trees are appearing throughout our area. Thank you, Andy, and keep up the good work because your efforts are readily apparent and it really does make a difference to our overall appearance.

As part of our restoration program, Jay Wiss has completed two of the new Sponsor Boards which we use to display the plaques of our many Sponsors. I appreciate all of your work and time in getting these boards designed and constructed.

In June, a Board of Directors' Meeting was conducted and minutes of the meeting are posted to the LHCC outside BB and will be covered in the next issue of the Pride.

The General Meeting for all members scheduled for June 15th was cancelled due to the virus. The next General Meeting is scheduled for August 17th.

We appreciate the continued support from our community with the 20/20 and FMR raffles. LHCC will lose most of our fundraising events and your support for the two raffles will greatly assist with our overall operations.

Also, for all of our residents of LHS and LHN we invite you to take advantage of the beautiful golf course that is available to all of us. Our membership over the years has continued to decline and we are actively seeking out residents and non-residents to increase our membership. We can and will assist anyone interested in giving golf a try with whatever spare equipment we have and some basic instruction to get you started. All it really takes is a desire to get involved and play. Try it, you will like it. Additional information is contained in the LHCC Flyer included in this issue of the Pride.

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MEN'S CLUB

Brian Halm, Treasurer

The Men's Club Executive Board held a meeting in May to discuss our financial status and Events Schedule for 2020. Traditionally, the Men's Club runs Community-minded events such as Sundaes-Sunday and Breakfast with Santa. To support these and the Annual Holiday Gala (which is free to members), a number of fund-raising events such as Bingo, Dinners, Dances, Blue Claws, Night-at-the-Races and a variety of trips are necessary. Unfortunately, due to the COVID crisis, a number of events have already been cancelled and most likely events scheduled later in the year will also have to be cancelled. Even if some of the social-distancing requirements are lifted, there will be restrictions on the number of people allowed to gather. With this in mind, it has been decided, and voted on by the E-Board, to cancel the 2020 Holiday Gala as both socially and financially untenable.

We still hope to launch the MEGA 50/50 later in the year. This program will be necessary to build up our funds for the future. Please support it when it becomes available! Stay well and reach out to your fellow members and neighbors.



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THE RECIPE BOX

Sue Auer

FACEBOOK RECIPES: Friends of Facebook have shared many interesting recipes & some of which could become some of mine & your favorites ... some simple & some not so simple, but if you are looking for a culinary project, you may want to give these a try.

CRISPY CRAB NUGGETS....recipe shared by Captain Denny Shipp... Denny is captain of the Water Valley Fire Dept FD31-04 MS.

- 1 lb. fresh crab meat
- 3 slices of white bread (crust removed)
- 1 egg beaten
- 1 tbsp mayonnaise
- 1 tsp Dijon mustard
- 1 tsp Worcestershire sauce
- 1 tbsp Old Bay seasoning
- 1 tbsp parsley

In a food processor CHOP fine white bread slices. In a large bowl, MIX together egg, mayonnaise, mustard, Worcestershire sauce, parsley & Old Bay seasoning; ADD bread crumbs & crab meat, MIX by hand, do not break-up lumps (just break-up the large ones). SHAPE into balls &

fry in batches of hot oil. DRAIN on paper towels. SERVE with your favorite sauce.

BLUEBERRY LEMON RICOTTA POUND CAKE....recipe from *HARDCORE ITALIAN BLOG* by Marisa ...Eating Well...

This is blueberry season...best from *EMERY'S FARM* 346 LONG SWAMP RD., NEW EGYPT, NJ 08533 609-758-8514.

- 3/4 cup granulated sugar
- 5 tbsp unsalted butter
- 3 large eggs
- 3/4 cup part skim ricotta cheese
- 2 tbsp lemon zest
- 2 tbsp lemon juice + 1 tsp lemon juice (divided)
- 1 tsp vanilla extract
- 1 1/2 cups whole wheat flour
- 2 tsp baking soda
- 1/2 tsp salt
- 2 cups fresh BLUEBERRIES
- 2 tbsp packed confection sugar (10X)

STEP 1. Preheat oven to 350 deg. F. Coat a 9x5 loaf pan. Spray & line bottom with Parchment paper.

STEP 2. Beat sugar + butter in a large bowl with electric mixer. Beat in eggs 1 at a time. Beat in ricotta cheese, lemon zest, 2 tbsp lemon juice & vanilla. Sprinkle flour on top. Then sprinkle evenly baking powder, & salt over flour. On low speed beat until all combined. ADD blueberries by gently folding into batter, then transfer to pan.

