<u>Mayor's Senior Advisory Committee</u> <u>May 7, 2024 Minutes</u>

Attendance:

Representatives – Helen Grant, Bob O'Brien, Jr., Debra Rodgers, Barbara Gilsenan, Annalyne Burke, Judy Minetree, Larry Clifton, Aubrey Cohn, Cynthia Puluse

Alternates – Barbara Kochie, Barbara Mortensen, Angelo Saverino,

Brick Township – Mayor Lisa Crate Councilwoman Heather deJong Zulma Soto, Senior Services

Zulma Soto:

May is 'Older Americans' month. The theme this year is 'Powered by Connection', which is the essence of the importance of connecting with others. Our center has a lot of different activities and opportunities. I've spoken with a few of our participants who shared different scenarios on how they have connected with others at the center and they developed friendships and interest and had an opportunity to express themselves, whether it be creatively or physically through dancing or art.

Wednesday, May 29th at 10am a film documentary and lunch. 'Oh, Johnny', the story of John Santillo a Brick WWII D-Day survivor. Presented by filmmaker & educator Lawrence Schwarts. Must register.

Our dancing group has started again. We are calling it Dancing Feet held on Friday afternoons at 1:30pm. We have a dancing couple who will be sharing their talent and teaching Tango Samba, etc. We already have 35-40 people signed up. You do not need a partner to attend.

PNC Arts Center Bus Trip, tickets are available must register. Stop by the senior center to pick up your "free' ticket.

Rug Safety Presentation provided by Care Street Home Care, Friday May 10th at 12pm. Must register.

Medication drop-off box will be available on May 17th and May 31st.

Senior Citizen Web Seminar – Wednesday May 22nd at 2:30pm until 4:00pm, location is Brick Township High School Library. Call Carolyn Segreto at 732-785-3000, extension 6857 to reserve your spot.

Yoga Classes Floor & Chair – Due to the excessive amount of people attending, you can only attend either Tuesday's class or Thursday's class, not both. We have 60 people registered for Tuesday's class and 60 people registered for Thursday's class. We have 4 Yoga classes 2 chair classes and 2 floor classes. Our floor Yoga is at 9am and our chair Yoga is at 10am. Now that construction is almost complete, there is no longer a problem with parking. The parking lot will be paved spring/summer, and we will be adding ADA compliant sliding doors.

Farmer's Market – We are providing transportation on the 2nd and 4th Saturday's of every month. We will begin to pick up at 8am, the bus will stay about an hour, then you will be driven home. Call the office if you need transportation to and from the Farmer's Market.

Mayor Crate:

Our guest speaker for June's meeting will be Phillip Zimmerman, Director of Ocean County Veterans Services Bureau. He will share a lot of good information and he is available to go to your clubhouse to speak.

Winding River Village – We do not have enough money in our budget for 3 more dumpsters with sliding doors. Now that DPW is aware of it, they will add this to our next Capital budget.

Green Fair – Saturday, May 18th 10am-2pm, 515 Herbertsville Road, Havens Farm/Bob Anstett Cultural Arts Center. There will be vendors, exhibits, refreshments, door prizes and giveaways. Admission is free. For more information call 732.262.1325, or email vpalmieri@bricktownship.net.

Community Garden – There are garden beds available. Each bed is approximately 4'x8' and 1' high. The fee for a season is \$20.00 per bed. For further information please contact Cheryce Moore, 732-262-1041, X5302 or cmoore@twp.brick.nj.us. Behind our community garden is our bee-pollinator garden.

Kids to Park Day – May 18th, 9am-3pm. A bus tour of our parks throughout our township.

Farmer's Market – Every Saturday from May 4th through September 28th at Windward Beach Park, 8:30am-1:30pm

Memorial Day Parade – Monday May 27th starting at 10am, marching down Chambers Bridge Road.

Judy Minetree – Seaview Village Health Fair will be held in the clubhouse on May 16th from 10am-1pm. A yard sale will be held throughout Seaview Village on June 7th, 8th, and 9th from 8am to 3pm.

Respectfully Submitted,

Marilyn Kaczka, Secretary

Next Meeting:

Tuesday, June 4, 2024 at 11am
Scheduled guest speaker:
Representative of Ocean County Veterans
Services Bureau

(Meeting will be held in the A/B Room)