

LIONS PRIDE

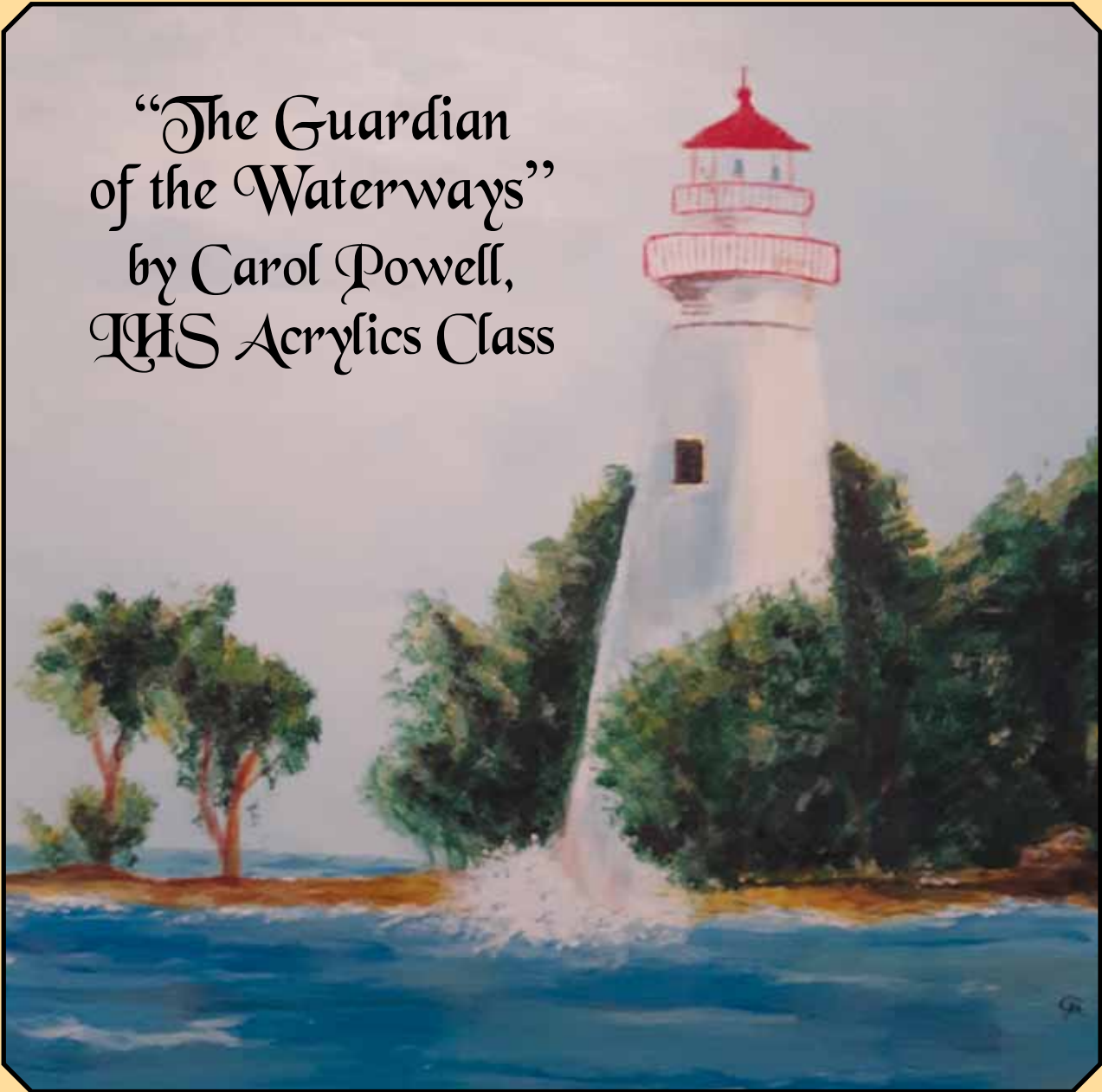
A PUBLICATION OF LIONS HEAD SOUTH ASSOCIATION, BRICK NJ



VOLUME 6 NO. 6

JUNE 2020

*“The Guardian
of the Waterways”
by Carol Powell,
LHS Acrylics Class*



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EDITORIAL

Susan Mills

June is the most popular month for a variety of joyful festivities: graduations, proms, weddings and so much more. Normally, the beautiful, warm days of June are filled with family and friends gathering together to celebrate and enjoy life.

This year is very different. Everyone is sheltering in place, gatherings are prohibited, families and friends are unable to socialize together. Virtual celebrations are the order of the day.

All of us need to be strong, cooperative, and patient. Together we will weather this storm. Together we will tame and control this Coronavirus beast. Together we will, once again, embrace the social closeness we all deserve. Meanwhile stay well, be safe, God bless.

www.LionsheadSo.com
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PRESIDENT'S MESSAGE

Bob Pedersen

As we enter into the third month of the Covid-19 state wide “lockdown”, I need to commend those of you that have exhibited extreme patience during these trying times. Needless to say, I am just as tired of this as you all are and I can't wait for it to end. Turf Masters have started up the season's lawn maintenance and the schedule can be found in the Pride. Remember that this schedule is subject to change as weather permits. If you have any concerns about the job they are doing, call them directly and they, in turn will address your issues. Their number is posted in the Pride every month. Speaking of the Pride, due to the health issues involved, the Pride will be mailed to your house instead of being hand delivered by residents until this pandemic is well behind us.