STEP 3. Bake for 1 hour. Insert tester in center... run knife around the pan to loosen cake... invert onto rack carefully. Turn right side up & let cool. Whisk together the remaining lemon juice (1 tsp) & 10X sugar to make a glaze...BRUSH on top of cake.

Wishing everyone the very best ... a safe & healthy summer 2020...



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GARDEN CLUB

Carmela Ferraro

With no meetings in March, April and May, our 2020 season is off to a slow start as are the other committees, clubs, and programs in our community. But in May with the permission of the Board of Trustees, club members planted flowers in various areas to add color and brightness until we all are safe from this pandemic and can return to our many activities. So, with little to report on our meetings, I give you the following garden hints for July.

CHECKLIST FOR JULY

- Keep removing spent flowers and apply a slow release fertilizer to annuals to encourage new blooms.
- Check roses for black spot and powdery mildew and treat accordingly.
- Fertilize roses in August for the last time of the season.
- The months of July and August are the time to divide iris.
- Remember your pets. Keep compost, garden waste and hazardous materials in a safe place.
- Check containers and hanging baskets for water needs.
- Water in the morning when little water is lost to evaporation.
- Pinch back ends of leggy basket plants.
- Maintain a 3-inch layer of mulch around trees and shrubs away from trunks.

FOOD FOR THOUGHT - Did you know that many flowers are edible?? These are just a few.

Nasturtium, flowers and leaves, start sweet then finish with a peppery flavor like watercress.

Roses are fruity and fragrant, the darker the petals, the more pronounced the flavor.

Marigolds range in flavor. Based on variety, they can be citrusy, smoky or have a honeylike sweetness. Common garden marigolds may be pungent and bitter.

PLANTS TO REPEL SPIDERS AND OTHER PESTS.

During the summer, mosquitoes, flies and spiders are often found where they are not wanted. Instead of using repellents that are not safe around animals, food or for that matter people, try using some harmless plants that insects can't stand.

- **Lavender** – Pleasant smelling, repels moths, fleas, flies and mosquitoes. And it's a pretty plant.
- **Peppermint** – Minty-fresh smell that insects hate. In the garden use in a pot as it is very invasive.
- **Lemongrass** – Used to make citronella candles that helps repel mosquitos has a citrus-like smell.

- **Basil** – This kitchen herb is great in many dishes, but its smells and oils help repel bugs. Grown on your window sill, you will have fresh basil to toss in your dishes.
- **Rosemary** – A favorite for cooking helps repel insects.
- **Marigolds** – Pretty flowers, potted inside or out in the garden contains pyrethrum which is used wildly in insect repellents.

HOMEMADE WEED KILLER RECIPE:

Environmentally safe and cheap

I know this has been given before, but it really works, especially between cracks in the pavement or blocks.

Makes about 1 gallon of spray. You can cut the recipe according to your needs.

Heat: 1 quart of white vinegar (any brand)

Add: 2 cups Epsom Salt. Wisk till dissolved.

Set aside till cool

Add: ¼ cup Dawn dish soap to a spray bottle.

Add: Vinegar/Epson Salt mixture to spray bottle.

(pour slowly to avoid suds) Gently mix

You may have to spray twice for larger growing weeds.

Not sure when we'll be able to have our meetings again, but we will continue caring for our plants and displays throughout the summer months.





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South**



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ads-4297

CREATING SAFE PASSWORDS

From the Asbury Park Press

Many people might think that the safest computer password is a random jumble of letters, numbers and characters, such as: sPwk5\$lc*U, for example. Wrong.

This method, besides being impossible to remember, is not the most secure. It's far better, experts agree, to string real words together: HippoHopRecliner, for example.

Does the site demand a number or character as part of the password? No problem. Exclamation points can sub for I's, and the number 3 for an E. Get creative, but make sure you can remember your password.

PAYING IT FORWARD

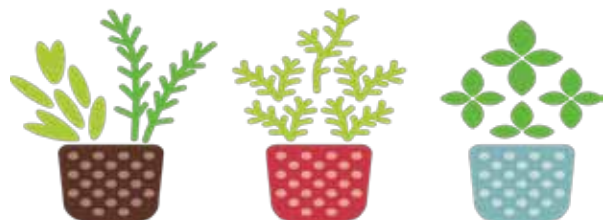
Would you like to say thank you to our medical heroes? Here is something to consider.