Please remember that if you plan any outside “renovations”, you still need to fill out an architectural application. Call the office for instructions. Failure to comply will still result in fines. Sprinklers should be operating by the time you receive this issue. There should

be a post outside the backdoor of the clubhouse with the forms to let Federal Irrigation know if you have any sprinkler issues. The forms will be picked up and addressed as in the past without compromising the office personnel.

The Board of Trustees has held two ZOOM meetings so far to address issues that have come up and to pay the bills. Unfortunately, with the current situation, we can't accommodate all of the residents that might want to be included. The minutes of those meetings will be posted on the web site, once they have been approved, for all to read as usual. The minutes are posted every month after they are approved at the **following** board meeting. Once we are back to “normal” they will also be posted outside the office as they have been in the past. Every resident is entitled to read the minutes of any back issue of trustee meetings at the office once we resume normal business. Trustee meetings will be held once a month until this lockdown ends. As always, I wish you all well and stay safe. Please follow the rules and check on your neighbors.



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The demand for our services has been so great, that what began out of two bedrooms in a bed and breakfast now operates out of a ten-bedroom, custom built, retreat center in Ocean Grove. Since its founding in 2009, Mary's Place by the Sea has welcomed nearly 7,000 women as our guests.

If you or a loved one are dealing with cancer, and would like to find out more about Mary's Place, please visit www.marysplacebythesea.org or contact us at 732-455-5344.

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Phone: 732.455.5344 • Fax: 732.361.0135
Email: info@marysplacebythesea.org
Website: www.marysplacebythesea.org

Mary's Place by the Sea is an IRS-recognized, non profit 501 (c) (3) organization

ads-3257

LIONS HEAD SOUTH ASSOCIATION, INC.

**Income & Expense Statement
to Date as of 04/30/20**

Income:

401.0 Maintenance Fees	\$	360,017.09
401.5 Rental Income	\$	-
402.0 Maintenance Late Fees	\$	680.00
403.0 Rental Security Deposits	\$	0.16
406.0 Interest Operations	\$	386.04
408.0 Miscellaneous	\$	460.00
410.0 Participation Fees	\$	17,600.00
450.0 LHCC Revenues	\$	29,047.05
Total Income:	\$	408,190.34

LHCC Sales Tax:

209.0 LHCC Sales Tax	\$	1,671.49
Total Sales Tax:	\$	1,671.49

Expenses:

500.0 Administration	\$	142,981.69
520.0 Residences	\$	51,544.58
540.0 Common Facilities	\$	67,460.47
Total Expenses:	\$	261,986.74

Total Income Over Expenses: \$ 146,203.60

Balance at Month End: \$ 146,203.60

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LIONS HEAD SOUTH

New Residents - 2020

Cipully, Frank & Patricia.....	64 Yorkwood Dr. R/S Luciana
Chin, Maxine.....	22 Abbey Rd. R/S Caputo Estate
January, Richard & Tracy.....	114 Lauren Ln. R/S Copeland
Nish, Thomas & Nancy.....	18 Lauren Ln. R/S Bove
Sternberg, Gregg & Laurie.....	59 Yorkwood Dr. R/S Klokus
Cupo, Vincent & Marie.....	71 Lauren Ln. R/S Berry Estate
Mitchell, Frances D.....	15 Lions Head Blvd. R/S Grote

Deletions - 2020

Luciana, Joseph & Helen.....	64 Yorkwood Dr. R/S Cipully
Caputo, Patsy.....	22 Abbey Rd. R/S Chin
Bove, Annette.....	18 Lauren Ln. R/S Nish
Klokus, Dolores.....	59 Yorkwood Dr. R/S Klokus
Berry Estate.....	71 Lauren Ln. R/S Cupo
Grote (Lease: Roselli).....	15 Lions Head Blvd. R/S Mitchell



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ARCHITECTURAL COMMITTEE

Stephen Scaturro, chairman

As we all face this worldwide pandemic, there are so many things to be grateful for, including this beautiful community we share. However, in order to keep this community well maintained, there are rules and regulations we must abide by to preserve our lovely surroundings.

The Architectural Rules and Regulations outline which projects, outside of your home, require an application to be submitted and approved before the start of work. There are a small number of owners or renters that fail to do this and after completing these projects it is discovered, either by complaint or inspections by the Architectural Committee, they are in violation. This can become very costly to correct or remove the unapproved violation. **Please read the Rules and Regulations before commencing work.**

GARBAGE & RECYCLING CAN COMPLIANCE....

Recently warnings have been issued for non-compliance of our by-laws concerning garbage and recycling can storage. Over the past 2 months, there has been given over 20 warnings for cans left in front of garages, on rear patios and sides of houses hidden behind air conditioning units. This has been an ongoing problem. Violation notices, a \$10 a day fine until corrected, will be issued. Inspections are done at the end of the week to allow time to remove and store the cans in the garage as outlined in the by-laws.

Please read the By-laws Section 10.9 page 26 which states: Residents shall use only the automated garbage containers provided by Brick Township. They shall be placed at the curb no sooner than 4:00 pm on the day prior to collection. Empty containers shall be removed from the curb by 8:00 pm on the day of collection and placed indoors by 8:00 am on the day following collection. The same schedule shall apply to recyclables.

Our community has adopted these by-laws to keep an environment that is aesthetically pleasant for all. **STAY SAFE**



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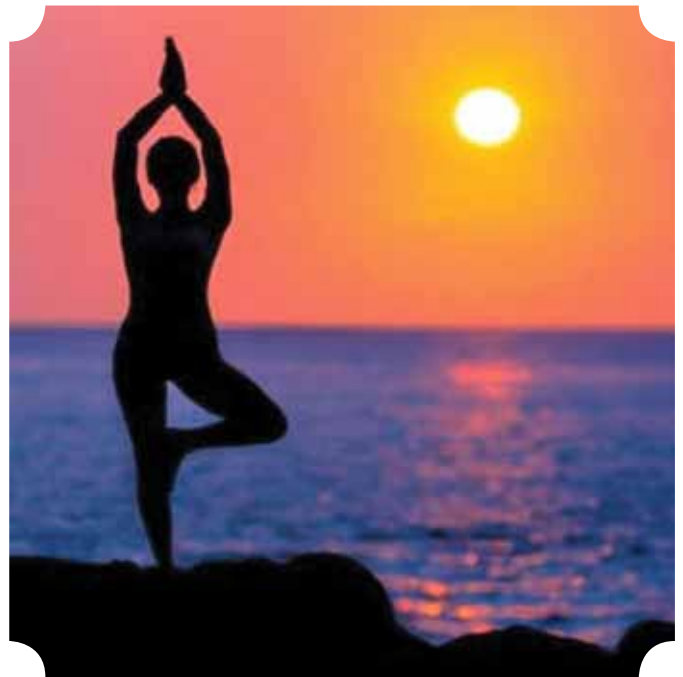
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COMMUNITY AWARENESS

Gail Levenelm

From the Mayor's Community Meeting on May 5th, 2020:

If you haven't already done so, please make sure you complete the census!

Brick Township Committees are still meeting - the public meetings can be joined on zoom. Details can be found on the Brick Township web site: <http://www.bricktownship.net/> Brick Parks and beaches are open (as of May 1) There is no playground equipment or basketball. The Brick Farmer's Market will open on May 16th while observing strict rules for access due to Covid-19.

Food Shopping Services - for anyone who can't shop for food, Brick Senior Services is working with two non-profit volunteer programs, NJ Cares and Catholic Charities. Volunteers will shop for you on Monday or Wednesday and deliver the groceries to you. Call Senior Services (732) 920-8686 for more info or to sign up.

The Go To List: A list of restaurants and other businesses that offer takeout or delivery can be found on this page on the Brick web site: <http://www.bricktownship.net/index.php/the-good-to-go-list/>



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DATE: _____ STREET ADDRESS _____

OWNER'S LAST NAME _____ FIRST NAME _____

OWNER'S LAST NAME _____ FIRST NAME _____

NAMES OF OTHERS LIVING IN THE UNIT:

PERSON'S TO CONTACT IN CASE OF EMERGENCY

FIRST PERSON'S NAME _____

RELATIONSHIP TO RESIDENT _____

HOME PHONE NUMBER (____) _____

CELL PHONE NUMBER (____) _____

SECOND PERSON'S NAME _____

RELATIONSHIP TO RESIDENT _____

HOME PHONE NUMBER (____) _____

CELL PHONE NUMBER (____) _____

NEIGHBOR TO CALL IN CASE OF EMERGENCY

NAME _____

PHONE NUMBER (____) _____

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CLUBHOUSE COMMITTEE

Rose Saputo

I hope all is well with each of you and yours. First and foremost, our committee would like to extend thanks and gratitude to all of the many essential workers who have made it possible for us to “carry-on” as we have been doing and will continue to do so. Their dedication, selflessness, concern and compassion for our society leaves me speechless. I could not imagine what we all would do without having them in our lives.

Some enlightening news - Pharmaceutical companies as well as other institutions and industries have been moving forward at a quickened pace toward developing processes with immediate testing results and more importantly, a solution for a vaccine for COVID-19. Please pray for them. Hopefully, their discoveries will be sooner than later and we will be able to socialize and enjoy our beautiful Clubhouse and our grounds once again. (This is being written in early May; hopefully we will have good news by the time you read this!!).

This epidemic has actually made me more patient and more appreciative of my neighbors and quite happy to greet them while socially-distancing while walking in LHS. I can't wait until I will be able to see in person and hug and kiss my children and grandchildren again! This epidemic has taught me to never take a lot of “simple things” for granted!! Savor the important moments.

HAPPY FATHERS' DAY to our dads, grandpas, nonnos, etc. in LHS.

Patience.....Who knows what the month of June will bring..... May God bless and keep all of you safe.



GARDEN CLUB

Linda Adamo

Not quite sure how to write this article which is being written at the end of April. Obviously, as you have witnessed, we have not been able to keep to any kind of schedule because of the quarantine under which we have had to live. Our spring decorating fell by the wayside and we are hoping to be able to resume our summer work sometime in May. As of this writing we just don't know.

So, just because we have not been out and about this spring, you may have begun your outdoor work. As you know each home must have a tree planted on the street side of their home. Keep in mind that before you plant or replace a tree, you must have approval by the Architectural Committee. Once you have approval for your small deciduous tree (one that loses its leaves in winter before becoming dormant), you may prepare to plant. Dig the hole at least 50% larger than the ball or the pot. Make sure you have a good mix of soil. Don't bury the crown—the place where the stem and the root meet. Once planted, hand water—no sprinkler. Water by hand the first two days, and then 3-4 times a week for the growing season. Then sit back and enjoy your new addition.

We at the Garden Club, hope you have remained safe during this difficult time and once we are able to meet again, we hope you'll consider joining us. We meet the second Wednesday of each month at 10:30 a.m. in the Lions Den.

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ads-5475

WOMEN'S CLUB

Kathleen Wright, Vice Chair

To all the women in our home community—WE MISS YOU! It's wonderful to see friends and neighbors out walking and beginning to spend time outside after weeks of being instructed to stay home. We all continue to social distance while waving and greeting each other, and I, for one, look forward to a time when we can be together and share our 'new normal.'