During a recent Brick Facebook update session, Mayor John Ducey made the town aware of a way to help small businesses fighting for their livelihood by sponsoring meals for the medical workers on the front lines. The organization is ARH-in-the-community and the website is: <http://arh-in-the-community-civilsolutions.hub.arcgis.com/> This is a specific go fund me organization that will benefit Brick restaurant businesses by supplying meals for the local hospital.

By going to this website, you can choose a local Brick restaurant, that is participating, and donate whatever amount you would like to give. Once there is enough money for a restaurant to provide 20 meals, the food is prepared and the hospital is notified about the delivery which can be for breakfast, lunch or dinner. Participating Brick restaurants are: Beacon 70, Brick Oven Restaurant, Denino's South, Mantoloking Road Ale House, River Rock Restaurant, Shore Catering and Windward Tavern.

100% of the money collected will be used to make meals to be distributed at our medical center. You can either specify a choice of restaurant or donate to the general fund.

This is an opportunity to help local businesses and show appreciation to the hospital staff. Check the website for specific details.



JULY 2020 CALENDAR EACH WEEK DAY OF THE MONTH AS LISTED

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		9:30-11:30 Acrylic Paint Class		10:00 ZUMBA for Seniors
9:30-11:00 TRAVEL SIGNUPS	9:30-11:30 Watercolor class	1 & 7 cards/mah jongg		10:00 Ceramics
11:00 Chair/Mat Yoga	1:00 Crochet,Knit- ting & Needlework		1 & 7 cards/mah jongg	1:00 Crochet, Knitting & Needlework
1:00 mah jongg	1:00 cards/mah jongg		4:30 Free Yoga	
			7:00 Rummy Cube	
	GARBAGE	RECYCLE 7/8 & 22		

LAWN COMPLAINTS: Call TURFMASTERS AT: 732-349-0444 Leave a MSG on the machine.

SPRINKLER COMPLAINTS: Fill form out located in C/H and place in complaint box. Problems will be investigated within 24-48 hours. Federal Irrigation: 732-349-9905. After hour emergencies ONLY: Tom Behrens: 609-276-4666

PHOTOCOPIER: FOR RESIDENT USE IN THE BILLIARD ROOM. The machine is available anytime to use. Copies are five cents each. Please be sure to have EXACT change.

ACC RESIDENT'S MEETING- July 13th at 7 PM. Refreshments provided.

ADMINISTRATION ACTIVITY OFFICE:
Hours: 8:00 – 1:30 p.m.
Activities Phone: 732-920-6955
Administration Office Phone: 732-920-9099

VAN SCHEDULE: The van will transport residents to and from their homes throughout the year. You may come to the clubhouse for pickup if you wish. Call 732-920-6955 by 12

		9:00 AM Bd of Trustees 7:00 PM ACC Resident's Mtg	11:00 AM Library 7:00 PM Recreation	12:00 PM LHS Woman's Club	10:00 AM Lions Pride Review		
19	20	7:00 PM Evening Book Discussion	9:30 AM Clubhouse 11:00 AM Welcoming 11:00 AM Emergency Mgmt	2:00 PM Book Discussion			
26	27	9:00 AM Bd of Trustees-Std Comm	GARBAGE	RECYCLE			
	28		GARBAGE				
	29	9:00 AM Men's Club Exec Bd					
	30						
	31						

July 2020

Monthly Planner

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

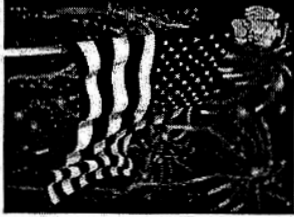
Jun 2020

S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

Aug 2020

S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

5	6	7	8	9	10	11
		9:00 AM Architectural	10:00 AM Security	9:30 AM Regular Travel		
		10:00 AM Buildings & Grnds	10:30 AM Garden Club	10:15 AM Combined Activities		
		GARBAGE	RECYCLE			
12	13	14	15	16	17	18

1	2	3	4
11:00 AM WGA Mtg	11:00 AM Website	OFFICE CLOSED	Independence Day
11:30 AM Men's Club			
1:00 PM Community Awareness			
6:00 PM Social			

The office maintains a list of contractors that have been recommended by residents for various types of work. Your comments and recommendations are helpful for future use by other residents. The Association accepts no responsibility for contractors hired.

SUNSHINE COMMITTEE: To report a DEATH call Joyce Speziale-732-701-3260 or to report an ILLNESS/HOSPITALIZATION call: Rose Szpara - 732-920-7898. Please do not call the office.