Clara is happy to be home recuperating and she wants us to know we are in her thoughts and prayers. As soon as we are given the go ahead, your leaders will be meeting to plan future activities for our new club and our first reunion luncheon.

"If you look the right way, you can see that the whole world is a garden." *Frances Hodgson Burrett*

MEN'S CLUB

Brian Halm, Treasurer

Once again, I hope this article finds all our members and residents practicing social distancing and other steps to help defeat the Coronavirus. Obviously, our monthly Men's Club meetings and Executive Board meetings have been postponed until further notice.

The success and contributions to the community by the Men's Club such as Sundae Sunday, Breakfast with Santa and our Annual Christmas Gala (which is free to our members) depends on our fund-raising events throughout the year. Some of these, due to CV19, have already been cancelled and it remains to be seen when we can begin to run events. Although we plan to have events such as Night at the Races, Sundae Sunday, Bingos and the Christmas Gala, a lot depends on guidelines from the State of New Jersey regarding when and how many people can be allowed to gather for social events. Right now, we have a wait-and-see situation.

Our new fund raiser, the Mega 50/50 was originally going to go on sale in April. We still hope to launch it later in the year. Look for updates.

Stay well and reach out to your fellow-members and neighbors.

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RECREATION

Vito LaFerrera

Over the past several years, I have had both the honor and the privilege of serving this community as chairperson of the recreation committee. During my tenure as chair, with the support of my committee members and the Board of Trustees, we have accomplished many improvements with respect to our recreational facilities. Among these are:

- ~ Built a free-standing Fitness Center with modern equipment
- ~ Resurfaced the tennis courts
- ~ Resurfaced the billiard tables and indoor shuffleboard table
- ~ Repaired and maintained our pool and put up a beautiful new pergola and fence around it
- ~ Extended our pool hours for the enjoyment of those residents who work during the day
- ~ Established, in response to overwhelming requests from our residents, Saturday “Family Days” which allow our residents to bring their grandchildren to the pool for a day of uninterrupted family time.

All of these accomplishments have not only improved the quality of life in Lions Head South, but have also added to the value of our homes.

In order for all things to be done well, they must be done selflessly. They must be done with grace, timing and awareness of existing circumstances. It is in consideration of the latter that I have made my decision. Therefore, effective June 1, 2020, I will resign as chairperson of the Recreation Committee.

In closing, I would like to thank my committee for their commitment of time and energy during my tenure as chair. I would also like to thank the members of the Board of Trustees who did support me during these past several years.

REMINDER:

**ALL DOGS
MUST BE
ON A LEASH**



SOCIAL

Debbie Holzherrl

Our next planned event is on Saturday, July 17. Of course, this is tentative predicated on the reopening of the clubhouse and activities resuming. We will keep you updated via robocall and the website.

The planned event is called "Sixties Sensations" and is a themed dance featuring Frank, Glen and Bobby. All are original members of The 1910 Fruitgum Company who had five top ten hits in that decade. Tickets would go on sale in June. We will provide more details if and when this is a go.

We are certainly looking forward to returning to some sense of normalcy. Hope to see you all soon. Please stay well.



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*Direct cremation (without ceremony) includes basic services of the Funeral Director and staff, transfer of the remains to the funeral establishment, refrigeration and service vehicle. The crematory fee is included.

**Immediate burial (without any rites or ceremonies at the funeral home, graveside or elsewhere) includes basic services of the Funeral Director and staff, registration, transfer of the remains to the funeral establishment, transportation of remains to the cemetery and service vehicle.

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ads-6523

LHCC

Jim Mort

As the Virus shut down continues in NJ, we at least received a little relief with the opening of Parks and Golf courses. The members of LHCC were elated to get back out and hit some golf balls. The Governor did emphasize that all golfers had to follow the Virus rules and precautions as outlined in the opening instructions or courses would be shut down, again. Briefly, the directive requires: * Players limited to two per Group, unless they are family. * Each Group to be separated by 16 minutes at tee off. * Maintain physical distance of 6 - 10 feet. * Face mask recommended. * No handshakes or fist bumps. * Clubhouse and restrooms to be closed. * No group activities, scrambles or shootouts. * Rakes and Flag staffs to be removed. * Do not use ball washers or benches. * No sign-in. * Do not congregate at clubhouse prior to and after playing. We expect all of our golfers to comply with these rules to ensure the safety of everyone during these trying times.

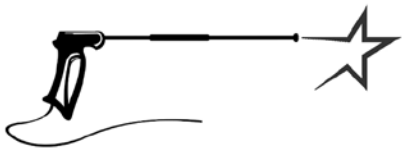
During the month we have been sidelined from golf, Andy Turelli put all of his efforts into refurbishing our

Driving Net which had been rolled into a ball during a wind storm. Great job Andy and your efforts are appreciated by everyone. During this period, we also had a team of builders repairing and replacing the bridges on the golf course. Jay Wiss headed up our carpenters and the program to complete this much needed repair. Jay was assisted by Vic Carlson and Paul Varga and myself. Bridges on the 5th, 7th and 9th were repaired and/or replanked and a new bridge was added to the ninth hole. A great deal of money was saved by the volunteer efforts of everyone involved and we now have solid bridges throughout the course. Appreciate the time and, effort of all of our volunteers; it really makes for a better community when we all work together. To resolve a continuous flooding problem, the creek on the 9th hole was cleaned out and after much effort we hope and believe we have resolved this problem. We will do what we have to do to maintain the normal flow of this stream.