TRAVEL COMMITTEE: Hours: Monday 9:30 - 11:00 a.m. Travel phone: 732-920-6455 Monday only.

BRICK SENIOR SHUTTLE: Provides no cost transportation Mon-Fri, 8 am-3 pm. Rides are first come, first served basis. Advance 2 week reservation required. A brief registration is required prior to using service. To schedule transportation call: 732-920-8686

NOON on the day **BEFORE** the scheduled van to reserve a seat on the van. Reservations will not be accepted after that time as outlined in the current Van Policy. At least three riders are necessary for the van to travel. The van schedule for July is as follows: Ocean Mall- Tues, the 7th & 21st – Monmouth-Thurs, the 2nd - Brick Plaza – Thurs, the 9th & 23rd . Friday the van will go to Shop-Rite Plaza. The Friday van service is a first come, first serve basis with a limit of 10 passengers being accommodated. Ridership in the additional vehicle is at the discretion of the van company.

The van leaves the clubhouse as follows:
(Pickups begin prior to this time)

Tues. 9:45 Ocean County Mall
Thurs. 9:05 Monmouth & Freehold Malls
Thurs. 9:30 Brick Plaza
Friday 9:05 Brick Plaza & Shop-Rite Plaza
Tues. 9:15 Jersey Shore Outlets



LAWN MAINTENANCE SCHEDULE ~ 2020

LION'S HEAD SOUTH ASSOCIATION

MARCH

Fertilize w/ crabgrass pre-emergent
Dimension 18-0-10 w/ 1.5%
Will not be responsible for stress lawns

APRIL

April 13 Lawn Cutting, Edging
April 16 SPRING CLEAN UP

MAY

May 4 Lawn Cutting, Edging
May 14 Lawn Cutting
May 25 Lawn Cutting
May ~ Fertilize w/ dimension 1.5%
18-0-10 Will not be responsible for
for stress lawns
Broad leaf weed control (Speedzone)
Do Not Water. Wait 1 day after application

JUNE

June 4 Lawn Cutting, Edging
June 15 Lawn Cutting
June 25 Lawn Cutting
June ~ Post emergent app. Of Dimension
herbicide for crabgrass control.
Will not be responsible for stress lawns.

JULY

July 6 Lawn Cutting, Edging
July 16 Lawn Cutting
July 27 Lawn Cutting
July ~ Spot Spray Nutsedge
Do Not Water.
Wait 1 Day after Application

AUGUST

August 6 Lawn Cutting, Edging
August 17 Lawn Cutting
August 27 Lawn Cutting
August ~ Fertilize with Talstar
insecticide & grub control 24-0-5
Water After Application

SEPTEMBER

September 7 Lawn Cutting
September 24 Lawn Cutting
September ~ Broad leaf weed
control(Speedzone) **Do Not Water.**
Wait 1 Day after Application

OCTOBER

October 15 Lawn Cutting
Fertilize 30-0-10 50%
Water after Application

NOVEMBER

November 23 Lawn Cutting
November ~ Fall Cleanup & Lime Application

ALL DATES ARE TENTATIVE SUBJECT TO CHANGE-CURBLINE WEED SPRAYING WILL BE ONCE A MONTH AS NEEDED

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ads-2693

WEBSITE COMMITTEE

Peter Brennan

The Lions Head South website still continues to be the primary source of activity happenings at LHS. We strive to stay on top of changes, but can only do so much. When chairpersons alert the website with new events, we will post that information as soon as possible. Keep the website active with current info for our LHS residents' benefit.

NOMINATING COMMITTEE

Carol Contini

We are going through extremely difficult times now but hope when you read this we will be getting back to normal. That means the nominating committee will be looking for people interested in running for our Board of Trustees. This is the time to think about what an interesting experience that could be.

YOU could be a participant in keeping our community as great as it is.



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ads-6523

REPORTING ID THEFT

From the Asbury Park Press

Reporting online identity theft is as easy as 1, 2, 3. Here are the steps according to the Federal Trade Commission's program **IdentityTheft.gov**.

1. (A) Call the companies where you know the fraud occurred and ask for their fraud department. They can freeze your account to prevent new charges.

(B) Replace your password, login IDs and personal identification numbers for these accounts.

2. Place a fraud alert and get your credit reports. To place a fraud alert, contact one of the three major credit bureaus. That company must report the fraud alert to the other two. Here are the three major credit bureaus and how to contact them:

-Experian.com/fraudalert, 1-888-397-3742

-TransUnion.com/fraud, 1-800-680-7289

-Equifax.com/CreditReportAssistance, 1-888-766-0008

Ask for a free copy of your credit report at AnnualCreditReport.com or call 1-877-322-8228, and review it for transactions you don't recognize.

3. Visit IdentityTheft.gov, and report the fraud to the FTC with as many details as you can remember. They will create a plan of action for you.

RULES AND RESTRICTIONS FOR BRICK BEACHES

From the Asbury Park Press

Restrictions:

-Social distancing will be in effect and enforced by beach staff

-Beach supervisor will close access to beach if crowds are preventing effective social distancing

-Beach staff will regularly disinfect restrooms, equipment, lockers, etc.

-Lifeguards have an approved COVID screening and evaluation questionnaire for rescues and first-aid assists

-EMTs will take employees temperature

-One lifeguard on stand; two on foot due to social distancing

Beach badge price:

-Season badge (on or before June 15) \$25

-Season Badge (after June 15) \$30

-Daily wristband \$8

-Season parking \$30

-Daily Parking Pass \$5

-Children ages 12 and under: Free when accompanied by a paying adult

-Seniors who will be age 65 by September 1 may receive a free daily wristband

Bathroom facilities:

Beach staff will regularly disinfect restrooms, lockers and equipment through daily operations.



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Sudoku

3			8		4			6
		6	1		2	7		
	8			7			3	
	5	4		1		8	2	
8			2		7			9
	9	2		5		3	6	
4	7			2			8	3
		3	7		5	4		
1			9	4	3			5

Answers on page 31




ACTION

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The following infestations are covered: Roaches, Mice Rats, Bees, (excluding Honey Bees), Wasps, Carpet Beetles, Silver fish, Ticks, Pavement Ants, Spiders, Earwigs, Millipedes, Centipedes, Crickets, Ground Beetles, and Food Infesting Insects.

"I have used Action's pest control services for over twenty years" commented Tony Sclafani, resident of Leisure Village East. "They are friendly, affordable and provide excellent service."