LHCC schedules are tied to the Virus and a return to some semblance of "normal." The next General Membership meeting is scheduled for Monday, June 15th at 7:00PM and will be held only if LHSA is finally open for business.

During these stressful times our village has lost several of our residents and we send our heartfelt thoughts and prayers to all of their family and friends. LHCC lost one of our own, Susan DeSimone. Sue fought a valiant, long and hard fight against cancer. She will be greatly missed by all of her family and friends.

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ads-4297



JUNE 2020 CALENDAR EACH WEEK DAY OF THE MONTH AS LISTED

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
9:30-11:00 TRAVEL SIGNUPS	9:30-11:30 Watercolor class	9:30-11:30 Acrylic Paint Class 1 & 7 cards/mah jongg	10:00 ZUMBA for Seniors	10:00 Ceramics
11:00 Chair/Mat Yoga	1:00 Crochet,Knit- ting & Needlework		1 & 7 cards/mah jongg	1:00 Crochet, Knitting & Needlework
1:00 mah jongg	1:00 cards/mah jongg		4:30 Free Yoga	
		7:00 Rummy Cube		
	GARBAGE	RECYCLE 6/10 & 24		

<p>LAWN COMPLAINTS: Call TURFMASTERS AT: 732-349-0444 Leave a MSG on the machine.</p> <p>SPRINKLER COMPLAINTS: Fill form out located in C/H and place in complaint box. Problems will be investigated within 24-48 hours. Federal Irrigation: 732-349-9905. After hour emergencies ONLY: Tom Behrens: 609-276-4666</p> <p>PHOTOCOPIER: FOR RESIDENT USE IN THE BILLIARD ROOM. The machine is available</p>	<p>RESIDENT'S ASSOCIATION MEETING- June 8th at 7 PM. Refreshments provided.</p> <p>ADMINISTRATION ACTIVITY OFFICE: Hours: 8:00 – 1:30 p.m. Activities Phone: 732-920-6955 Administration Office Phone: 732-920-9099</p> <p>VAN SCHEDULE: The van will transport residents to and from their homes throughout</p>
---	--

		7:00 PM LHCC Mtg 7:00 PM Evening Book Discussion 11:00 AM Welcoming 11:00 AM Emergency Mgmt	9:30 AM Clubhouse 9:00 AM Merit's Club Exec Bd 2:00 PM Merit's Club Book Discussion	12:00 PM LHS Woman's Club 10:00 AM Lions Pride Review			
21	22		Father's Day 9:00 AM Bd of Trustees-Std Comm	24	25	26	27
28	29	30		RECYCLE			
		GARBAGE	GARBAGE	RECYCLE			
		GARBAGE					

May 2020

S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

Jul 2020

S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

June 2020

Monthly Planner



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5	6
	9:00 AM Bd of Trustees 7:00 PM Residents Association Mtg	9:00 AM Architectural 10:00 AM Bids & Grnds	11:00 AM WGA Mtg 11:30 AM Men's Club 1:00 PM Community Awareness	11:00 AM Website		
		GARBAGE	6:00 PM Social			
7	8	9	10	11	12	13
		7:00 PM Recreation	10:00 AM Security 10:30 AM Garden Club	9:30 AM Regular Travel 10:15 AM Combined Activities		
		GARBAGE	RECYCLE			
14	15	16	17	18	19	20

anytime to use. Copies are five cents each. Please be sure to have EXACT change.

The office maintains a list of contractors that have been recommended by residents for various types of work. Your comments and recommendations are helpful for future use by other residents. The Association accepts no responsibility for contractors hired.

SUNSHINE COMMITTEE: To report a **DEATH** call Joyce Speziale-732-701-3260 or to report an **ILLNESS/HOSPITALIZATION** call: Rose Szpara - 732-920-7898. Please do not call the office.

TRAVEL COMMITTEE: Hours: Monday 9:30 - 11:00 a.m. Travel phone: 732-920-6455 Monday only.

BRICK SENIOR SHUTTLE: Provides no cost transportation Mon-Fri, 8 am-3 pm. Rides are first come, first served basis. Advance 2 week reservation required. A brief registration is required prior to using service. To schedule transportation call: 732-920-8686

the year. You may come to the clubhouse for pickup if you wish. Call 732-920-6955 by 12 NOON on the day BEFORE the scheduled van to reserve a seat on the van. Reservations will not be accepted after that time as outlined in the current Van Policy. At least three riders are necessary for the van to travel. The van schedule for June is as follows: Ocean Mall- Tues. the 2nd, 16th, & 30th, – Freehold-Thurs. the 4th - Brick Plaza – Thurs. the 11th & 25th, Friday the van will go to Shop-Rite Plaza. The Friday van service is a first come, first serve basis with a limit of 10 passengers being accommodated. Ridership in the additional vehicle is at the discretion of the van company.

The van leaves the clubhouse as follows:
(Pickups begin prior to this time)
Tues. 9:45 Ocean County Mall
Thurs. 9:05 Monmouth & Freehold Malls
Thurs. 9:30 Brick Plaza
Friday 9:05 Brick Plaza & Shop-Rite Plaza
Tues. 9:15 Jersey Shore Outlets



LAWN MAINTENANCE SCHEDULE ~ 2020

LION'S HEAD SOUTH ASSOCIATION

MARCH

Fertilize w/ crabgrass pre-emergent
Dimension 18-0-10 w/ 1.5%
Will not be responsible for stress lawns

APRIL

April 13 Lawn Cutting, Edging
April 16 SPRING CLEAN UP

MAY

May 4 Lawn Cutting, Edging
May 14 Lawn Cutting
May 25 Lawn Cutting
May ~ Fertilize w/ dimension 1.5%
18-0-10 Will not be responsible for
for stress lawns
Broad leaf weed control (Speedzone)
Do Not Water. Wait 1 day after application

JUNE

June 4 Lawn Cutting, Edging
June 15 Lawn Cutting
June 25 Lawn Cutting
June ~ Post emergent app. Of Dimension
herbicide for crabgrass control.
Will not be responsible for stress lawns.