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Crossword Puzzle

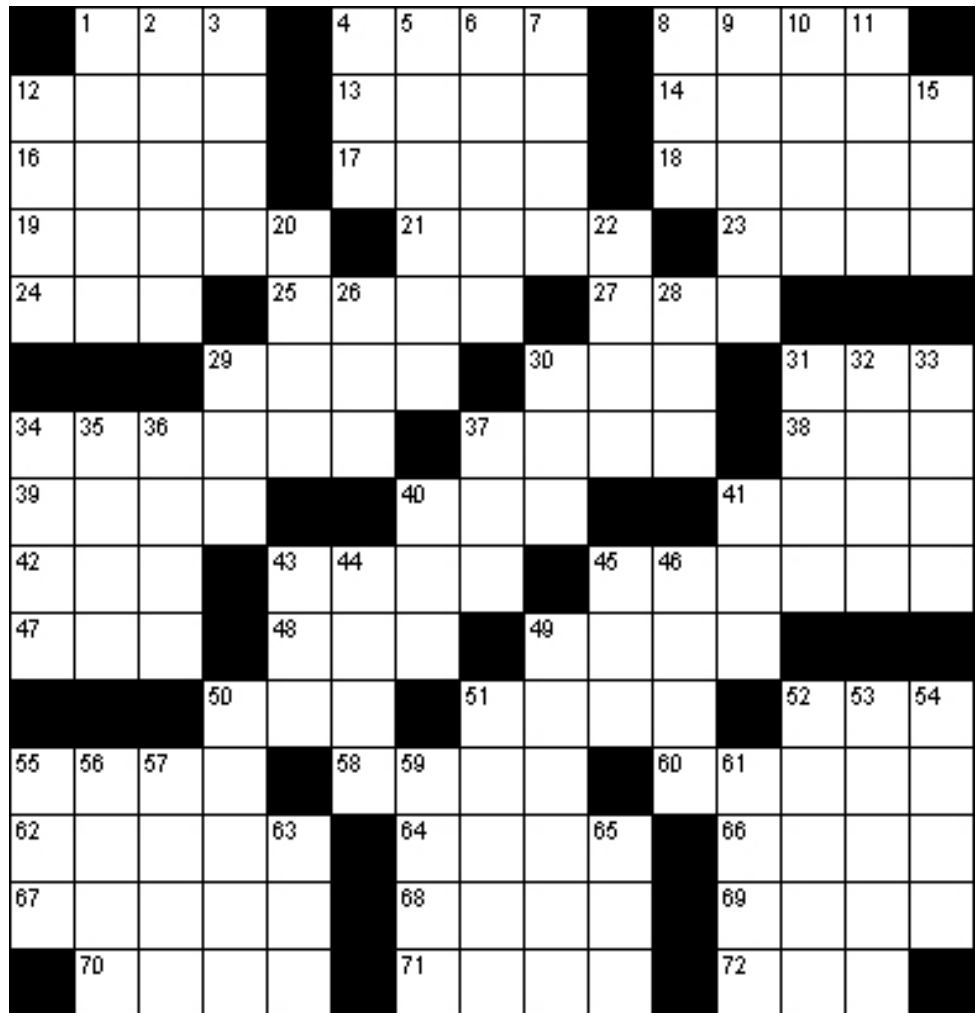
ANSWERS ON PAGE 31

Across

1. Snakelike fish
4. Assist in crime
8. Particle
12. Imitate
13. Fruit
14. Pulsate
16. Bad time for Julius
17. Border
18. Wipe out
19. Laconic
21. Sediment
23. Additional to or different from
24. Attempt
25. Slightly open
27. Cut down
29. Form of transport
30. Vitality
31. Fuss
34. Study of plants
37. Bill of fare
38. Napkin
39. Quartz used in cameos
40. Used to control a horse
41. As well
42. High mountain
43. Fraud
45. Each
47. Cereal grass seeds
48. Paddle
49. Aromatic herb
50. Fitting
51. Champion
52. Droop
55. Tablet
58. Aspersions
60. Languish
62. Residence
64. In the middle
66. Halo
67. Defamation
68. Shade of blue
69. Pack tightly
70. Medieval land worker
71. Hinge joint
72. Conifer

Down

1. Type of duck
2. Mineral used as an abrasive
3. Not as great
4. Simian
5. Pandemonium



6. Avid
7. Woody plant
8. Consumed
9. Tossed
10. Unwritten exam
11. Flowerless plant
12. Glove
15. Insect
20. Yield
22. Tibia
26. Crested bird
28. Flightless bird
29. Charge
30. Animal doctor, in short
31. Fit
32. Saucer
33. Woodwind instrument
34. Male hog
35. Merely
36. Variety

37. Coalesce
40. Saloon
41. Be unwell
43. Jump
44. Annual grass seeds
45. Melody
46. Gambit
49. Infer
50. Tree with conelike fruit
51. Person
52. Fry quickly in fat
53. Pointer
54. Chew
55. Buddy
56. Wading bird
57. Part of the ear
59. Long and thin
61. Facile
63. Mischievous fairy
65. Staining substance

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The LHS Men's Club Announces a Community-Wide

MEGA



50/50

\$5.00 per Raffle Ticket

1st Prize 80% of Pot* - 2nd Prize 20% of Pot*

Possible \$2,000.00 Jackpot[†]

NOTE: Ticket Sales were originally scheduled to Start on Mondays in April with the Final Drawing to take place at the Men's Club Holiday Gala in December. Due to restrictions caused by COVID, revised dates will be announced when safely available.

***Pot is 50% of Total Sales**

†Prize amounts will vary based on sales.

Lions Head Country Club

**\$2,950 in
CASH PRIZES!**



Lions Head
Country Club

**\$2,950 in
CASH PRIZES!**

20-20 DRAWING

More Than 1 Chance To Win!!!*

**DRAWINGS START THURSDAY, JULY 30, 2020
and EACH THURSDAY THEREAFTER
THREE (3) DRAWINGS EACH WEEK
FOR 19 WEEKS**

Weeks 1 thru 19	{	1st Drawing = \$50.00
		2nd Drawing = \$25.00
		3rd Drawing = \$25.00

MONDAY, DECEMBER 7, 2020

Week 20	{	1st Drawing = \$400.00
		2nd Drawing = \$300.00
		3rd Drawing = \$200.00
		4th Drawing = \$100.00
		5th Drawing = \$ 50.00

Make checks payable to Lions Head South Association (LHSA)
Please return unused tickets to the LHCC Pro Shop

PLEASE SUPPORT THE 20-20

Your presence is not required to win a prize.

**Should you win a drawing, your name goes back in the hopper for the next week's drawing*

NORMALLY, THESE FAMILIAR YELLOW FLYERS WITH THE 2 RAFFLE TICKETS ATTACHED ARE DISTRIBUTED WITH THE APRIL PRIDE.