JULY

July 6 Lawn Cutting, Edging
July 16 Lawn Cutting
July 27 Lawn Cutting
July ~ Spot Spray Nutsedge
Do Not Water.
Wait 1 Day after Application

AUGUST

August 6 Lawn Cutting, Edging
August 17 Lawn Cutting
August 27 Lawn Cutting
August ~ Fertilize with Talstar
insecticide & grub control 24-0-5
Water After Application

SEPTEMBER

September 7 Lawn Cutting
September 24 Lawn Cutting
September ~ Broad leaf weed
control(Speedzone) **Do Not Water.**
Wait 1 Day after Application

OCTOBER

October 15 Lawn Cutting
Fertilize 30-0-10 50%
Water after Application

NOVEMBER

November 23 Lawn Cutting
November ~ Fall Cleanup & Lime Application

ALL DATES ARE TENTATIVE SUBJECT TO CHANGE-CURBLINE WEED SPRAYING WILL BE ONCE A MONTH AS NEEDED

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WEBSITE COMMITTEE

Peter Brennan

The Lions Head South website still continues to be the primary source of activity happenings at LHS. We strive to stay on top of changes, but can only do so much. When chairpersons alert the website with new events, we will post that information as soon as possible. Keep the website active with current info for our LHS residents' benefit.

NOMINATING COMMITTEE

Carol Contini

We are going through extremely difficult times now but hope when you read this we will be getting back to normal. That means the nominating committee will be looking for people interested in running for our Board of Trustees. This is the time to think about what an interesting experience that could be.

YOU could be a participant in keeping our community as great as it is.

SECURITY COMMITTEE

Bill Powell

Like all of our Lions Head South Committees, the Security Committee has not been able to meet in person since March. We keep in touch by phone as applicable. Like everyone else, we are battling with the Covid 19 losses and restrictions.

The past two months, three by the time you read this, have been a test of our fortitude and self-preservation. It has been hell for all of us to watch the struggles, uncertainty, fear and unfortunately, death. This type of situation, until now, has been unknown to our generation. We each hope and pray that it will pass quickly and return our country and the world back to some form of what we have always known, maybe a little smarter than before. It's tough to fight a ghost, or a killer that we cannot see. We have all lost neighbors and friends and some of us have lost family to this vile enemy.

As a community, one of the best, we will welcome a return to the activities and interactions with friends and neighbors. We can and must do this safely, as a "family" working together, everything is possible. Remember there "is no I in team" and it will take a team to successfully do this.

In closing, please allow me to remind everyone that we are all partners in this crisis. Stay well, stay safe, and keep washing your hands. We can do this!

THE RECIPE BOX

Sue Auer

IT'S 5 O'CLOCK SOMEWHERE:

Best APERITIF (before dinner cocktail) ever!

PEAR COBBLER....

1 1/2 oz. of fine Sherry

1 1/2 oz. pear Brandy

1/2 oz. cinnamon syrup

Rinse & dice 2 pears & soak in jar Brandy

6 - red or green grapes

Combine all ingredients except the pears with in a shaker (shake).

Fill a large cocktail glass with ice, diced pears & grapes...

Strain the ingredients of the shaker over the prepared glass...

Top with more pears & grapes

Best DIGESTIF (after dinner cocktail) ever!

BANANA CREAM PIE MARTINI....

#1. Wet the rim of a Martini glass & dip the glass in cinnamon to coat the rim.

#2. Fill a cocktail shaker with ice, vodka, Bailey's & Banana Liqueur. approx... equal parts.

#3. Shake well & strain into coated Martini glass.

TOP WITH WHIPPED CREAM, SPRINKLE w/ CRUMBLED NILLA WAFERS & GARNISH w/ SLICED BANANA & CINNAMON SUGAR.

From the recipes of the LATE JULIA CHILD.

AMAZING VIRTUAL FIELD TRIPS

Are you looking for fun and interesting ways to enjoy being cooped up at home? Then type the address you'll find below into your favorite browser and get ready to experience some amazing virtual field trips!

Here are just some of the places you can visit:

- ~A zoo
- ~An aquarium
- ~A farm
- ~A museum
- ~A planetarium
- ~A national park

Your road to fun and interesting places begins by typing the address <https://www.weareteachers.com/best-virtual-field-trips/> into your computer's search engine. Have fun!

FUNNY TYPOS AND QUIPS FROM A CHURCH BULLETIN

There will be a potluck supper on Sunday at 5PM. Prayer and medication to follow.

The pastor would appreciate it if the ladies of the congregation would lend him their electric girdles for the pancake breakfast next Sunday.

Low Self-Esteem Support Group will meet Thursday at 7PM. Please use the back door.

The eighth graders will be presenting Shakespeare's Hamlet in the Church basement on Friday at 7PM. The congregation is invited to attend this tragedy.

Weight Watchers will meet at 7PM at the First Presbyterian Church. Please use the large double door at the side entrance.

The Associate Minister unveiled the church's new tithing campaign slogan last Sunday: "I Upped My Pledge! Up Yours!"

Ladies Bible Study will be held Thursday morning at 10AM. All ladies are invited to lunch in the Fellowship Hall after the B.S. is done.

Bertha Belch, a missionary from Africa, will be speaking tonight at Calvary Methodist. Come hear Bertha Belch all the way from Africa.

The sermon this morning will be "Jesus Walks on the Water". Tonight's sermon will be "Searching for Jesus".

Ladies, don't forget the rummage sale this weekend. It's a chance to get rid of those things not worth keeping around the house. Don't forget your husbands.

The peacemaking meeting scheduled for today has been cancelled due to a conflict.

Don't let worry stress you out. Let the Church help.

Next week there will be tryouts for the choir. They need all the help they can get.

Irving Benson and Jessie Carter were married on October 24th in the church. So ends a friendship that began in their school days.



Sudoku

8		9			4		3	5
1		7	9	2		4	6	
				6		9	7	
7								3
	2		8					
5		6	1	3			9	
6	3	4		5				
				9		3		
					1			

Answers on page 24

J.I.L.

WINDOW WASHING

(includes cleaning the windows and sills as well as dusting the screens)

LET THE SUN SHINE IN!!

Jill Carpenter

NO JOB TOO LARGE OR SMALL

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Sudoku Answers

8	6	9	7	1	4	2	3	5
1	5	7	9	2	3	4	6	8
3	4	2	5	6	8	9	7	1
7	9	1	6	4	5	8	2	3
4	2	3	8	7	9	5	1	6
5	8	6	1	3	2	7	9	4
6	3	4	2	5	7	1	8	9
2	1	8	4	9	6	3	5	7
9	7	5	3	8	1	6	4	2



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• Melanoma • Basal cell carcinoma • Squamous cell carcinoma

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ad-5882



5 QUICK TIPS SUMMER GARDENING PREP

ZONE9GARDEN.COM



Select Heat Tolerant Vegetables

There are many vegetables that will do well in summer heat. Selecting the right crop will help ensure success. Try Okra, Black Eyed Peas, and Swiss Chard.

Add Shade to Keep Temps Down

Plants like Tomatoes, peppers and eggplant can thrive in the hottest parts of summer if provided shade. Use a shade cloth to help keep the summer heat in check.



A Vegetable Garden Blog

Water More Frequently

Keeping the soil moist throughout summer will help keep the ambient temperatures around the roots lower. The water will constantly be evaporating, causing a cooling effect.



Remove and Compost Dying Crops

As the heat of the summer starts to kill off non-heat tolerant crops it is a good time to add those plants to the compost pile. Use that compost next season for a great fertilizer.



Harvest Often

When approaching the summer months it is important to harvest all edible crops as often as possible. This will encourage the plant to produce more.



The LHS Men's Club Announces a Community-Wide

MEGA



Potential 1st Prize



Potential 2nd Prize

50/50

\$5.00 per Raffle Ticket

1st Prize 80% of Pot* - 2nd Prize 20% of Pot*

Possible \$2,000.00 Jackpot[†]

**DRAWING TO BE HELD ON DECEMBER 8, 2020
AT THE MEN'S CLUB ANNUAL HOLIDAY GALA**

*Pot is 50% of Total Sales

†Prize amounts will vary based on sales.

Lions Head Country Club

**\$2,950 in
CASH PRIZES!**



Lions Head
Country Club

**\$2,950 in
CASH PRIZES!**

20-20 DRAWING

More Than 1 Chance To Win*!!!

**DRAWINGS START THURSDAY, JULY 30, 2020
and EACH THURSDAY THEREAFTER
THREE (3) DRAWINGS EACH WEEK
FOR 19 WEEKS**

Weeks 1 thru 19	{	1st Drawing = \$50.00
		2nd Drawing = \$25.00
		3rd Drawing = \$25.00

MONDAY, DECEMBER 7, 2020

Week 20	{	1st Drawing = \$400.00
		2nd Drawing = \$300.00
		3rd Drawing = \$200.00
		4th Drawing = \$100.00
		5th Drawing = \$ 50.00

Make checks payable to Lions Head South Association (LHSA)
Please return unused tickets to the LHCC Pro Shop

PLEASE SUPPORT THE 20-20

Your presence is not required to win a prize.

*Should you win a drawing, your name goes back in the hopper for the next week's drawing

NORMALLY, THESE FAMILIAR YELLOW FLYERS WITH THE 2 RAFFLE TICKETS ATTACHED ARE DISTRIBUTED WITH THE APRIL PRIDE.

**DUE TO THE
COVID 19 VIRUS
WE HAVE CHANGED
THE STARTING AND
ENDING DATES.**

SEE THE REVISED FLYER AT THE LEFT).

HOPEFULLY, BY THE TIME YOU READ THIS, WE WILL HAVE BEEN ABLE TO DISTRIBUTE RAFFLE TICKETS TO EACH HOUSEHOLD.

SEE THE ADDITIONAL INFORMATION BELOW WHICH WILL INSURE THAT YOU WILL BE ABLE TO PARTICIPATE IN THIS REWARDING RAFFLE!

TO ENTER, PLACE THE **SMALL** PORTION OF THE RAFFLE TICKET(S) (WITH YOUR NAME ON THEM) IN AN ENVELOPE, ALONG WITH \$20 CASH OR CHECK FOR EACH TICKET, AND PUT THEM THROUGH THE SLOT IN THE DOOR OF THE LHCC CLUBHOUSE; OR GIVE TO THE STARTER, IF PRESENT. CHECKS SHOULD BE MADE OUT TO LHSA.