DUE TO THE COVID 19 VIRUS WE HAVE CHANGED THE STARTING AND ENDING DATES.

SEE THE REVISED FLYER AT THE LEFT).

HOPEFULLY, BY THE TIME YOU READ THIS, WE WILL HAVE BEEN ABLE TO DISTRIBUTE RAFFLE TICKETS TO EACH HOUSEHOLD.

SEE THE ADDITIONAL INFORMATION BELOW WHICH WILL INSURE THAT YOU WILL BE ABLE TO PARTICIPATE IN THIS REWARDING RAFFLE!

TO ENTER, PLACE THE **SMALL** PORTION OF THE RAFFLE TICKET(S) (WITH YOUR NAME ON THEM) IN AN ENVELOPE, ALONG WITH \$20 CASH OR CHECK FOR EACH TICKET, AND PUT THEM THROUGH THE SLOT IN THE DOOR OF THE LHCC CLUBHOUSE; OR GIVE TO THE STARTER, IF PRESENT. CHECKS SHOULD BE MADE OUT TO LHSA. ALSO, TICKET SALES WILL TAKE PLACE AT THE LHCC CLUBHOUSE EVERY MONDAY MORNING FROM 9:30 - 11:30 AM STARTING **JUNE 1st** ONCE THE MAIN LIONS HEAD SOUTH CLUBHOUSE RE-OPENS, TICKET SALES WILL BE CONDUCTED THERE.



TIRED OF THE STAY-AT-HOME SELF QUARANTINE?



CORONAVIRUS

NOW WOULD BE A GREAT TIME TO GET OUT AND PLAY GOLF

In compliance with State of NJ regulations, the Lions Head Country Club is now open for play by LHCC Members and Non-Resident Guests.

Now would be a good time to think about joining.

It's fun, it's exercise and it's out of the house!

Here are some membership options:

FULL MEMBERSHIP (Age 55 and Over)
Unlimited Play 7 Days a Week - \$383.85
\$360.00 + \$23.85 Tax

***NEW* SUPER-SENIOR MEMBERSHIP**
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Unlimited Play - \$200 + \$13.25 Tax

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Carney T. DeSarno, MD

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For nearly two decades patients have entrusted their surgical care to JSASA. Our team of board-certified general surgeons is skilled in the evaluation, diagnosis, and treatment of many surgical conditions. Our surgeons perform open, laparoscopic, and robotic surgery, using clinical judgment to decide which surgical approach is most suitable for each patient. Here are just some of the surgical conditions that our physicians treat:

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Breast surgery • Needle breast biopsy • Lymph node biopsy • Lumpectomy • Mastectomy
• Cyst removal • Breast infection

Skin/Soft Tissue Surgery • Removal of benign tumors • Lipomas • Cysts • Hydradenitis
• Melanoma • Basal cell carcinoma • Squamous cell carcinoma

Weight Loss Surgery • Sleeve gastrectomy • Adjustable gastric banding • Revision surgery

Our reputation for quality outcomes and results is unsurpassed and we strive to remain among the top professionals in our field. Our team will make you feel comfortable and confident with the courtesy, respect and compassion necessary to accomplish your goals.

ad-5882

Crossword Puzzle Answers

	E	E	L		A	B	E	T		A	T	O	M		
M	I	M	E		P	E	A	R		T	H	R	O	B	
I	D	E	S		E	D	G	E		E	R	A	S	E	
T	E	R	S	E		L	E	E	S		E	L	S	E	
T	R	Y		A	J	A	R		H	E	W				
				T	R	A	M		V	I	M		A	D	O
B	O	T	A	N	Y		M	E	N	U		B	I	B	
O	N	Y	X			B	I	T			A	L	S	O	
A	L	P		H	O	A	X		A	P	I	E	C	E	
R	Y	E		O	A	R		D	I	L	L				
			A	P	T		H	E	R	O		S	A	G	
P	I	L	L		S	L	U	R		Y	E	A	R	N	
A	B	O	D	E		A	M	I	D		A	U	R	A	
L	I	B	E	L		N	A	V	Y		S	T	O	W	
	S	E	R	F		K	N	E	E		Y	E	W		

Sudoku Answers

3	1	7	8	9	4	2	5	6
5	4	6	1	3	2	7	9	8
2	8	9	5	7	6	1	3	4
6	5	4	3	1	9	8	2	7
8	3	1	2	6	7	5	4	9
7	9	2	4	5	8	3	6	1
4	7	5	6	2	1	9	8	3
9	6	3	7	8	5	4	1	2
1	2	8	9	4	3	6	7	5

KIRMS PHOTOGRAPHY

Beach Scenes

Its summer time and a great time to get some shots at the beach. On crowded beaches you can shoot the people, activities, and colorful umbrellas. On remote beaches you can look for wildlife, patterns in the sand, or great cloud formations against the water. There's always sunrise images early in the morning. Don't forget sunscreen and a hat!