Father's Day Word Search

Father's Day is Sunday, June 19.

Can you find these words that have to do with dad?

ATHLETIC	ESPN	FUNNY	
BRAVE	FATHER	GOLF	TENNIS
DAD	FISHING	KIND	TIE
DADDY	FOOTBALL	SPORTS	TOOLS

X	R	D	F	U	I	E	L	C	F	C	R	E
W	B	L	A	S	T	R	O	P	S	N	D	K
E	O	D	S	A	Z	F	X	C	E	B	A	M
G	N	M	P	O	I	U	T	C	R	E	D	T
R	B	R	A	V	E	H	I	O	O	M	D	E
S	I	D	K	Y	J	T	B	S	S	H	Y	L
H	T	I	Q	N	E	F	A	P	L	L	Y	L
S	A	R	S	L	G	R	E	R	O	O	G	A
G	V	S	H	C	K	E	L	S	N	P	O	B
F	R	T	S	F	I	S	H	I	N	G	W	T
U	A	C	O	S	N	S	T	E	D	E	O	O
N	S	T	K	O	D	A	L	A	D	U	R	O
N	N	R	H	W	B	E	D	U	I	M	G	F
Y	O	T	I	E	T	I	N	C	T	W	N	U
A	F	U	S	R	R	H	W	E	S	P	N	W
O	T	E	N	N	I	S	T	I	U	S	E	R

KIRMS PHOTOGRAPHY

Reflections

Adding reflections to your images will give them more depth and make them more dynamic. they can also add a calmness to your photos. If the reflection is going to be your subject it should take up a large portion of the image.

the wind is generally calmer at dawn and dusk, so these are good times to look for reflections. Night lights reflected on the water or on a shiny surface are also good subjects.

As always you can email to bill@kirmsphotography.com with any photographic questions. Visit www.kirmsphotography.com if you'd like to see more of my images.

Keep shooting and improving your images, but most importantly, have fun with your camera.

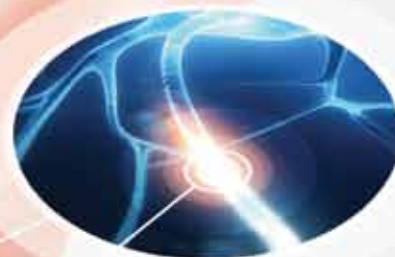


NEUROPATHY

Nerve Disorder Causes Pain for Millions of Americans

GET RID OF IRRITATING NUMBNESS AND PAIN IN YOUR LEGS AND FEET WITH FDA CLEARED TREATMENT

There are over 100 different kinds of peripheral nerve disorders or neuropathies. Some are the results of a disease like diabetes while others can be triggered by a virus infection. Still others are the result of an injury or compression on the nerves. No matter where the problems begin, it is imperative nerve disorders are resolved as soon as possible to prevent permanent damage.



HOW DO YOU KNOW IF YOU HAVE PERIPHERAL NERVE DAMAGE?

The following symptoms may start gradually and then get worse:

- Numbness
- Pain when you walk
- Sharp electrical-like pain
- Burning or tingling
- Difficulty sleeping from leg or foot discomfort
- Muscle weakness
- Sensitivity to touch

If you suffer from any of these symptoms, call us today! We can help.

HEALTHY NERVE CELL

Properly processes sensory information to the brain.

DAMAGED NERVE CELL

Sends incorrect signals to the brain, from phantom pain to tingling and numbness.

- Treatment is Safe, Easy and requires NO surgery
- Call today if you experience any degree of pain or discomfort in your legs and feet
- Start living your life pain free!

WHY SPINEAID DISC CENTER?

SpineAid Disc Center offers some of the most advanced non-surgical, FDA cleared procedures for relieving chronic pain. Our customized approach utilizes the latest medical technology. We offer programs and procedures that will improve your health with the utmost safety and precision. We will provide you with an accurate diagnosis and recommend a program that best fits your needs.

CALL TODAY AND START TO FIND RELIEF FROM PAIN

We are confident that you will find healing and relief at SpineAid Disc Center. You will have a one-on-one consultation with one of our trained staff who will evaluate your condition and determine if you would be a candidate for this treatment. Due to the demand, we have opened an additional 30 appointments this week. Time slots fill quickly so CALL TODAY to secure your appointment.

NEW FDA CLEARED TREATMENTS PROVIDE HOPE

Many people suffer with pain for years, not realizing that their symptoms may be due to Peripheral Neuropathy. Treatment options have been limited to a small assortment of pain medications, which can lead to further issues. Ignoring the problem or masking the symptoms has never been a viable solution.

SpineAid Disc Center is pleased to announce their new program for treating Peripheral Neuropathy, which includes a combination of advanced FDA cleared treatments with breakthrough technology that aids in healing the damaged nerves. The effects of this program can be felt on the first few visits. This treatment restores, stabilizes, and rebuilds the nerves in your extremities. Treatment has also been effective in addressing painful symptoms of arthritis, MS, and other forms of chronic pain. Patients generally feel relief physically throughout the treatment period and even feel better emotionally after experiencing a reduction in pain.

JOIN OTHERS IN RELIEVING THE PAIN



"The pain was so excruciating that I couldn't sit in my chair, ride in a car, swim in my pool or tie my shoes. Since coming to SpineAid Disc Center, I am now relieved of the pain and can resume a more normal life!"

LIMITED TO THE
FIRST 30 CALLERS!



Call today to
schedule your
appointment.

CALL TODAY!
732-384-1198

www.northeastspineandsports.com

NorthEast
SPINE and SPORTS MEDICINE

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