The challenge with beach shots is getting the proper exposure. Your camera is designed to give you an average exposure of the entire scene. This is why most of your images are properly exposed. A very bright scene tricks your camera into thinking there is too much light, so the camera will cut back on exposure. To compensate you should increase the exposure slightly. If your camera has "scene" modes, use the one for snow or beach.

A great way to enhance your images is using a polarizing filter, which cuts glare the same as polarizing sunglasses. Many photographers use this filter to make the sky in their images darker (and the clouds brighter) but this filter works wonderfully to show the detail in the sand and to remove the reflections in the water.

That's it for this month. As always you can send me an email at bill@kirmsphotography.com with any photographic questions. Visit my web site, www.kirmsphotography.com, if you'd like to see more of my

images. Keep shooting and improving your images, but most importantly, have fun with your camera.



NEUROPATHY

Nerve Disorder Causes Pain for Millions of Americans

GET RID OF IRRITATING NUMBNESS AND PAIN IN YOUR LEGS AND FEET WITH FDA CLEARED TREATMENT

There are over 100 different kinds of peripheral nerve disorders or neuropathies. Some are the results of a disease like diabetes while others can be triggered by a virus infection. Still others are the result of an injury or compression on the nerves. No matter where the problems begin, it is imperative nerve disorders are resolved as soon as possible to prevent permanent damage.



HOW DO YOU KNOW IF YOU HAVE PERIPHERAL NERVE DAMAGE?

The following symptoms may start gradually and then get worse:

- Numbness
- Pain when you walk
- Sharp electrical-like pain
- Burning or tingling
- Difficulty sleeping from leg or foot discomfort
- Muscle weakness
- Sensitivity to touch

If you suffer from any of these symptoms, call us today! We can help.

HEALTHY NERVE CELL

Properly processes sensory information to the brain.



DAMAGED NERVE CELL

Sends incorrect signals to the brain, from phantom pain to tingling and numbness.

- Treatment is Safe, Easy and requires NO surgery
- Call today if you experience any degree of pain or discomfort in your legs and feet
- Start living your life pain free!

WHY SPINEAID DISC CENTER?

SpineAid Disc Center offers some of the most advanced non-surgical, FDA cleared procedures for relieving chronic pain. Our customized approach utilizes the latest medical technology. We offer programs and procedures that will improve your health with the utmost safety and precision. We will provide you with an accurate diagnosis and recommend a program that best fits your needs.

CALL TODAY AND START TO FIND RELIEF FROM PAIN

We are confident that you will find healing and relief at SpineAid Disc Center. You will have a one-on-one consultation with one of our trained staff who will evaluate your condition and determine if you would be a candidate for this treatment. Due to the demand, we have opened an additional 30 appointments this week. Time slots fill quickly so CALL TODAY to secure your appointment.

NEW FDA CLEARED TREATMENTS PROVIDE HOPE

Many people suffer with pain for years, not realizing that their symptoms may be due to Peripheral Neuropathy. Treatment options have been limited to a small assortment of pain medications, which can lead to further issues. Ignoring the problem or masking the symptoms has never been a viable solution.

SpineAid Disc Center is pleased to announce their new program for treating Peripheral Neuropathy, which includes a combination of advanced FDA cleared treatments with breakthrough technology that aids in healing the damaged nerves. The effects of this program can be felt on the first few visits. This treatment restores, stabilizes, and rebuilds the nerves in your extremities. Treatment has also been effective in addressing painful symptoms of arthritis, MS, and other forms of chronic pain. Patients generally feel relief physically throughout the treatment period and even feel better emotionally after experiencing a reduction in pain.

JOIN OTHERS IN RELIEVING THE PAIN



SUSAN M.
AMARILLO, TX

"The pain was so excruciating that I couldn't sit in my chair, ride in a car, swim in my pool or tie my shoes. Since coming to SpineAid Disc Center, I am now relieved of the pain and can resume a more normal life!"

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FIRST 30 CALLERS!



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schedule your
appointment.

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